

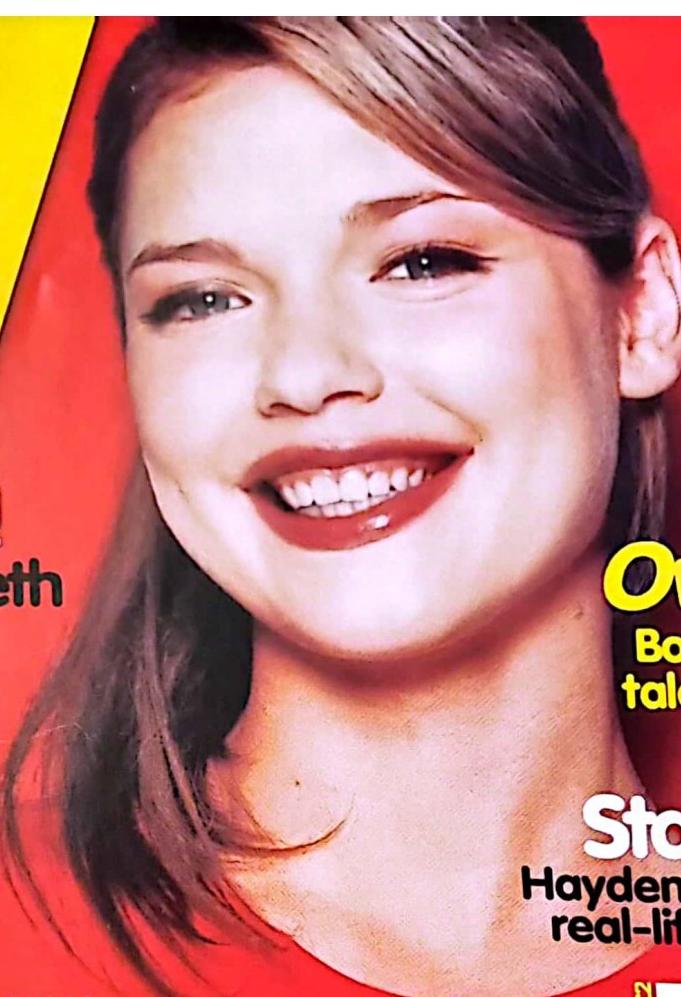
T17

THE WORLD'S COOLEST MAG... DEFINITELY

21 Beautiful Boys!
Eminem ♥ Josh ♥ Gareth
♥ Tobey plus loads more

EXCLUSIVE! 9 Scary Boys!
Slipknot unmasked!
(ahh, we get to see Corey's teddy!)

1 Sexy Boy!
Make your crush crazy for you
(Free instructions inside)



Owww!

Body piercing
tales to make
you squirm

Star Wars

Hayden & Natalie's
real-life love story



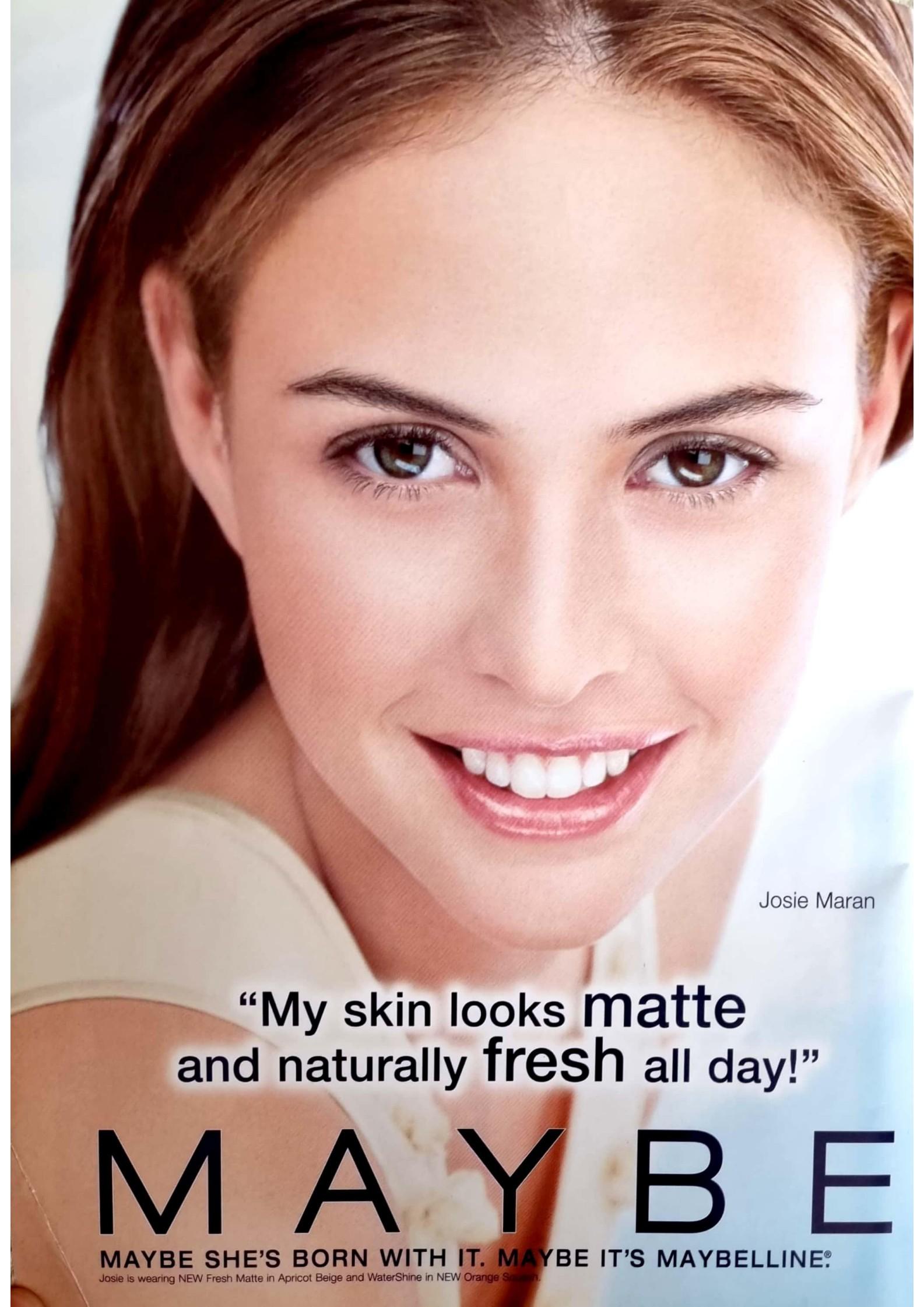
Customising spesh!

get it on!

★ All the clothes ★ All the kit
★ All the looks to customise your life

Pass your
exams!

Free revision guide
for every reader

A close-up, slightly angled portrait of actress Josie Maran's face. She has light brown hair pulled back, dark brown eyes, and a warm, friendly smile showing her white teeth. Her skin appears smooth and matte.

Josie Maran

**“My skin looks matte
and naturally fresh all day!”**

M A Y B E

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®

Josie is wearing NEW Fresh Matte in Apricot Beige and WaterShine in NEW Orange Squeeze.

NEW



Our **1st** **mattifying** foundation
that leaves skin
looking fresh all day

Zero Shine
100% Naturally Fresh Look

What's new? Micro-absorbers combined with
"fresh look" pigments for a fresh, natural finish.

Ultra-light formula for a perfectly even result.

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p8

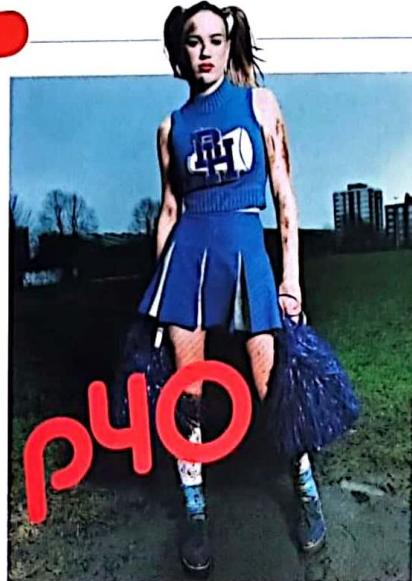
content



Made with by The J17 team x

ed's letter
Hey you! Call us shallow, but we're all about the boys. Fr'instance there's six pages of gorgeous film boys (p8) featuring the finely honed likes of Josh, Tobey and Eminem. Then there's the nine-headed Slipknot beast (p102) who took Nich on tour and have left her with cold sweats and a mutilated prom queen mask that she refuses to take off. We'd rather look at the poster of Dawson's Creek's Charlie (p50), our new celebrity crush du jour, quite frankly.

But though boys may make our hearts flutter or turn our stomachs, we can't help wishing they came with instructions. Thank the sweet Lord then for 'Boys: A User's Guide' (p54). Art boy Stu reckons that we're being boyist but let us know what you think by e-mailing Sarah at sarah.williams@emap.com.



★ On the cover...

juice

Fresh!

Wakey wakey! What'll be making you rise and shine this month...

★ Here's one we made earlier 18

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Meet the footie-skilled film star

Gossip

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How J17 makes you famous – a little self-congratulatory but hell, we deserve it!

My so cool life: skate girl

Champ ramp rider...

Dollyoaks/Lyrical gangsta

Cut 'n' paste your way to No1

style central

Fashion and beauty trends

These things will make your life better, we promise

★ Believe the hype

Non-hurty body customising for wusses

Beauty spot

Bubble gum-flavoured beauty goodies.

Rockin' rucksacks

It's good to be back

Le chic antique

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The so stylish crew

Breaking all the fashion rules

Cover photo Karinn Model Irene



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Sorry, all work experience placements are filled until October 2002

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(and the one thing that would improve the quality of our life)

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Member of the Audit Bureau of Circulation

Welcome to the customising issue - get it on girl!

HOW TO APPLY YOUR FREE TATTOOS

Before applying the tattoos, perform a patch test on a very small area of skin. If you feel any discomfort or irritation, do not apply. Do not apply tattoos to sensitive or broken skin, your face or other sensitive areas.

1. Cut round the tattoo you wish to apply.
2. Remove the backing sheet.
3. Place the tattoo sticky side down on your skin.
4. Add water and rub gently.
5. Gradually peel back the sheet.

To remove tattoos, wipe gently with moisturiser. Do not pick or rub them off. Sharp or abrasive instruments should not be used to remove the tattoo as this could irritate the skin. Do not use alcohol-based solvents.

ABC

ABC

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network



It's true. There
are some people
not grown up
enough to handle
tampons.

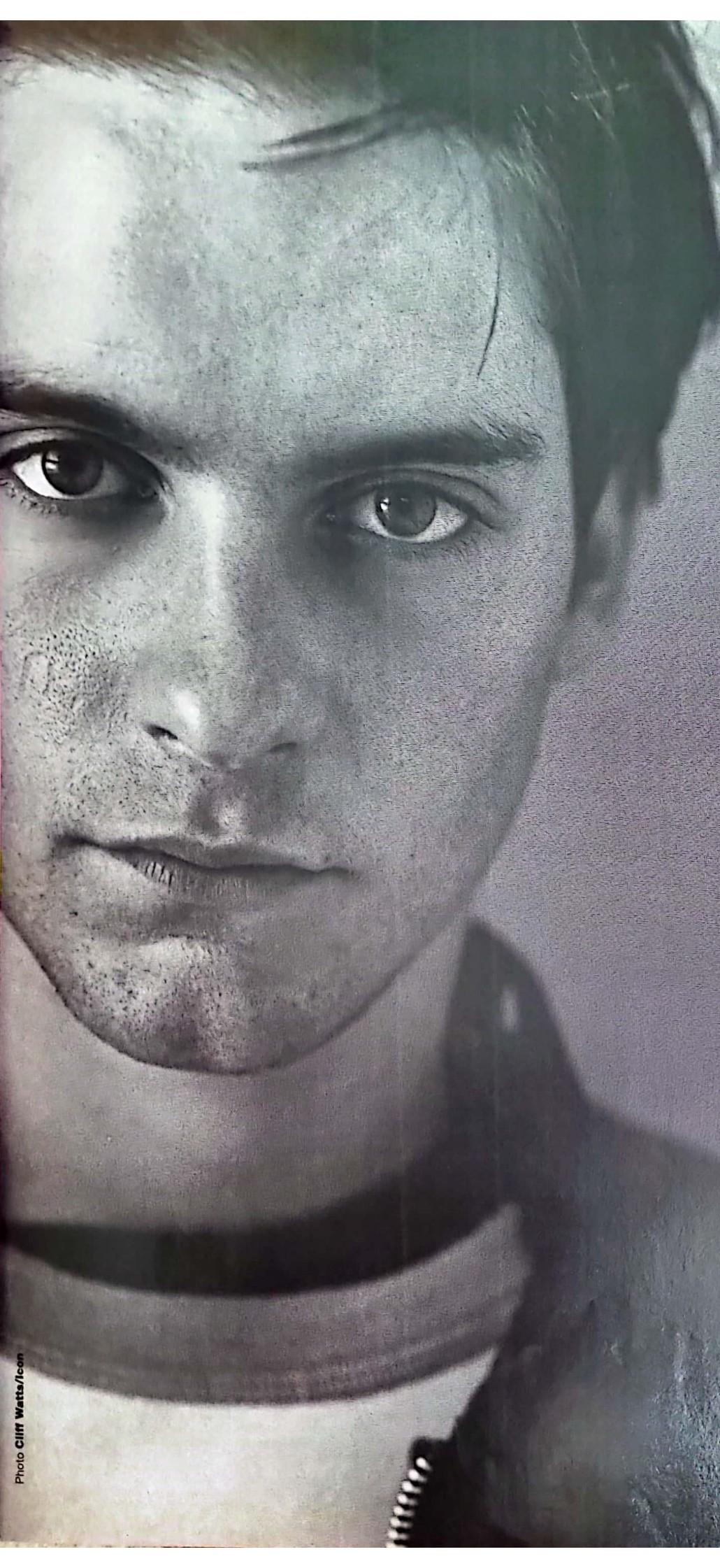
Boys can be so juvenile. Especially on the subject of female anatomy. Girls seem to mature much faster. In fact, a girl's body is developed enough to wear a tampon from the very first day of her period. No matter how you may look on the outside, we're all pretty much the same on the inside. But if you still have any questions about using tampons, just visit our website at www.tampax.com. Or call 0870 900 8684 (0124 20759 for ROI) for some free samples.

TAMPAX®

screen sizzlers

This summer is going to be the hottest ever
—at least on the big screen. Meet the forthcoming
attractions about to melt your multiplex

(better make that extra ice in our coke!)

**Tobey Maguire**

Who? Despite being no household name, solid performances in *The Cider House Rules* and *The Ice Storm* meant he pocketed \$4 million for the role of the spandex-suited superhero for the forthcoming *Spider-Man* flick. Oh, and he's best mates with a certain Mr DiCaprio!

Why he pops our corn Intelligent with a charming insecurity you can relate to; what's not to like about this geek turned god?

New buffed bod, we see... He worked out twice a day, six days a week for five months and put a yoga instructor, weight trainer, martial-arts instructor and a gymnastics trainer on his payroll to become a beefy Spider super-hero. **Most likely to Prove his critics wrong.** Some said our Tobe, 26, wasn't exciting or tough enough for the action-packed role. "I have to admit that I'm not a wild, in-your-face actor. That's why I see it as a great challenge... to be able to play against type and shake up people's perceptions of me."

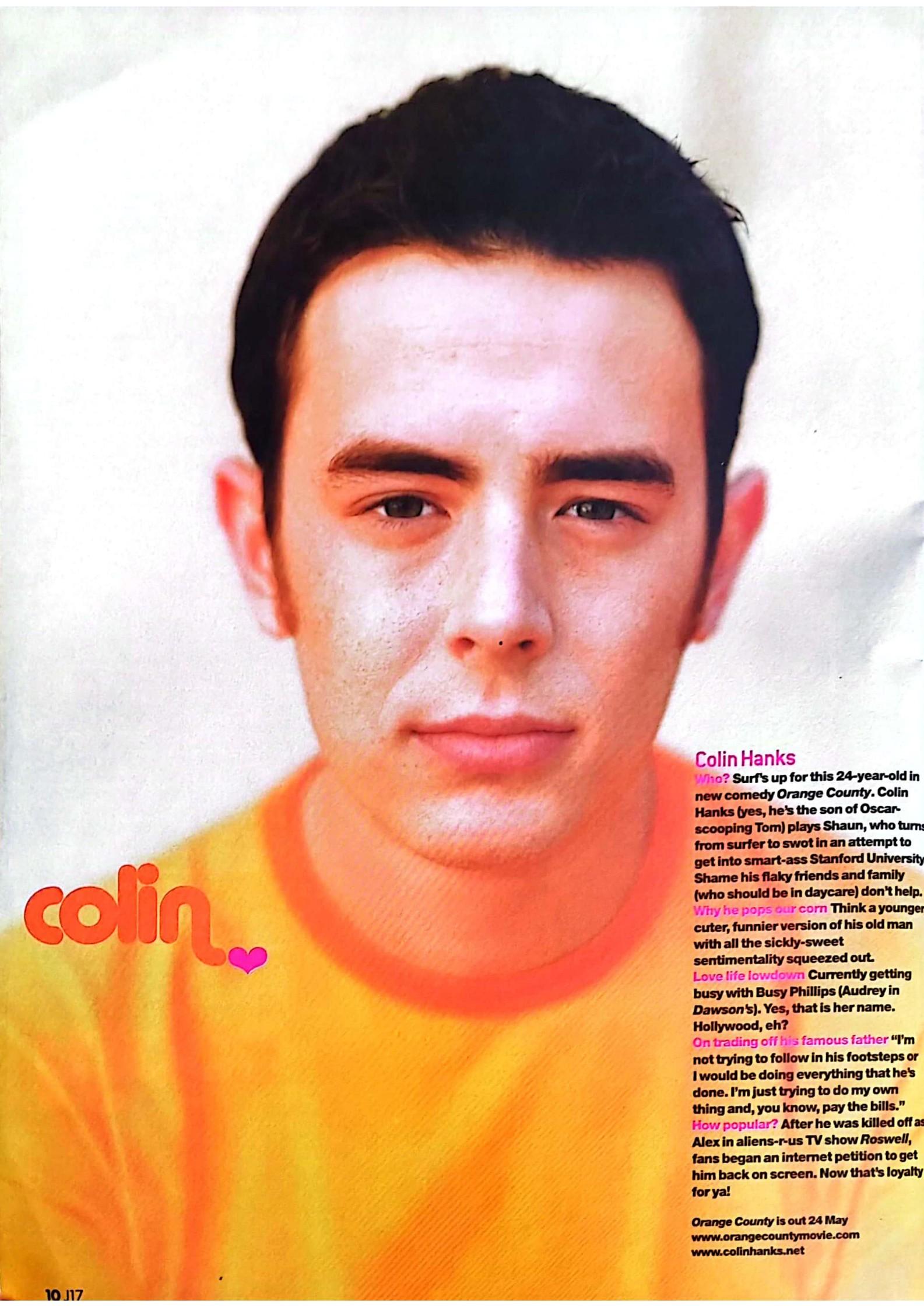
Career turning point Age 19, when he quit drinking. "I had to make a decision: I could be a teenager and do all the stupid things that go along with that or focus on acting. Instead of going out and getting drunk, I stayed home and read scripts."

Won't discuss His girlfriend. But we all know it's Tobey's screen love in *Spider-Man* – Kirsten Dunst.

Spider-Man is out 14 June
www.spiderman.sonypictures.com
www.tobeyonline.com

tobey





colin.

Colin Hanks

Who? Surf's up for this 24-year-old in new comedy *Orange County*. Colin Hanks (yes, he's the son of Oscar-scooping Tom) plays Shaun, who turns from surfer to swot in an attempt to get into smart-ass Stanford University.

Shame his flaky friends and family (who should be in daycare) don't help. Why he pops our corn Think a younger, cuter, funnier version of his old man with all the sickly-sweet sentimentality squeezed out.

Love life lowdown Currently getting busy with Busy Phillips (Audrey in *Dawson's*). Yes, that is her name. Hollywood, eh?

On trading off his famous father "I'm not trying to follow in his footsteps or I would be doing everything that he's done. I'm just trying to do my own thing and, you know, pay the bills."

How popular? After he was killed off as Alex in aliens-r-us TV show *Roswell*, fans began an internet petition to get him back on screen. Now that's loyalty for ya!

Orange County is out 24 May
www.orangecountymovie.com
www.colinhanks.net

**Josh Hartnett**

Who? If you haven't drooled over 22-year-old Josh in *The Virgin Suicides*, *The Faculty* and *Pearl Harbor*, where have you been? Now, in new film *40 Days And 40 Nights* he stars in the most unlikely script ever as Matt Sullivan, the randy jock who makes a promise not to have sex for, you guessed it, 40 days and 40 nights. Then, wouldn't you know it, along comes the girl he'd roll over and die for.

Why he pops our corn Do we need to draw attention to Mr Easy-On-The-Eyes? Deep enough to step back from fame, smart enough to enjoy it and he still worries about what ma and pa think of him.

A co-star puts it better "He's earth-shatteringly handsome in a slightly surprised way – he can't believe everyone is falling all over him," reveals *Pearl Harbor*'s leading lady Kate Beckinsale.

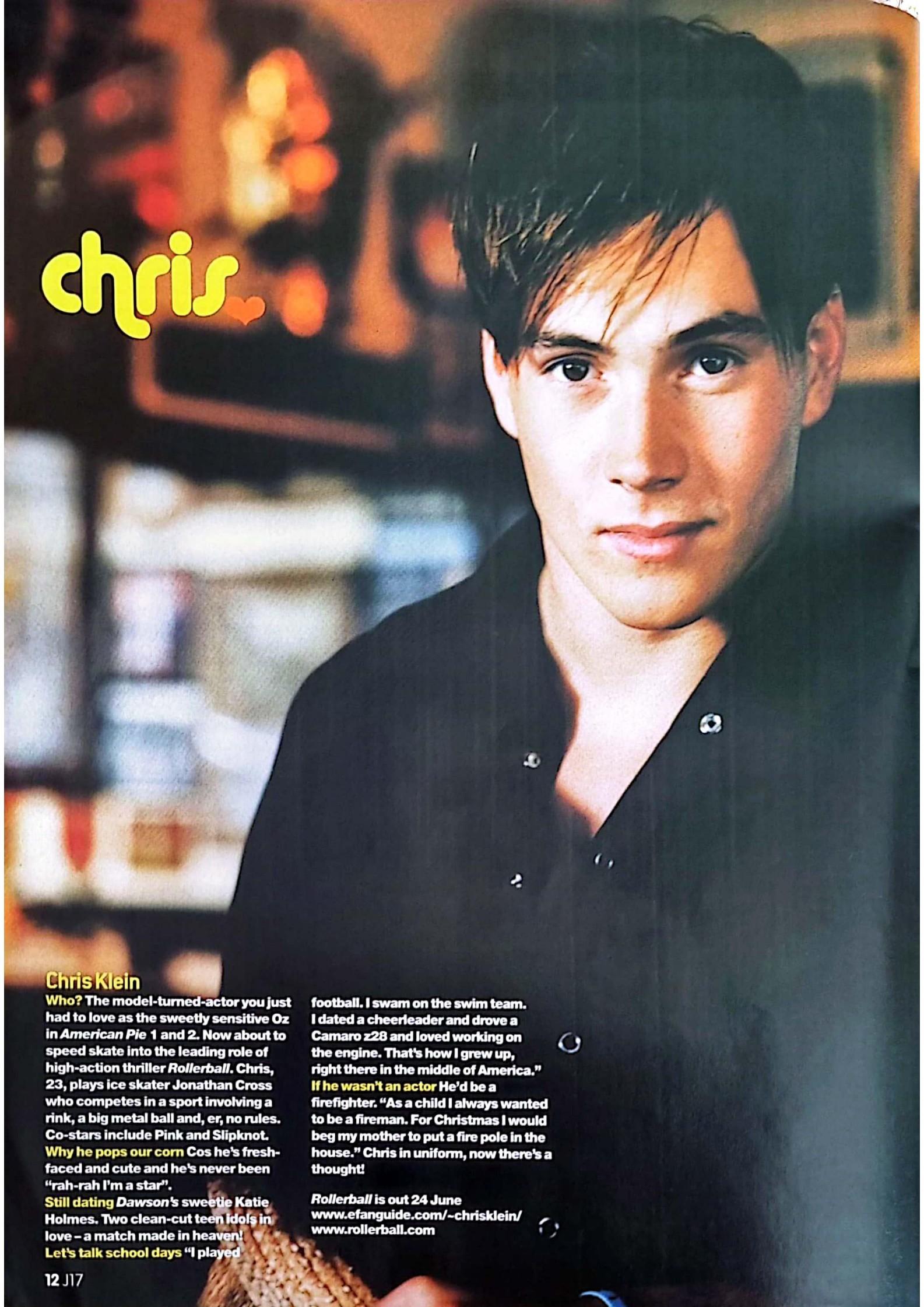
When he wasn't in demand Josh had six auditions for *Dawson's Creek*, but didn't get the job.

Best advice "Don't listen to it. Nobody's making the rules, and they're always changing."

Say it ain't so Home-loving Josh is rumoured to be planning some downtime away from Hollywood cos he wants to spend it with his buddies and hometown girlfriend. Lucky them!

40 Days And 40 Nights is out 31 May
www.miramax.com/40daysand40nights
www.joshhartnett.com

© 2003 Greg German/Corbis Outline
josh

A close-up portrait of Chris Klein, looking directly at the camera with a slight smile. He has dark hair and is wearing a black button-down shirt. The background is blurred, showing what appears to be a city street at night with traffic lights.

chris.

Chris Klein

Who? The model-turned-actor you just had to love as the sweetly sensitive Oz in *American Pie 1* and *2*. Now about to speed skate into the leading role of high-action thriller *Rollerball*. Chris, 23, plays ice skater Jonathan Cross who competes in a sport involving a rink, a big metal ball and, er, no rules. Co-stars include Pink and Slipknot. Why he pops our corn Cos he's fresh-faced and cute and he's never been "rah-rah I'm a star".

Still dating Dawson's sweetie Katie Holmes. Two clean-cut teen idols in love - a match made in heaven! Let's talk school days "I played

football. I swam on the swim team. I dated a cheerleader and drove a Camaro z28 and loved working on the engine. That's how I grew up, right there in the middle of America." If he wasn't an actor He'd be a firefighter. "As a child I always wanted to be a fireman. For Christmas I would beg my mother to put a fire pole in the house." Chris in uniform, now there's a thought!

Rollerball is out 24 June
www.efanguide.com/~chrisklein/
www.rollerball.com



Eminem

Who? The 29-year-old Libran who proved white guys can rap is now all out to prove rappers can act in his up-and-coming film *8 Mile*. It doesn't call for much stretching (as they say in the luvvie world) cos Mr Mathers plays Jimmy, an Eminesque misunderstood musician. Handy, huh?

Why he pops our corn Explodes it more like! The cartoonishly angry kid might be hard on the outside but we reckon he's soft as putty on the inside. We dare you to give him a cuddle!

As for his hottie homies... After on/off split with ex-wife Kim, Em reportedly got hot with Mariah Carey and Kim Basinger (who plays his mum in the film). But now gossip mongers reckon the booze-guzzling rapper is dating yoga and diet-obsessed popper Geri Halliwell (WAY!) and their first date was at a bowling alley. Two freaks of nature become one?

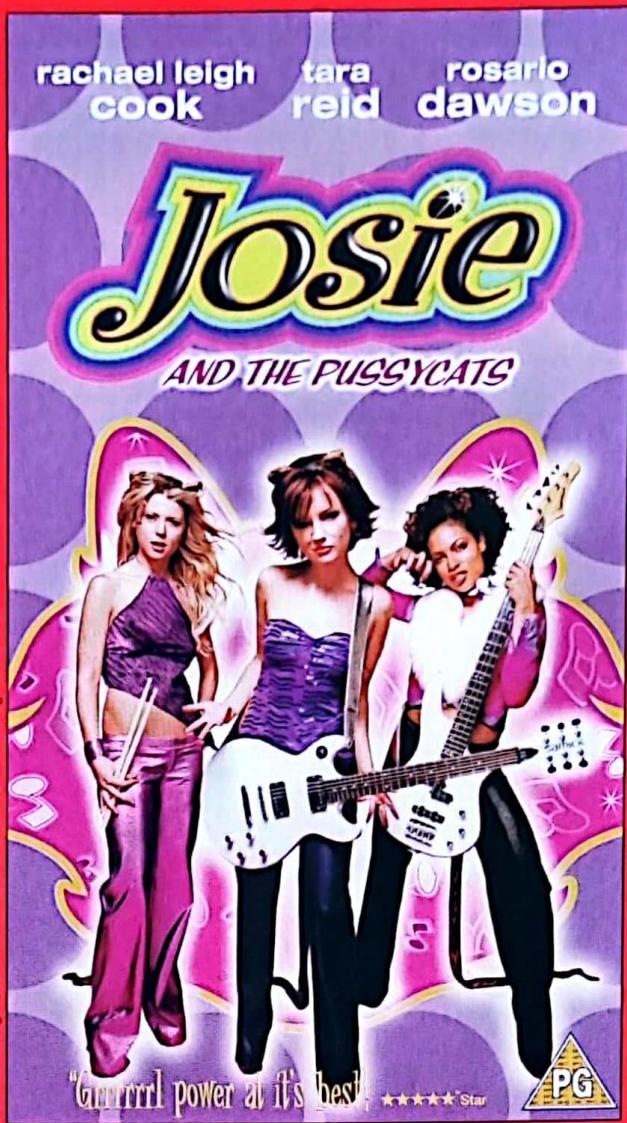
On seeing the light Word is Em is trading in his hardcore hip-hop and going the gospel rap route in new album out this year, *The Eminem Show*. "Em is going to open a church and we're gonna be his deacons," says D12 crew member Proof, while keeping a straight face.

Having the last word "I was poor white trash, no glitter, no glamour, but I'm not ashamed of anything." He's baaaaack!

8 Mile is out in the autumn
www.eminem.com

eminem

£9.99 on video



Next Big Thing at Woolies.

WOOLWORTHS

WELL WORTH IT

Subject to availability.

juice

100% gossip, news, entertainment & trends
- freshly squeezed for maximum flavour

tangy!



the BIG story

Are Brian 'n' Will the new Posh 'n' Becks?

Ever since Will had the courage to come out and tell the world he's gay, the support he's received has been amazing. And there's one person who's been showing him a lot of support. Brian Dowling blurted out on *Liquid News* that he thought Will was cute, which got us to thinking... wouldn't Will and Brian make a killer couple? So move over Posh 'n' Becks, there could be a new dapper duo on the fashion fabulous block. They love shopping just as much as you and one of them is a multi-million selling recording artist. Imagine that Victoria! Will's a genuine toff too, and Bri looks pretty cute in his footie strip on SM:tv's *Eat My Shorts*.



fitlad

bonzer!

You can't keep a good *Big Brother* contestant down, even in Oz.

Australia's equivalent of *SM:tv*'s Brian Dowling is 21-year-old babe Blair

McDonough. One of the runners-up in last year's *Big Bro*, he made a brief appearance in *Neighbours* this year, playing the part of Stuart 'Chooka' Parker. And the good news? He's set to become a full-time cast member later this month. Blair is a self-confessed "early bloomer" who enjoyed his first kiss aged 11, and reckons he's been allowed to date "since he was born". We certainly wouldn't mind being locked in a house with him. For more info, check out www.neighbours.com.

posh polish

Hands up whose nails could benefit from a quick slick of glitzy glitter and posh pink polish? We know ours could and that's why we've bagged FC:Nails in no14 and no17, both £6 from French Connection. We like wearing 'em together but they look just as cool on their own. Go buy now!

FruityFace

For pre-snog hopeful lips or post-snog smackers, we recommend Sleek fruity gloss. Whether you're a peachy queen or sour as grapes, at £1.49 each from Asda, you can afford to collect a whole fruit salad. Yum!



Fresh!

What's squeezing our oranges this month.
No additives. No pulpy bits



we are so happy that
we found "txtm8s"



Mmm... crunchy

Forget lithe women in red dresses advertising Special K. We dig Homer and the rest of the funniest family on TV bringing us No ProblemOs, their very own cereal. Dohlicious! Available from all good Kwik-E-Marts.

blinginringin!

The website for mobile lovers is www.23rdfloor.com. It's not just a list of ring tones, it's a whole community – and a twisted one at that! Play Muffy The Vampire Slayer, a daily text story where you have to take on the blood suckers, or get 'food' for your moby from the vending machine – only the tastiest icons and ring tones available. It's text, chat, music and shopping all on one cool-looking site. Go there now.



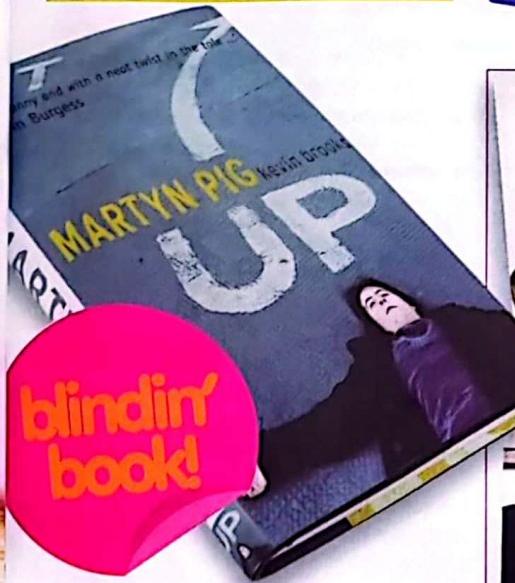


gobit!

g17 rewrites the dictionary

2-2-1

Hair gel 'n' twist procedure made famous by Gareth Gates and sweeping the barnets of boys across the nation.



blindin' book!

Martyn Pig

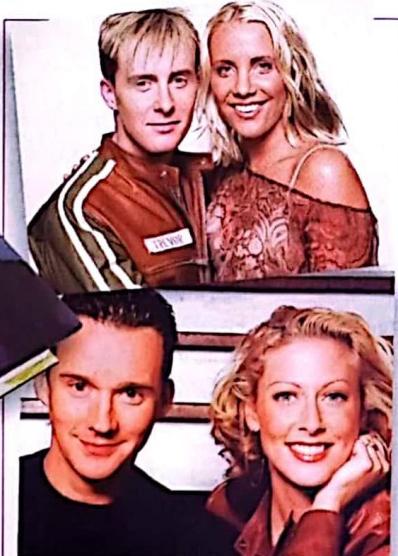
by Kevin Brooks (£11.99, Chicken House)

We've said it before and we'll say it again: go out and buy this book!

Sample quote: "They say that sticks and stones may break your bones but words will never hurt you. Oh yeah? Well, whoever thought that one up was an idiot. An idiot with an ordinary name." Martyn Pig is a boy with a very unfortunate name, which means he's deliciously bitter and twisted, and makes this story of love, murder and money totally addictive. Revision can wait till you've reached the last page.

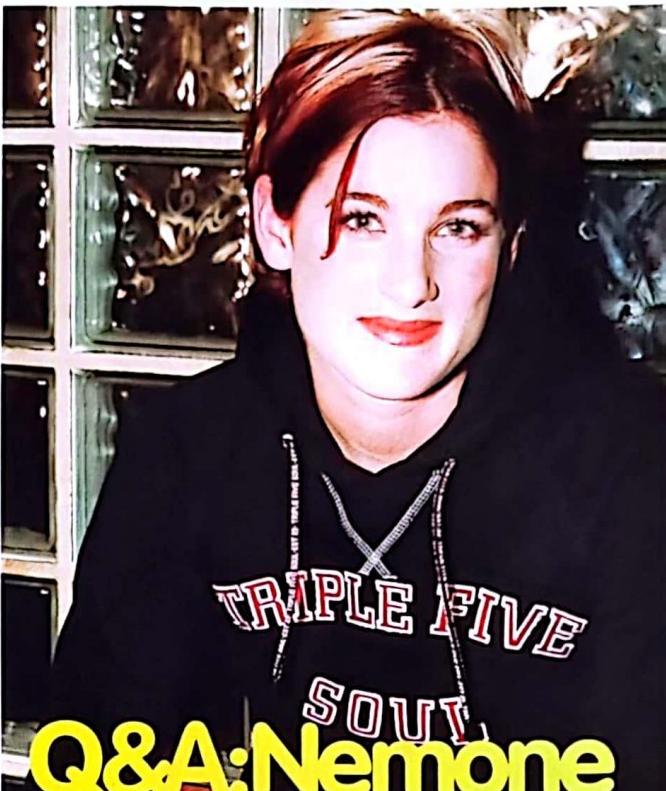
cubescouts

Just when you thought games console hype was over (yeah, right), Nintendo's GameCube lands in shops on 3 May. Available in purple or black, this cute cube will set you back around £150-£160. And before your bro can get his *FIFA 2002* game anywhere near it, stick on Mario - starring Luigi's Mansion instead. If you're a fan of platform games you'll love it. If you don't even know what a platform game is, then it really is time to stop hatin' and start playin'. Reserve yours now.



step outside

Get ready for the long-awaited battle when ex-Steps stars Claire and H's debut single, *DJ*, goes head to head with Faye Tozer's offering *Someone Like You* on 6 May. Our sources say that the Fay tune (a duet with opera crooner Russell Watson, above) sounds like, "Summer Loving gone wrong", whereas the Claire and H offering simply "sounds like Steps". Worth the wait then.



If you're locked onto Radio 1 this summer, this laydee's definitely gonna be hogging your airwaves. Nemone is the star of Radio 1's weekend schedule, presenter of this year's *One Big Sunday* gigs (which kicks off in June) and Greater Manchester's 400m champion.

How did you land such a great job?

I worked at Kiss FM in the sales department and just tried my hand at everything. One day I asked this bloke if I could borrow some Tippex, he liked the sound of my voice and got me doing adverts. It progressed from there.

Was it weird meeting Radio 1 DJs?

The first time I met the whole lot of them was for the yearly team photo. I stood between Jo Whiley and Pete Tong, two people that I've always loved listening to, and I really had to pinch myself.

Who's the best celeb you've met?

I once got to interview Josh Jackson and I was sooo pleased. I love the cast of *Dawson's Creek*, especially

him. My cousin rang me afterwards and was like, 'You totally flirted with Pacey!'

So you're a sporty chick too?

Yes, I joined the Sale Harriers (Manchester athletics team) while I was at uni and trained all the time. I don't feel like I missed out on anything because I went out partying loads too. I still run now when I can, it chills me out.

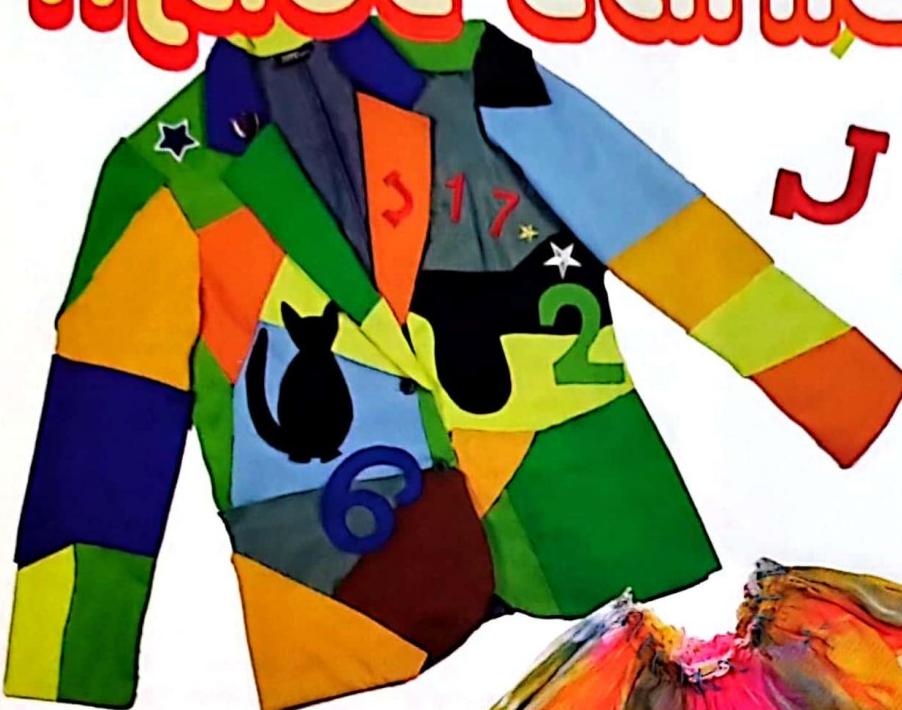
Tell us about One Big Sunday.

I can't wait. It's a chance to see such a variety of bands. Last year Ash, So Solid and Five were all on the same bill. The bands love it too. Last year backstage Sisqo was performing and the Manic Street Preachers were like, noone's gonna want to hear us, but the crowd went mental. This year's gonna be bigger and better too, so I can't wait.

Catch Nemone on Radio 1 Saturdays and Sundays, 1-3pm. For more details on One Big Sunday, check out Radio 1's new site www.bbc.co.uk/radio1 launching on 6 May.

Here's one we made earlier

Go customising crazy and makeover your dullest duds



Customise your denim jacket

Cutesy animal cut-outs are big news fash-wise this spring.



You'll need:

- ♥ Tailored denim jacket (Pilot, £25)
- ♥ Multicoloured square felt pieces
- ♥ Plain paper
- ♥ Iron-on badges
- ♥ Pins
- ♥ Double-sided sticky tape
- ♥ Scissors

How to:

- 1 Place the felt pieces on the jacket and work out a random jigsaw pattern.
- 2 Use the paper to cut out stencils. Trace animal shapes from kids' books, or draw big letters and numbers.
- 3 Stick the shapes onto the felt pieces with glue or double-sided sellotape and cut them out.
- 4 Now pin the shapes/lettering onto the jacket with glue or double-sided sticky tape, or sew them if you want a more permanent design.
- 5 Work out where you'd like the badges to go and iron them on. Simple!



Customise your belt

Make a straight-from-the-hip statement with this technicolour buckle-up.



You'll need:

- ♥ Belt with a big buckle (this one was from a second-hand shop)
- ♥ 3m of coloured ribbon
- ♥ A can of spray mount or glue

How to:

- 1 Spray or glue each ribbon and stick it down onto the belt in horizontal stripes. Leave about 30cm to hang from the end.
- 2 Twist the ribbon around the buckle and glue it down at the back to hold in place.



Customise your peasant top

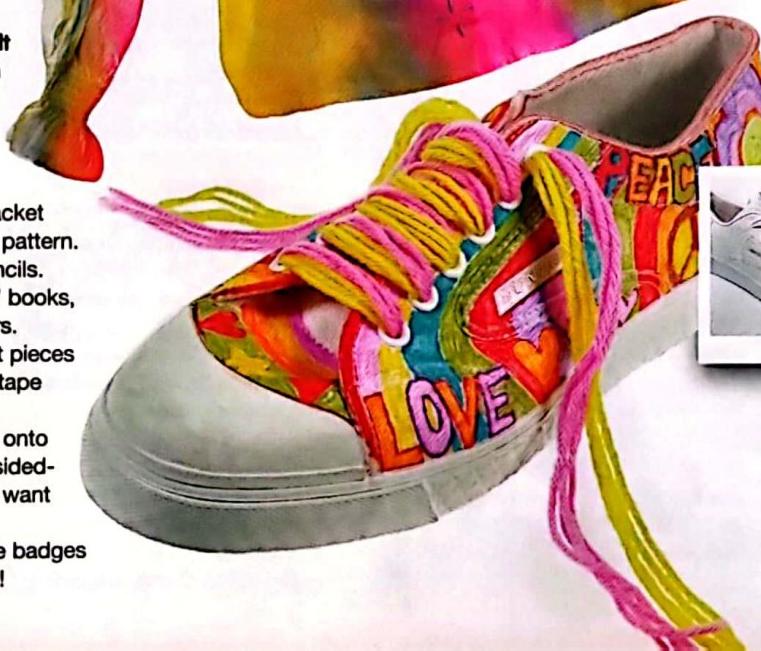
Break out from the smock-wearing masses with this psychedelic little number.

You'll need:

- ♥ Plain white smocked top (£9.99 from H&M)
- ♥ Spray fabric paints (from department stores)
- ♥ Multicoloured thick wool (nicked from your gran, or from department stores)
- ♥ 1 big needle

How to:

- 1 Start spraying paint from the top and work down the shirt in stripes. If the colours need thickening you can reapply the paint once all the colours are in place.
- 2 For a spot effect, press the can's nozzle more gently to get a thicker stream or spray the paint in concentrated bursts.
- 3 Sew on big chunky stitches. Go for a random pattern, or bold flowers. Don't worry if your work's a bit wonky.



Customise your trainers

Stand out from the crowd in these peace 'n' love trainers



You'll need:

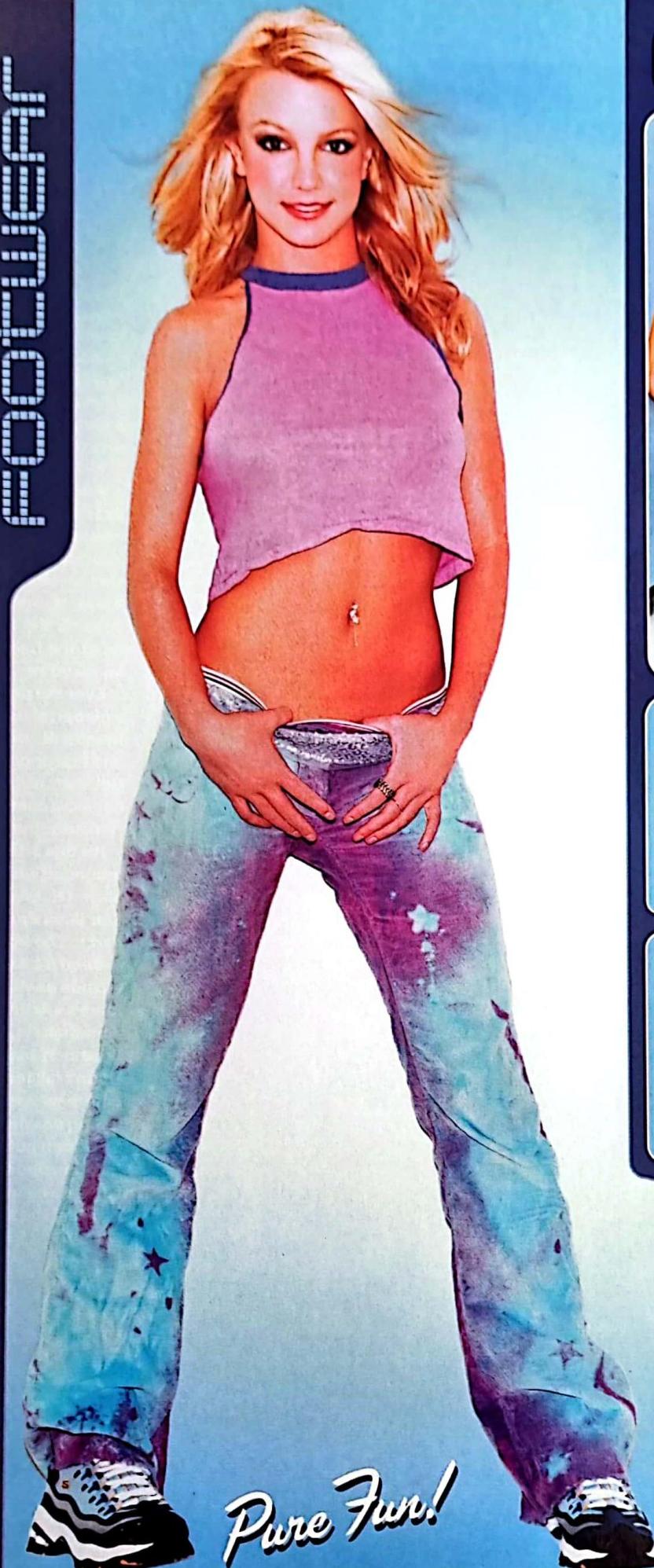
- ♥ Pair of white canvas trainers (we used Dunlop Green Flash, £25)
- ♥ Packet of felt tip pens
- ♥ Pencil

How to:

- 1 Using the pencil, lightly sketch your design onto the canvas.
- 2 Colour in your outlines with felt pens.
- 3 Use different coloured wool for the laces.

SKECHERS

FOOTWEAR

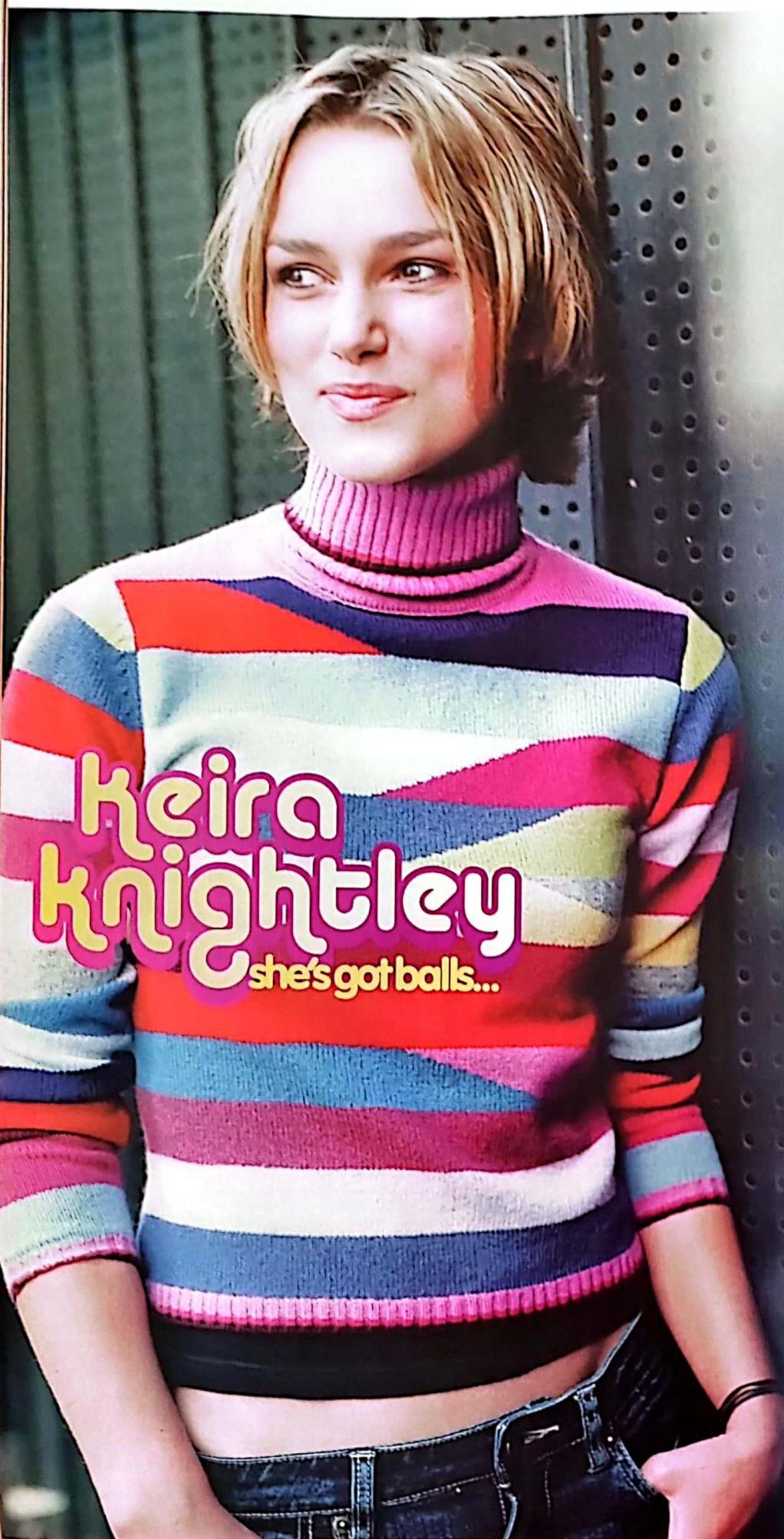


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SI 02





Keira Knightley

she's got balls...

Don't even think about testing Keira Knightley on the offside rule. For three months last year - when her classmates were up to their necks in GCSE text books - the 17-year-old actress was legging it up and down a football pitch for her role in new flick *Bend It Like Beckham*.

Keira plays Jules, star striker of a women's football team, who spots Jess - an Asian girl who desperately wants to ditch her sari to play. "I'm a proud couch potato so training was a shock to the system," winces Keira, remembering those agonising days on the field. "One day I had to head the ball for six hours and it knocked me out!"

Ever the pro, Keira started acting as a nipper; she asked her parents for a theatrical agent when she was three and first appeared on TV aged seven. But she's not pretentious - a teacher at her local comp said she never did the "I'm an actress" bit.

It's this attitude that kept her grounded when, at just 14, Keira played Natalie Portman's handmaid in *Star Wars Episode 1*, then landed a part in *The Hole* alongside Thora Birch.

Bend It Like Beckham co-stars include ex-*All Saint* Shaznay as the team's captain and *Gormenghast* star Jonathan Rhys-Meyers, who plays the much-fancied team coach. "No, I didn't fall for him!" Keira laughs before we even ask. And she's not letting on whether the real Mr Beckham puts in an appearance in the film. She teases: "He might do. I have to be very secretive. I mean, he's just the king, isn't he?"

► *Bend It Like Beckham* is out on 12 April

→ Keira facts and figures

Born 22 March 1985 **Hometown** Teddington, London **Family** Father an actor, mother a playwright, brother Caleb, 22, a composer **Career highlight** Being kissed by Ewan McGregor. "I swear, I almost fainted!"

They say *Hole* director Nick Hamm: "She looks amazing and she can act, which is a very rare combination in Hollywood" **Next up** Putting her A-levels on hold for ITV1's *Doctor Zhivago*



keep it



sure



it's on me



go on then



I suppose so



it'd look better on you anyway



fine I'm not using it



yeah, take him



dream on



Do you love anyone enough to give them your last Little ROLO?



new!

Eminem album

News on the year's most eagerly-awaited album.

It's been a long time coming, but the new long player from Detroit's dopest is nearly here. And we've heard that *The Eminem Show* is not gonna be as angry as previous albums *The Marshall Mathers LP* and *The Slim Shady LP*. According to Em's D12 mate Proof, Marshall's mellowed out a bit. But, with some of the new song titles including *Die Tonight*, *We Hate Our Label* and *Sold Our Soul*, we reckon there are still some things that could get Em hot under the collar. Here are some album tracks we'd like to see:

1. **Jeeves*** (Sample line: "My tea's gone cold I want some caviar, what the **** is going on? I employed some loser of a butler but he ain't ruining my **** song.")
2. **White sneakers*** (Sample line: "I've had so many trainers, I love them more than trailers, but what the ****'s going on with these ***** red ketchup spills?")
3. **The Millionaire I am*** (Sample line: "Cos I am whatever my **** accountant says I am, if I wasn't I'd still be rich. The papers, the news every day I read, but the ***** ink gets all over my hands and it really ***** me off")

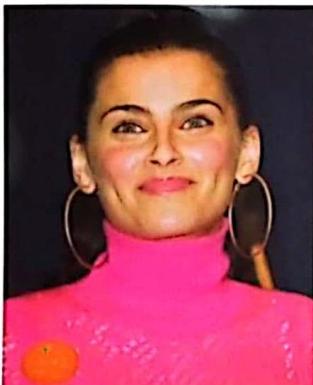
* None of these songs are actually available on Eminem's new album. Shame!

gossip

Celebs beware - we're watching you!

they've been Tangoed!

The celebs keeping orange-look foundation in business - will they never learn?



Nelly Furtado

OK, so it's more pink than orange, but, Whoa Nelly! Time to rein in your foundation abuse.



Michelle Liberty X

Being a member of top group Liberty X is hard work. The feuds with Hear'Say, the name changes and, as Michelle's zingy face shows, long hours put in at Tanfastic.



H and Claire

As part of Steps, H and Claire were forced to wear ridiculous matching outfits, loads of hair bleach and too much slap. As these pictures show, those days are now far behind them...



Jessie Wallace

Here's the deal, Jessie: Kat Slater is supposed to wear too much make-up and that's OK. She is a character on a TV show. You are a real person and it's not OK. It's really not.



David Dickinson

He may be a suave smoothie with a cult TV following, but that's no excuse for his liberal use of orange foundation. You present *Bargain Hunt* David, not *Wish You Were Here*...?

The JT7 Tanometer™



On a scale of 1 = Sunny Delight to 5 = sun-baked fright



Mailbag it up

GERI HALLIWELL TAKES TIME OUT FROM BEING THIN AND DOING YOGA TO ANSWER THE STARS' PROBLEMS

Dear Geri,
I have, like, a real big problem. Me and my boyfriend (not gonna name names, but it rhymes with Dustin and he's got, like, real nice curly hair) are having big-time relationship trauma. We have, like, super-hectic lives, what with him being in this boy band and me being a cute singer an' all, and barely get to hang out. Geri, Geri, Geri, he's kinda dumped me and I don't know why. He's even been spotted out with other girls. Geri, life's not a Mickey Mouse club any more. Oh, and my film sucks too.

Miss B

Geri bleats: Dear Britney (you thought you'd fool me?! The Goddess of intuition?) I read all about your shattered love life in the papers. You've been taking up valuable column inches that could have been dedicated to ME! Have you considered yoga? I find an hour in the Tortoise position helps. Or perhaps a good self-help book – or remember, my biography is in all good bookshops too! I'm sure it'll be 'Raining Men' in no time at all for you. OK, enough about you. Who's the real star here? I must get back to my glamorous lifestyle and swanning around being skinny. Ta ta for now!



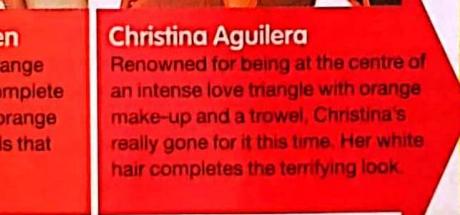
Shut it!

Gobby celebs get gagged "I don't actually have a **large forehead**. I can fit into smaller hats than most adults." Sophie Ellis-Bextor **We didn't say your head was large, Soph, and we'd never call you rhombus faced. Oh no!**



Jenny Atomic Kitten

The orange hair and orange blusher wouldn't be complete without Jenny Frost's orange face. It's the little details that count.



Christina Aguilera

Renowned for being at the centre of an intense love triangle with orange make-up and a trowel, Christina's really gone for it this time. Her white hair completes the terrifying look.

fly on the wall

who we've spotted this month!

★★★★★
Our Nich shared a lift with *Popstars* reject **Warren Stacey**, who was trying to convince a fellow passenger that he was famous. "I'm gonna be massive soon," he pleaded. There's nothing grosser than the smell of desperation, Warren.

★★★★★
Just before his shock departure from *SM:tv* **James Redmond** was spotted enjoying a few Tizers by Picture Ed Eva. Let's hope he's not drowning his sorrows too much now. Good luck, James.

★★★★★
Meanwhile, slightly more successful TV boy **Vernon Kaye** was clocked in a swanky bar by Features Ed Kate. He was with a load of mates who all looked like "nice, real-life people". Keep it real, Vern.

★★★★★
It was indie boys ahoy at an awards after-show party where Channy partied hard with **Tim Wheeler** from Ash, **The Strokes**, **John Simm** and **Badly Drawn Boy**.

Unfortunately, due to the appearance of **Kylie Minogue**, most of the boys were otherwise preoccupied. Tsk!

★★★★★
Seen **Dane Bowers** down the chippy or **Atomic Kitten** in the tanning shop?
E-mail us now at channelle.horton@emap.com and we'll print your celeb sightings here!

when celebs go bad JUICE



stateside scandal

Gossip, parties and rumours from across the Pond...

★ Would you Adam and believe it? *Dawson's Creek* is 100 episodes old. So the cast held a party in New York to celebrate. **Josh Jackson** and **Kerr Smith** spent the evening joking with journos, while **Katie Holmes** and **Michelle Williams** giggled in a corner. Meanwhile, he-of-the-ridiculous-forehead, **James Van Der Beek**, got all hoity-toity and was spotted rolling his eyes and throwing ditties at Josh and Kerr. Too grown up for messing about, James? ★ As if there wasn't enough oddness on the set of *Roswell*, **Jason Behr** recently bet **Brendan Fehr** \$100 that he couldn't wet his pants on purpose. Without batting a long-lashed eyelid, Brendan peed on command during a scene the two wee-irdoes were shooting. Euwww! The production crew were in fits as filming ground to a halt while the offending pair of soaking wet trousers were cleaned and dried. ★ Brit-abroad **Robbie Williams** embarrassed himself at the opening of snoot LA restaurant, Tangiers. The boy shocked the prim 'n' proper Hollywood set by snogging a busty blonde on a sofa and getting so carried away that the pair fell on the floor. You show 'em how to have fun, Rob! ★ Posh residents of Linden Heights, a la-di-da suburb of Des Moines, Iowa, are shaking behind their picket fences at the news that **Slipknot** singer **Corey Taylor** is moving into their doctor, lawyer and banker-stuffed area. Corey is buying a \$350,000 house in the neighbourhood. He jokes: "I just hope once they get to know me, they'll understand that – besides the blood worship on Thursdays – I'm an average guy." ★ **Jennifer Love Hewitt** was spotted getting super-friendly at Burbank Airport with US Survivor winner **Ethan Zohn**. The couple shared a hug and walked out with their arms twined around each other. Looks like Ms Love has scored herself a million-dollar companion.



Send 'er a sarnie!
Donna Air

You'd think that with so much spare time on her hands (what exactly is your job again, Donna?) Miss Air would find time for a decent meal. With her face and bod looking thinner every day, it's a wonder she's got the energy to carry those shopping bags. You're a Geordie, Donna, so get some scran down yer neck!

Made in J17

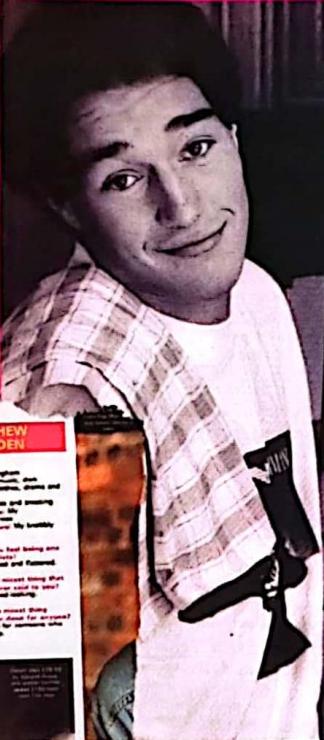
The pics they didn't want you to see

We've raided our embarrassing early 80s issues cupboard and found a whole host of familiar faces in some real before-they-were-famous shockers...



An unheard-of teenage model called **Kate Moss** graced our pages in the early 90s. We'd like to say she looks awful, but typically Kate even makes paisley leggings look kinda stylish.

Check out **Holby City's Lisa Faulkner** looking sweet and innocent in these ravishing pyjamas. She was a regular model for J17 back in the early 90s and, by the looks of things, really earned her money wearing that lot!



Back in 1993 when Kylie was releasing such 'classics' as *What Kind Of Fool*, her current beau **James Gooding** was modelling for J17. Kyles must feel better about her bubble perm days seeing this pic!

boy of the 90s Well, it's time to out whether you really are the 're-cycled' du you think you or merely a disposable du

Matthew Marsden was a 'hunksome' finalist in J17's 1989 male model contest. Despite his 'knobbly-knees', he eventually hit the big time (well, *Corrie*) and flirted with the Top 40 before landing a part in *Black Hawk Down*. He allegedly still won't do knee shots, though.



Photo: PA

INTRODUCING JULIA



In 1985, 16-year-old **Absolutely Fabulous** star **Julia Sawalha** was J17's 'guinea pig' in a beauty, health and fitness series. She may be getting fit and healthy but we're not quite sure where the beauty comes in!

NEXT WEEK



Top glam actress, designer and wife of Jude Law she may be, but **Sadie Frost** modelled a selection of not-so-subtle hairstyles for us in '84. Our personal favourite is her shocked ferret look. There's hope for us all...

weirdwideworld

Would madam like flies with that?

Bored with steak 'n' chips, a restaurant in Germany has added something much creepier and crunchier to its menu: insects! Cockroach pasta, grasshopper and locust couscous and sautéed maggots are just a few of the culinary delights being served up. The chef claims that insects "have virtually no fat" too, but we still reckon it makes Slim-Fast seem strangely appealing.



Mars bra

Forget edible undies, the latest craze to hit Italian catwalks is the chocolate bra. Godiva, the luxury choccy makers and moulders of the bra, admit they're not sure who'll buy it. But we'd put money on it being lads with a sweet tooth and a beady eye.

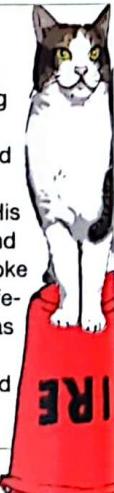


17 questions we've been asking this month...

- 1 Why is Billie only ever photographed wearing sloppy tracky bottoms since her marriage to Chris Evans?
- 2 Their tour's been postponed, their album flopped and now poor Danny facing icky gossip in the press. What can go wrong for Hear'Say?
- 3 Why is there only one girl who's blonde and a size eight in *Hollyoaks*?
- 4 When is it going to be flip-flop weather, goddamit?
- 5 Just how much have we missed Eminem?
- 6 Is Jack Ryder mad, quitting 'Enders' when the BBC offered to double his salary if he stayed?
- 7 How annoying are those Wagon Wheel adverts? You would - no, actually we flippin' wouldn't!
- 8 What exactly is 'multi-faceted hair' and how do we get it, Beyoncé?
- 9 Will there be any *Big Brother 3* contestants who aren't using the programme to land themselves a career in showbiz?
- 10 What exactly do all these beautiful women see in *Pop Idol's* high-toused millionaire Simon Cowell?
- 11 How could Blink 182 have sold out and let Pizza Hut use All The Small Things on a ropey TV ad?
- 12 Why do parents reckon 'because I say so' is an adequate answer?
- 13 How boringly grown-up is Papa Roach's Coby Dick, telling everyone to call him by his real name (Jacoby Shaddix) now he's gonna be a dad?
- 14 Will we ever tire of the gorgeousness that is Orlando Bloom?
- 15 Why did it take Liberty so long to come up with a new name when they did was add an X to the end of it?
- 16 Who's the most boring band in Britain: Travis or the Stereophonics (good tunes, though)?
- 17 How old-fashioned, boring and pointless is terrestrial TV? We want new *Dawson's*/new *Buffy*/new *Friends* (delete where applicable) now!

Buddy for life

Next time you want to kick the cat out at night cos it's keeping you awake, think again. A 75-year-old man was asleep in bed in Toronto, Canada and didn't realise his house was on fire. His cat, Buddy, sat on his chest and meowed constantly until he woke up, averting a cat-astrophe! Life-saver Buddy has been hailed as a local hero and his owner is recovering in hospital. Who said a dog is a man's best friend?



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Heaven is a half-pipe

Meet the girl who's kick-flipping the lads... where it hurts!

"When you see skateboarding on TV, it's always boys taking part," reckons a miffed 18-year-old Lucy Adams from Horsham, Sussex. "There's hardly any coverage for girl skaters." Until now, Lucy is competing in next month's King of Street skate event, which includes an all-girl section for the first time ever. We interrupted her as she practised for her big day.

How did you get into skating?

I saw some lads building a ramp and went over with my rollerblades. They were all lairy and told me I had to have a board. So I bought one and went back the next week.

So it's your life?

When you skateboard everything is to do with skateboarding. I practise every day and on Saturday I work in a skate shop. Mind you, most of my skate mates like hip hop but my favourite band is Steps!

Do you ever get hassle?

Yes, usually from the townies. They'll say, "Nice trousers, how many people can you get in them?" They don't understand.

Why do you love skating so much?

I love the adrenaline rush of going fast and landing new tricks. If I didn't skate what would I do? At school people ask me if I was going to the prom and I was like, "Wearing a dress and missing two hours of skating? You're having a laugh!"

The King of Street festival is on 5 and 6 May at Birmingham National Indoor Arena. Tickets cost £9 per day pre-booked [call 0870 909 4144] or £12 on the day. Check out www.board-x.com for more info.

Lucy by numbers

- 0 broken bones
- 1 blow-up ramp in the garden
- 2 winning certificates so far
- 2 hours training every night
- 8 hours practice every Sunday
- 12 boards bought a year
- 50 quid for a decent board
- 90 seconds to impress the judges with her tricks

Half Fare please, mister

... and three other forms of transport for under a tenner (just!)

Mini-skateboard (£9.99 from Claire's Accessories).

Kick-flipping on this could be tricky, but it looks cute and fits in your rucksack, too.



Pogo Stick (£9.99 from Claire's Accessories). Just cos it caused Helen Adams difficulty on last year's *Big Brother* doesn't mean you won't be able to hop on this with ease.



Space Hopper (£9.99 from Claire's Accessories). Put your hair in pigtails, sling on some plimsolls and relive your childhood days with this cute little Hopper.



Your dad doesn't get spots. Git.



Lyrical gangsta

Cut 'em out, mix 'em up and create your own music hit.

This month: GARAGE



Dogs in bogs, cats in hats

If your pet is partial to dressing up (with a little help from you, of course!), capture the moment on film. We'll print the best and throw a prize your way. This month's winner is Sonny Boy, the lurcher from Gospel Oak. Well done to him and owner Gloria. Send your photos to 'Pets win prizes' at the usual address or e-mail chantelle.horton@emap.com.

THE TOP 5

Smart-ass replies when asked why you're late for school.

- 1 "Because the bell rang before I got here."
- 2 "I wanted to make a big entrance."
- 3 "I'm not actually late, I'm early for tomorrow."
- 4 "Our toaster is really old and takes ages to warm up."
- 5 "I had stomach problems - I couldn't stomach getting outta bed."

Our checklist for the month

Un-shopping

The science of buying clothes, knowing you're gonna return them to the shop only days later. The instant hit of shopping, minus the long term bank account pain.

Cartoon character tees

Scour your local charity shops for Spiderman and Incredible Hulk shirts.

Pop Idol big band album

We're high-kicking our way round the office right now.

Console confusion

Do you pick the Xbox or the GameCube or the PS2? Or just stick to the old Gameboy?

Toe trauma

Trying to make our tootsies look presentable after a winter in hibernation.

Pop Idol big band album

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Dollyoaks



With his parents out of town, Mazza, The Prince of Darkness™, is preparing for a visit from his celeb pals. He's got plenty of crisps and is hoping the lads will be up for Twister.

Before Mazza's even had a chance to take his apron off, Fred, Corey, Eminem and Elijah turn up. Eminem's come armed with his chainsaw and Elijah's loaded down with everyone's fave party essential: Twinkies.

Bored with the interior decorating chat, Eminem and Corey decide to liven up the party...



With Corey hiding behind him for support, Em bursts into the lounge waving his chainsaw around like a madman. He might be short, but he sure ain't short of power tool-wielding ability!

In an attempt to stop the senseless destruction, the gang bundle Em and Corey to the floor. Naughty Fred makes sure he gets Corey with a sneaky blow to the chest.



Elijah's final thought...

Eminem and Corey, thy behaviour was unforgivable. Mr and Mrs Manson are sure to be ticked off when they get home. Remember, if ye don't do it in thine own home, don't do it in other people's. It's just not polite.

so much to do... so little time



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so little time

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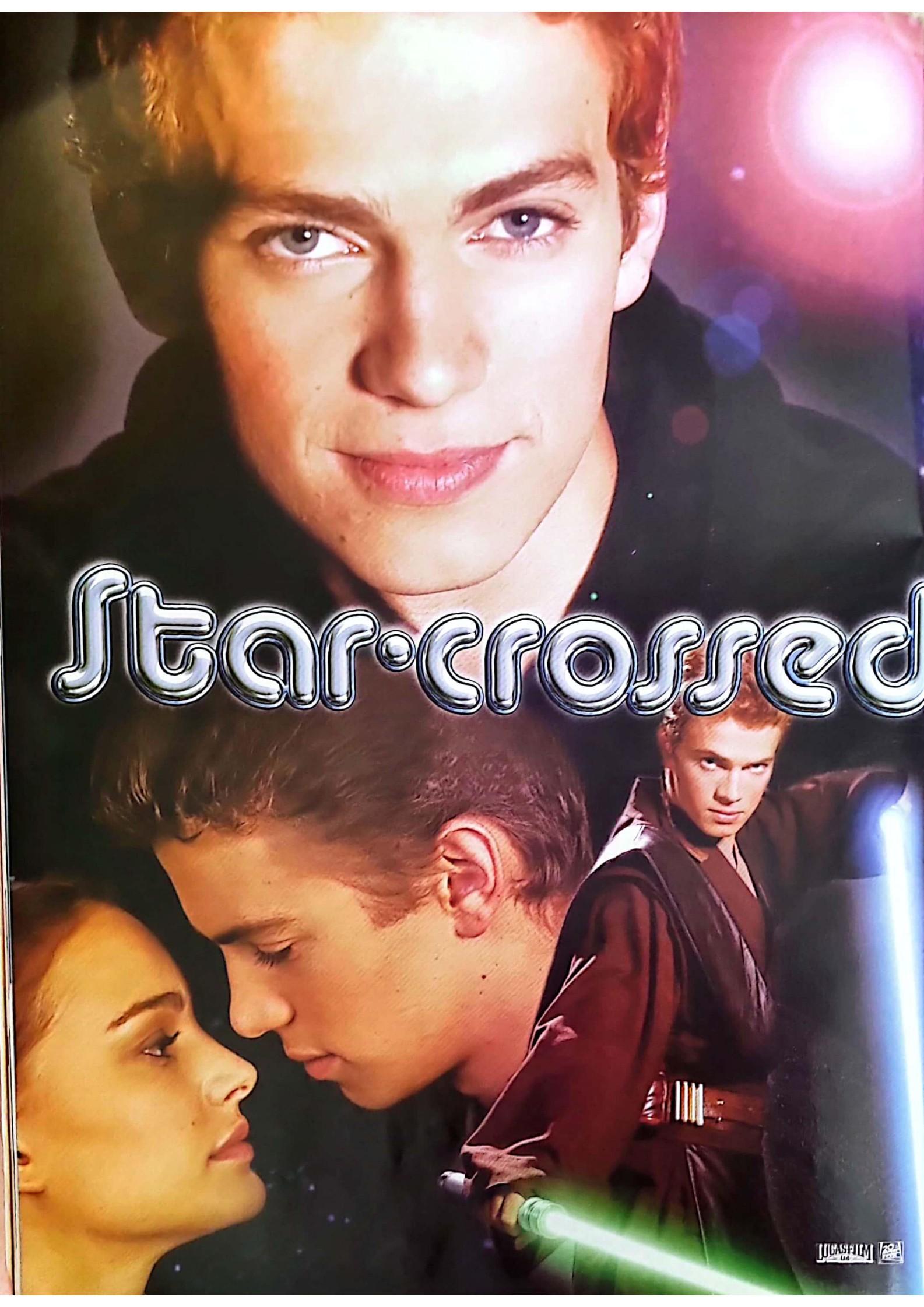
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Star-Crossed



Lovers

Praise the Dark Lord! This month sees the release of a Star Wars film that's definitely for the ladies...

If we're honest, *Star Wars I: The Phantom Menace* passed us by. It was a good date movie which made for lad-friendly chat afterwards ("Yeah, pod racing rocks my world too!"), but as for all that bonkers Jar-Jar Binks, Yoda-yada stuff? Nah, not really our cup o' cola. However... having clocked the trailers for *Episode II: Attack Of The Clones*, we're feeling a little more optimistic. One reason stands out. Like, have you seen Hayden Christensen? *Attack Of The Clones* is the key chapter in the *Star Wars* series. Anakin Skywalker has gone from the cute kid in *The Phantom Menace* to a Jedi Knight-ing, light-sabre-thrusting Justin Timber-like Princess, or Senator Amidala as she's now known (the lucky, lucky Natalie Portman), is a girl after our own hearts. She's clocked that Anakin's done some growing and the two are definitely exchanging deep and meaningfuls. But of course there's a hitch. Jedis are forbidden to take

lovers. And thus Episode II becomes *Romeo+Juliet* in a galaxy far, far away.

Sizzling stars

It's no plot buster to tell you that the two do get together, cos, as any *Star Wars* geek knows, their kids, Leia and Luke, are the heroes of the original three *Star Wars* episodes. But the big gossip from

The chemistry between Hayden and Natalie was "red-hot". Things were starting to sizzle in outer space

the set where they spent last summer filming was whether the love scenes between Hayden and Natalie continued after the cameras stopped rolling.

The rumours started as soon as Hayden, a virtual unknown, swiped the part of the young Sith-Lord from under Leo DiCaprio and Ryan Phillippe's noses. Director George Lucas had originally decided the Canadian, 18 at the time, was too young. But after the blond,

blue-eyed six foot twer screen tested with Natalie (after puking up on the way there cos of nerves), the boss changed his mind. Apparently, the chemistry between them was "red-hot". Things were starting to sizzle in outer space.

Secret love?

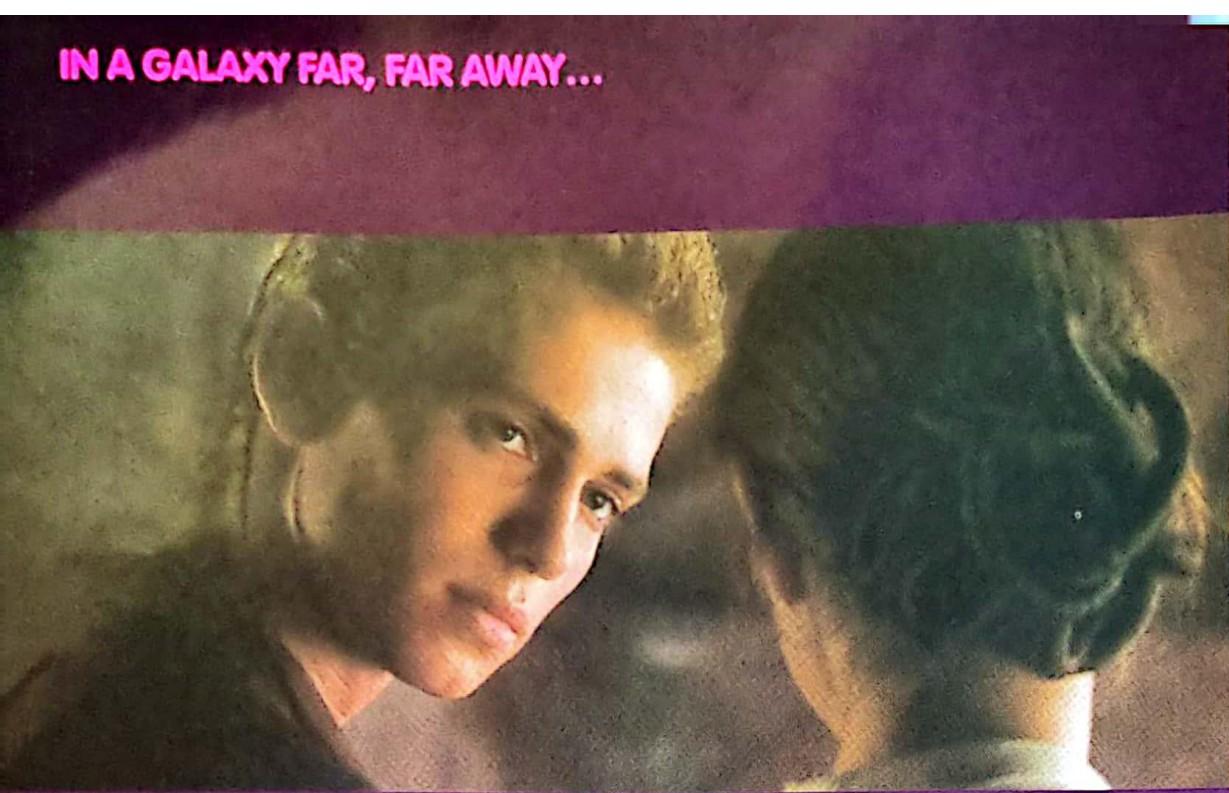
Then the big scoop came from our very own trusty *Sun* newspaper. An on-set gossip had split the beans. "It was obvious from the early read-throughs in Los Angeles that they were attracted to each other," gushed the sneak. "Then

one evening on set in London, Natalie took Hayden by the hand and they darted off to her dressing room. He came out looking dishevelled." And the

denial that followed from Hayden's camp wasn't exactly overwhelming. "I was on the set and heard those rumours, but I didn't see anything," his spokesman said weakly. "I don't think it's happening."

Meanwhile, the New York press had decided that the two 19-year-olds were "crazy about each other". Natalie, it was said, had dumped the guy she was

IN A GALAXY FAR, FAR AWAY...



Websites

www.Jedinet.com
www.starwars.com
www.theforce.net
www.hayden-christensen.com
www.hayden-christensen-eb.com
www.haydenhaven.net



going out with at Harvard University, where she's still a student, for Hayden.

And was there a hint of grown-up good times when she talked about shooting *Episode II* in Sydney, Tunisia and romantic Lake Como in Italy? "It was a lot more fun than when I filmed *Episode I* in London," she admitted. "It was a young party-person's summer this time." Then Hayden and Natalie were spotted arm-in-arm, coming out of the movies in her university town. Still just good friends? Surely not.

Love match

In terms of career and personal experiences these two could have been matched by Cupid himself. Born within two months of each other in 1981, both are fast approaching the big 21. Natalie was discovered by an agent in a New York pizza parlour aged 11. She's already worked on Broadway and with the best Hollywood directors of our time, clocking up a Golden Globe nomination in 1999 for her part in the getting-to-know-mom movie *Anywhere But Here*. This year Hayden has been starring in a play in London's West End and was also nominated for a Globe for his role in the getting-to-know-dad movie *Life As A House*. Twin Globe nominations for playing difficult kids. Ain't that sweet?

Perfect partners

In real life, they've both been far from difficult. In fact, when asked by a mag if she'd like herself as a daughter Natalie once replied,

"Well, of course. I'm a good person, nice, smart, witty, trustworthy, know nice people, don't do drugs and earn a lot of money," (obviously in possession of a sense of humour, too!). Her close, only-child relationship with her mum and dad is well known.

Hayden also boasts of "an unusually good relationship" with his parents (when away he talks to his mum every day) and still sleeps in the same bed he had as a child. His rebellious, pill popping character Sam in *Life As A House* was something he had no previous experience of. "He's an absolute invention," he says. "I had no ground on which to relate."

Oh no we're not

So what do Hayden and Natalie have to say about the romance rumours? Both are in strict denial about any tongue-twisting between them. Although when challenged in London recently, Hayden was definitely seen to blush. "My theory on the gossip is, if it's not true, then I'm OK with it. And I've been OK with it, so it's not true." Erm, and that translates as what, Hayden? "She's a very beautiful girl, but that doesn't mean I wanna date her. I don't think it's a good idea to date actresses. Especially when you have to do sequels with them. So I managed to stay away from it. Very mature, I think. Our... our... our relationship was purely professional."

Natalie was more direct in her denial of an off-camera love thang. She was quoted in an interview as saying, "Many girls would love to kiss Hayden but we are friends and I don't feel that way about

him." Convinced? Nah, neither are we. And even their UK publicist refuses to deny the story. She says: "They have an incredible on-screen chemistry, they really hit it off and they're great friends."

Double the romance

So as we settle down with our extra large popcorn next month to watch the unromantically titled *Attack Of The Clones*, we'll feel double-swoony. Is Hayden speaking from the script or from the heart when he moons to Obi-Wan: "Just being around her is... intoxicating"? And does Natalie mean it as she beseeches "Please don't look at me like that". We can't help but hope that great love stories can happen off-camera too. Ahh, romance. It's out of this world.

Episode II: Attack Of The Clones is released on May 16

Is Hayden and Natalie's love affair meteoric or destined to plunge down a black hole?

PSYCHIC SAM SAYS:

"The odds don't look good. Natalie is a Gemini (air), while Hayden is Aries (fire) all the way. Air will simply inflame the fire to greater heights, so Hayden will become more domineering. After a time Natalie will start to resent this. They'll stay 'friends', but this isn't destined to be one of Hollywood's great romances."

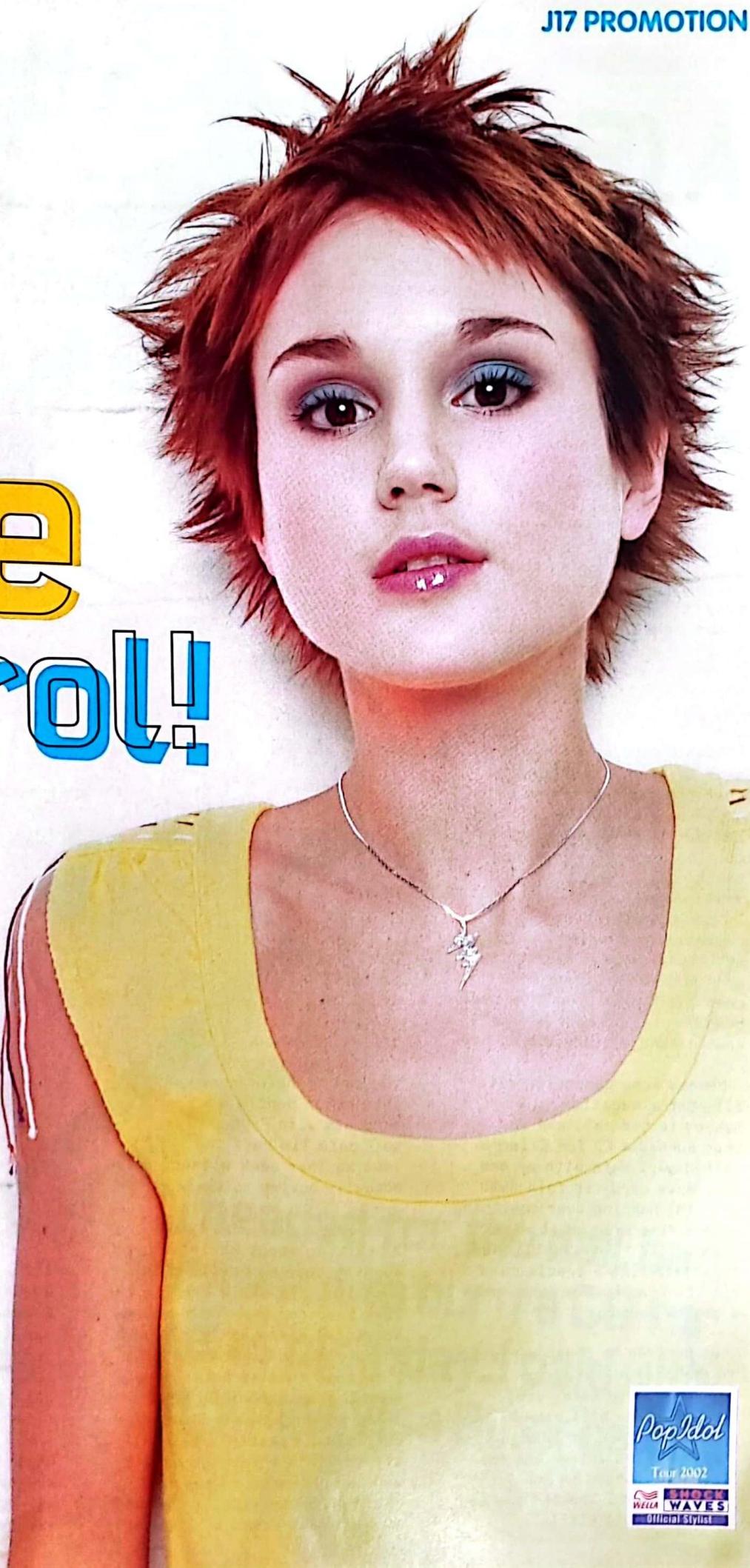
Forget blaming bad hair when your crush doesn't text you. Take control and get noticed with NEW Wella ShockWaves Creative Clay

take control!

Won't-do-as-it's-told hair drives us crazy. When you wear it all day, every day, bad hair can often put you in a bad mood. Get a grip now! Thanks to the style gurus at Wella ShockWaves, you can forget avoiding a night out just because your hair's got a mind of its own – grab new Wella ShockWaves Creative Clay. Guaranteed to keep your hair cool 'n' controlled during the day, and magic for restyling to get a wild look before a night out, this matt-look, light-weight clay is fab for giving texture and definition to all hair types. Quick 'n' easy to use, it won't leave your hair sticky and it washes out really easily. And it's a cinch to apply – just rub a small amount into the palms of your hands then tug, twist, pull, mould and shape your hair as you wish! With new Wella ShockWaves Creative Clay, taking control of your hair just got simpler!



For more great hair tips, check out www.wella.co.uk/shockwaves



A (Satur)day in the life of a shopaholic, 2004

The future is coming to your high street.
And it looks like this...

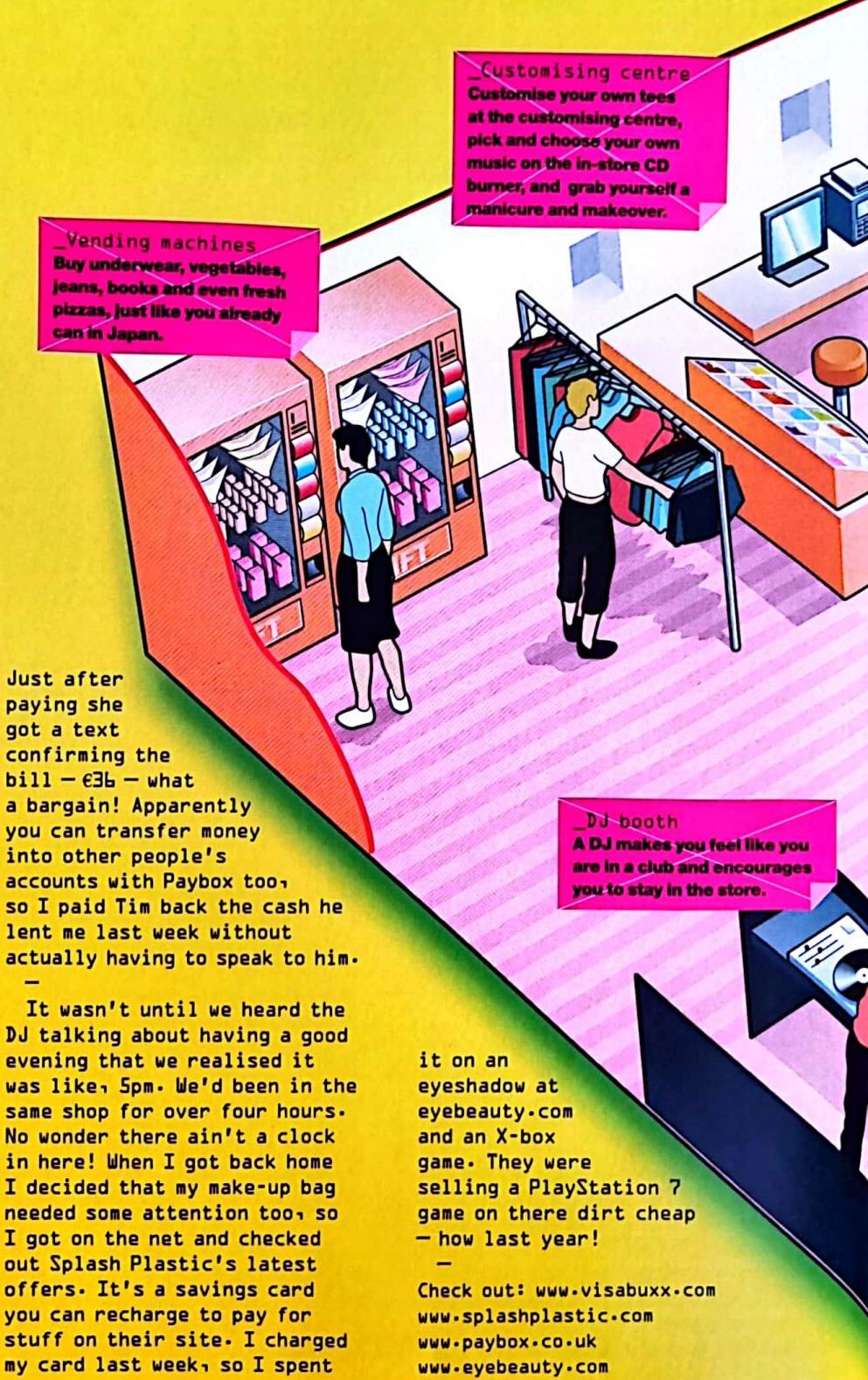
Dear Palm Pilot...

Spent most of the day shopping with Ellen and Jody because my wardrobe was starting to look empty and there was nothing on the 427 TV channels – terrestrial is getting sooo boring! Anyway, I hit town and met the gang in the juice/oxygen bar at Topshop – they do the best smoothies! And the freshest-tasting air!

Then I went on a hunt for a pair of jeans. Finding some that fit was causing me major grief so I asked the in-store advisor to help out. It was cool because she suggested these really baggy ones I would never have chosen myself. I took them straight to the customising counter and got my initials sequinned on the back pocket. As I was on a customising tip I went to the bead bar and picked up some cool diamante studs for my bag.

Needed some pampering after all that exhaustion so I headed to the nail bar and then burned a CD for Ellen's birthday. I paid with my new Visa Buxx card; it felt dead official handing over something with a Visa sign on it. The olds got me it for my birthday. It's just like a credit card but they pay in the money and I get to spend it!

We decided to treat ourselves to a pizza 'n' salad for lunch in the Topshop cafe. Jody picked up the bill with Paybox – she just gave her mobile number to the waiter and the bill was charged to her account (and I thought she was trying to pull him!).



Just after paying she got a text confirming the bill – €36 – what a bargain! Apparently you can transfer money into other people's accounts with Paybox too, so I paid Tim back the cash he lent me last week without actually having to speak to him.

It wasn't until we heard the DJ talking about having a good evening that we realised it was like, 5pm. We'd been in the same shop for over four hours. No wonder there ain't a clock in here! When I got back home I decided that my make-up bag needed some attention too, so I got on the net and checked out Splash Plastic's latest offers. It's a savings card you can recharge to pay for stuff on their site. I charged my card last week, so I spent

it on an eyeshadow at eyebeauty.com and an X-box game. They were selling a PlayStation 7 game on there dirt cheap – how last year!

Check out: www.visabuxx.com
www.splashplastic.com
www.paybox.co.uk
www.eyebeauty.com



"I headed for the nail bar, then went to burn a CD for Ellen's birthday. I paid with my new Visa Buxx card"



"Honestly, old ladies
do move away from
me on the bus!"
J17 model Lottie

the hole truth

Flaunting your metal bits has never been hipper. But is piercing a holey good thing, or a pain in the ear?

You know a so-called style fad is here to stay when even Victoria Beckham can't kill it off. Posh faking a piercing may have been the final death knell for her flagging pop career, but for the thousands of teenagers who get their ear, nose, lip or belly button done every year in the UK, piercing is still the ultimate way to customise your look.

"It affects the way people see you more than clothes or hair. It changes your body," says Lisa Connors, 14, from Stockport who has two studs in each lobe and two in the top of her right ear. "It's a bit rebellious and shows you're an individual," adds Kate Lyndsey, 15, from Bath, flashing a sparkly diamond bar in her belly button.

Piercing as a fashion statement has been around for more than a hundred years. Queen Victoria's husband Albert famously had his penis pierced so he could tie it to his leg and not reveal his packet in his trendy tight trousers. In the 70s, punk bands like The Sex Pistols first gave piercing a rep for being edgy and shocking. But it was really only when the Spice Girls flashed their metal-laden tongues in the 90s that it became acceptable. And when royalty started getting studded up (remember Zara Phillips flashing her pierced tongue?) it was obvious piercing was here to stay.

But despite piercees being as diverse as Linkin Park to Sooz from *As If*, body modification (as professional piercers call it), is still a no-no for under-16s. UK law states it's illegal for anyone under that age to have their ears or nose pierced without their parents' consent. And while, bizarrely, there are no government guidelines that apply the same rule to the rest of your body yet (or national association to advise), no good piercer will pierce someone who's under age without their parents' permission.

If you are not given aftercare advice or fail to look after your piercing as instructed by a good piercer, infections can soon set in. Last year the NHS estimated that piercing-related health issues cost them a massive £1.7m and the Royal College of Nursing called for good practice guidelines to try to stamp out the piercing pests when a 12-year-old was hospitalised with severe blood poisoning.

Kate from Bath didn't get taken into hospital, but still ran into problems

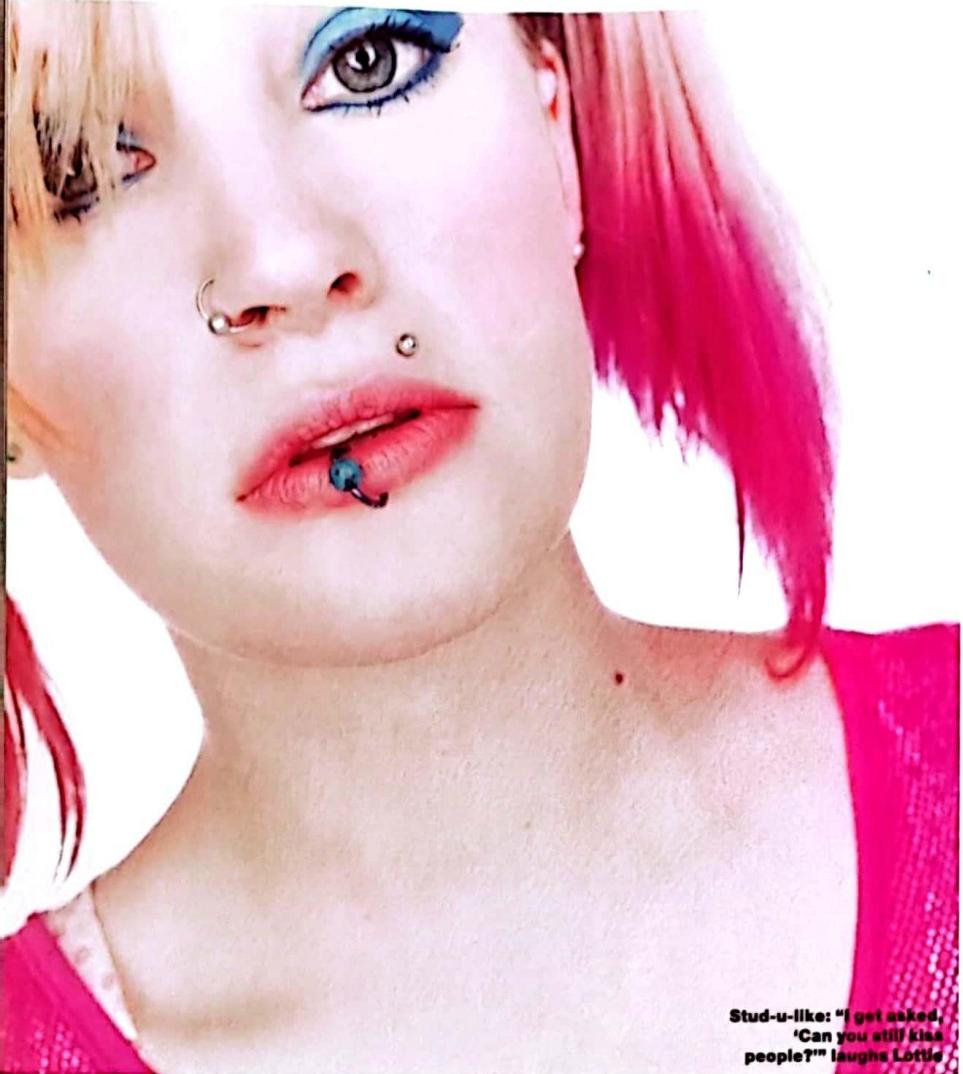
"A piercing is a bit rebellious and shows you're an individual," says Kate, 15, flashing a diamond bar in her belly button

"I get up to ten teenagers a day coming in, but I won't touch them without their parents' OK," says piercer Zoë Ellis who works at the Cambridge Piercing Studio where she's seen requests for piercings boom in the last couple of years. She adds, scarily, "Anyone who's done a four-hour course can set up a piercing studio, but you need to look for clean places that are registered with the council."

You see, some of the horror stories you hear about piercings are true. Unsterilised equipment can spread viruses such as hepatitis and HIV and,

over a navel piercing. After months of pestering she persuaded her mum to take her to the local studio. "I wanted one because a few of my friends from school had got their bellies done," she recalls. "I wanted to look cool for my summer holiday but my jeans really rubbed the hole and it became red and infected. By the time I wore my bikini on the beach I had to keep my belly button covered with a big bandage."

Kate's problems don't come as a surprise to GP Pia Quinsey. "Unless a piercing is properly cleaned twice a day, infection will set in," she warns.



Stud-u-like: "I get asked, 'Can you still kiss people?'" laughs Lottie

"One 13-year-old ended up with a badly swollen face just from having her ear pierced" GP Pia Quinsey

"It can mean having the piercing removed and being left with a scar. The worst case I saw was a 13-year-old girl with half of her face swollen and covered in hard scabs, just from having her ear pierced."

But even if you don't end up looking like an extra from *The Mummy*, piercings can still mean being treated like a freak. "Honestly, old ladies do move away from me on the bus," says Lottie Legg, J17's pierced model (pictured), 18, from Southampton, who had her eyebrow and tongue pierced at 16 and her lip done last year. "Looking the way I do is a normal part of the punk and ska scene I'm into, but I still get people stopping me on the street and saying, 'Did that hurt? Can you still kiss people?'"

That said, a piercing done and looked after properly is still an ultra-hip accessory. "There are so many brilliant bits of jewellery around at the moment and piercings really are easy to look after," agrees Zoë. Indeed, for every horror story, there are scores of satisfied customers. "I had my belly button done without telling my dad," says Lisa. "He

went spare when I showed him and said it would turn septic in a week. But luckily I had no problems and proved him wrong. I want my tongue done next."

So, if you go for a Christina Aguilera nose stud but end up looking more like a ready-for-market piggy wiggy, don't fret. After all, you can always take your piercing out. As long as you've left it in for the initial healing period and not had an infection, the risk of scarring is small if you want to remove it. "It's not a forever thing, like a tattoo," says Kate. "I'm sure there'll come a day I don't want it anymore. I'll just take it out."

You should discuss your piercing plans with your parents first and take them along with you to check out the studio to reassure them. At around £20, most piercings might cost less than a haircut or new skirt, but your body is worth a whole load more.

For more info, go to:
www.safepiercing.org
www.all-body-piercing.com
Cambridge Piercing Studio
01223 506 312

PLAYING IT SAFE

If you're 100% convinced you want to go ahead with a piercing, make sure you do your research...

- If you are under 16 you need your parents' permission to get a piercing. Don't bother trying to go behind their back. Good piercers (see below) won't risk their certificate – or the wrath of your mum and dad – for a measly £20.
- Pick a studio with a certificate from the local council, usually displayed in the window. Don't go for deals; saving your skin is more important than saving a few quid.
- Check that the piercer wears gloves, uses needles out of sealed packets and sterilises their equipment.
- Ask as many questions as you like. No matter how mega-pierced and scary-looking they might be, a good piercer will be happy to offer up any info.
- Check the aftercare advice and ask for a leaflet to take home. Follow the instructions to the letter.
- If you feel remotely uncomfortable with the place or piercer at any point, walk away. There are plenty more needle wielders in the sea.

THE PIERCING PAIN-O-METER

(on a scale of 1 = pinprick to 5 = faintworth)

A hole's a hole, right? Er, no. Piercer Zoë rates the pain you'll need to prepare yourself for

Ear (softy bits)

Zoë says: "Bit of a baby splice, but still needs good aftercare. Done with a gun, stings for a few minutes and takes around six weeks to heal."

Ear (gristly bits)

Zoë says: "Need a needle for this one. More of a big pinch than a monster pain, but takes around eight weeks to heal and can cause havoc if greasy hair gets caught in it."

Eyebrow

Zoë says: "Another needle job but you definitely know about this one. It hurts. Takes around 12 weeks to heal and has the highest rejection rate."

Nose

Zoë says: "We use a gun for the side of the nose and a needle for the septum (skin between nostrils). There's a flash of sharp pain guaranteed to make your eyes water but only takes six weeks to heal."

Belly Button

Zoë says: "Can take anything from eight weeks to a few months to heal. Position means it gets easily rubbed, so not one to rush into."

Tongue

Zoë says: "The biggie. After the initial 'ahhhh', you'll need to go on a liquid diet for three days. Takes four weeks to heal."

Euwwww!

Piercings reserved for over-18s only. Cross yer legs and don't even go there!

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someone
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"Forget it, Mickey, I ain't shaking these
damn pom poms for no-one"

United States of CUWWWW!

One look at this girl freezing her flesh off (yeah, like, this is England and cheerleading is cheese) reminds us why we're glad to be unAmerican...

Names

Being American means there's a strong possibility you could be called Tiffany-Amber or Betty-Louise Plotnick. Or something really awful like Phoenicia.

The Prom

Don't get us wrong, usually we welcome the opportunity to dress up in really expensive formalwear that we'll never wear again, rent an expensive limo and pay for an official photographer to take crazily-priced snaps. We're OK with that, honest. It's the pressure of having to find a prom date who looks good in a dinner jacket that fills our hearts with icy dread.

Cheerleading

(see also American football, below)

We've seen *Bring It On* and we know about cheerocracies, thank you very much. Not only do you have to wear a butt-revealing, flippy skirt and risk serious bodily damage by being the top part of the human pyramid, there's also the whole dodgy jock worship thing going on. Why should we work up a sweat cheering a bunch of boys chasing a silly-shaped ball around? It makes no sense. They should be cheering us cos we're girls and we rule.

Traffic school

Yeah, driving lessons as part of your weekly curriculum is kind of cool. But there are some of us who don't want to be part of the planet-polluting, petrol-guzzling problem. We want to be part of the solution.

Popularity contests

Homecoming queen, prom queen, snow queen, May queen – US teen girdom is an endless competition to be prettier, perkier and more queenly than the next girl. This only works if every day is a good hair day, you never get spots and, hello, you are morally challenged. And, besides, we've seen our teen movies and we know that to be popular means

you have to walk down the school corridors in slo-mo, which is just time-consuming and stupid.

Competitiveness

It's not the taking part that matters, it's the winning. Getting picked last for a team, or missing games because you have an (ahem) hereditary knee injury, are not valid lifestyle choices. And it's unAmerican too.

Processed food

Four words: cheese in a can.

School times

The average school day starts at 7.30am. Yup, that's 7.30 AM. Ouch!

**US teen girdom
is an endless
competition to
be prettier, perkier
and more queenly...**

Crap chocolate

When is a Snickers not a Snickers? When it's made from waxy US chocolate, which is severely lacking in the cocoa solids that make our British bars a taste sensation. So next time you watch a US show and they're wittering on about having a choc-fest, be reassured, they know not of what they speak.

Extra curricular features

It's not enough to make a vague effort to get your essays and coursework handed in on time. In America you're expected to do extra-credit assignments on top of your normal homework and volunteer for

dumb ass after-school activities like Chess Club, Mathletes, helping at the local hospital or the Peace Corps. This may sound worthy but kids only do it so it sounds good on their college applications and where's the love in that?

Fake IDs

You can't do anything fun when you're American until you're 21, which means scoring a fake ID from a dodgy friend of your elder brother's for vast sums of money. When you look at it in the privacy of your own room, you notice that the name on your ID is Carlos Fuente Locos and you were born in 1927. Doh!

Summer camp

Cos one time at band camp...

Too many adverts

Not just too many adverts, but adverts in really annoying places. Imagine your favourite show starts and as the opening credits roll, it cuts to the commercials. Now imagine three or four other ad breaks. Just as you settle down for some prime *Buffy* action after the fourth commercial break, the end credits roll. Why not simply put the ads after the end credits? Because that would cut into the after-show ad break. It's consumerism gone mad!

Big hair/bad hair

Choose between a teased, frosted and squirted with extra-hold styling spray to within an inch of its life coiffure or an un-ironic mullet. Either way, it's a hair don't.

American football

What the hell is that about?

Therapy/suing your parents

But being an American isn't all bad because you can go into therapy for years to un-screw yourself up after suffering all the indignities of bad chocolate, big hair and summer camp. And once you've sussed out the secrets of your inner psyche (after many years and many dollars), you can then sue your parents for having you in the first place. Sweet.





When you have your period your hormones change,
which can make you more emotional.

So it's not your fault if you get

A TAD !RR!TABLE

What you need is something you can rely on,
something you can trust.

Always Ultra has a special
lock-away core,
for protection that won't let you down.

And to help you stay feeling calm,
try a dab of lavender oil on your temples.

Of course some things
are just here to torment you.



They must be eaten.

Talking
your
body's
language.



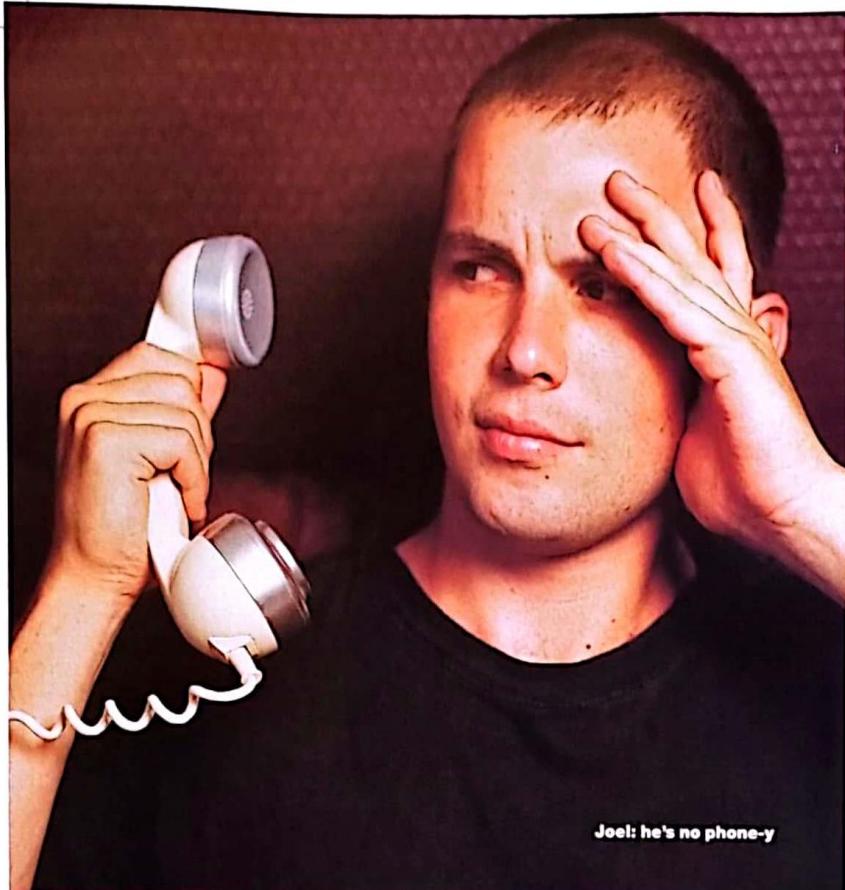
For everything from periods to boys, learn more
about your body's language at www.beinggirl.co.uk

Get a load of this month's Boyology babe, **Luke Paterson**. The 20-year-old Topshop model is "crazy about hip hop" and reckons his best talent is "sleeping all day". We beg to differ Luke...

BOYOLGY

**Why are guys so weird on the phone?
What chat-up lines do they reckon work
for them? Turn the page to find out... >**





Joel: he's no phone-y

BOY BEHAVIOUR [DECODED]

#8: Freakish phone behaviour

Words Joel Snape, Channy Photos Sam Jones, Snapix

Instead of questioning lads about our hatred of the phone, I'd like to ask why it is you girls spend half your lives with your ear stuck to the things? You might think they're a constructive way of spending spare time but, for us lads, phones are just a way of organising stuff – quickly. Why would we want to talk when we can just mumble "See you in town", and plonk the receiver down?

If your boy being is bad at phone conversations, take heart: we're easily distracted. So if you're greeted with a series of grunts down the line, chances are he's watching

"Texting has all the thoughtfulness of a phone call, without the danger of conversation"

Buffy at the same time. Try not to view it as rejection, more a difference in attention span.

Thankfully, mobiles have made our lives a whole lot simpler. Playing around with *Star Wars* ring tones is a bonus, but they've also made it easier to avoid unwanted chat. You might think mobiles mean you can keep tabs on us 24-7, but in practice Caller ID means we'll know whether it's you or our mates ringing (not that we'd deliberately ignore you, of course!).

Even handier is texting – all the thoughtfulness of a phone call, without the danger of actual conversation. And if all else fails, there's always the hang-up-and-say-the-batteries-went excuse. Connecting people? As if.

Joel

THE SNOG FILES

Alan, 17, gives us his lowdown on lip-locking

Number of girls snogged
"Between ten and 15."

Worst kiss ever

"I was at a party and this really mingy girl kinda forced herself on me. We snogged for a bit, but it was awful."



Best kiss ever

"Any kiss with my girlfriend is good because I really fancy her and feel comfortable with her."

Desired snog object

"Beyoncé Knowles."

Snog tips

"The main thing is to enjoy it."

boy next door

HE SORTS YOUR DATING DILEMMAS...

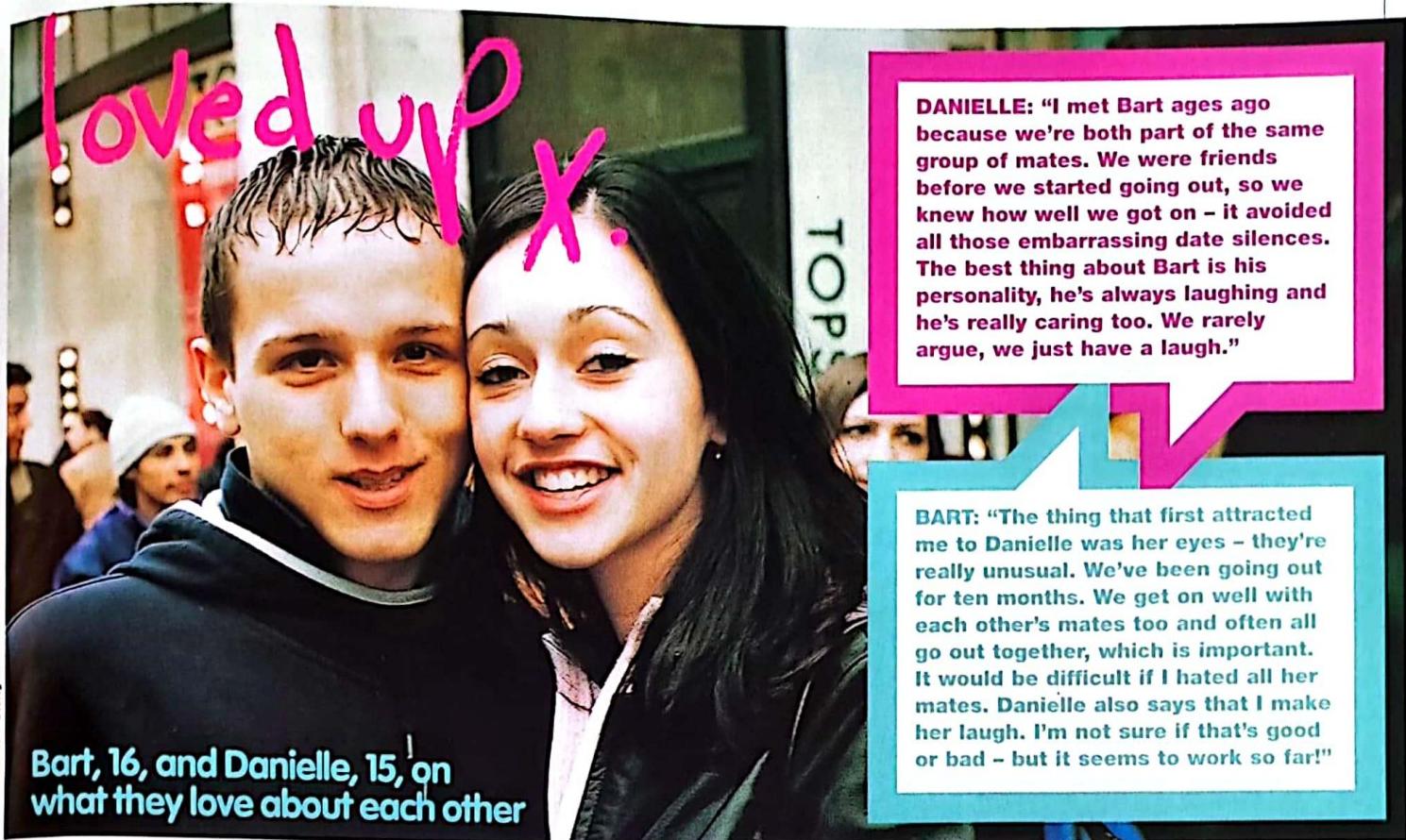
Dear BND, My boyfriend recently turned vegetarian and now hates it if I snog him after I've eaten meat. I like him but I don't want to turn veggie just cos he is. What should I do? **Laura (15), Newport**

There isn't a girl in the world who could make me give up bacon sandwiches. Well, maybe Heather Graham. I reckon you've got three options here: 1) Always carry mints or a toothbrush for those pre-passion moments 2) Don't snog him. Or 3) Convince him to stop being a vegetarian. It's easier than it sounds – once you've taught him that pepperoni on pizza doesn't really count it's a downhill slope back to rare steak.

Got a dating dilemma? E-mail our very own lad down the road at: boynextdoor@emap.com.

LAD FACT

It's true, boys do have sex on the brain. They think about it four times more often than us girls.



Words Sarah Penny

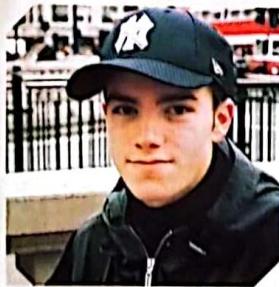
Bart, 16, and Danielle, 15, on what they love about each other

DANIELLE: "I met Bart ages ago because we're both part of the same group of mates. We were friends before we started going out, so we knew how well we got on – it avoided all those embarrassing date silences. The best thing about Bart is his personality, he's always laughing and he's really caring too. We rarely argue, we just have a laugh."

BART: "The thing that first attracted me to Danielle was her eyes – they're really unusual. We've been going out for ten months. We get on well with each other's mates too and often all go out together, which is important. It would be difficult if I hated all her mates. Danielle also says that I make her laugh. I'm not sure if that's good or bad – but it seems to work so far!"

Boy swotting

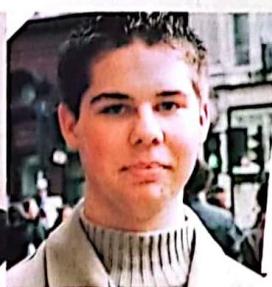
Give us your best chat-up line...



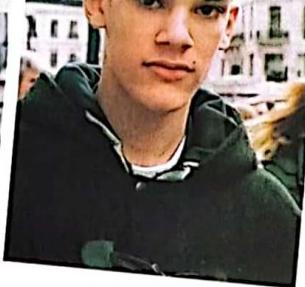
"Get your jacket, you've pulled.' That one's actually worked for me!"
Greg (16)



"Do you want to see where I hide my pet fish?"
Robert (15)



"Did it hurt when you fell down from heaven? Bit cheesy I know, but worth a try."
Ross (15)



"You're buff. Do you wanna hook up? Get straight to the point, I say!"
Tony (15)

"We drink pints, play pool and take the mick out of each other. It's not a pulling tour."

Jeremy Edwards keeps lads' nights for the boys. Shame!



"Drop your digits.' I don't really get it either but it's good to be a bit weird."
Jamie (16)



"Has anyone ever told you that you have a nice smile? It's good to be sweet sometimes."
Lee (16)



"You'll need a lot of energy to keep up with me, girl!"
Somer Hakki (18)



"Can I buy you a drink? Simple, but effective."
Nick (18)



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TONE of the WEEK:

Unchained Melody - GARETH GATES

(Order No. 20403)

See below for more 'POP IDOL' logos & ringtones.

PICTURE MESSAGES / SCREEN SAVERS



OPERATOR LOGOS / GROUP GRAPHICS



RINGTONES

POP IDOL - THE FINAL

20403 Unchained melody Gareth Gates

10519 Evergreen Will Young

20402 Light my fire Will Young

10518 Anything is possible Will Young

UK TOP CHART HITS

10962 I'm not a girl, not yet a woman Britney Spears

10888 Whenever, wherever Shakira

10950 One day in your life Anastacia

10905 World of our own Westlife

20403 Unchained melody Gareth Gates

10519 Evergreen Will Young

10429 Ain't it funny Jennifer Lopez

10985 I will always love you Rick Waller

10982 Nasty girl Destiny's Child

10896 Oi More Fire Crew

10587 Close cover Nickelback

10588 If I could Minimalistix

10956 In your eyes Hundred Reasons

10638 Hero Kylie Minogue

10856 Get the party started Enrique Iglesias

10639 Something Pink

10721 How you remind me Lasgo

10904 The world's greatest Nickelback

10989 Silent in the dark R. Kelly

10590 Been there done that Electric Soft Parade

10951 Shot shot Smoke 2 Seven

10932 Sugar for the soul Gomez

10933 Get off Steve Balsamo

10934 Pulsar Dandy Warhols

10596 It's gonna be... Mauri Picotto

10914 Caramel Brancaccio and Aisher

10830 Break ya neck City High

10955 Lessons learned from Rocky... Busta Rhymes

10774 Sexual guarantee Alcazar

10505 In your eyes Sylvie

10905 I wanna be loved The Kelly Family

10957 8 with me Mis-Teeq

10960 Thrill me

10538 You

10567 Love fooolosophy

10566 Shoulda woulda coulda

10571 Run

10940 What about us

10541 A mind of its own

10867 Hey baby

10844 Addicted to bass

10539 Different point of view

10568 Time after time

10570 Lovely

10573 Broth Part 2

10569 Fell in love with a girl

10572 Tomorrow comes today

10516 Do you

10542 To get down

10528 Control

10543 But I do love you

10527 Stay together for the kids

10515 Roll out

10875 Caught in the middle

10855 Overprotected

10798 Murder on the dancefloor

10677 More than a woman

10509 Crazy rap

10799 Handbags and gladrags

10716 What if?

Junior Jack

S Club 7

10534 Mambo No.5

10203 Angels

20182 She's the one

10433 Road to Mandalay

20392 Let me entertain you

10416 Eternity

20216 Let love be your energy

20217 Rock DJ

20218 Kids

10811 Somethin' stupid

10292 Pure and simple

10781 Everybody

10386 The way to your love

10447 Eternal Flame

10183 Whole again

10772 You are

10637 I'm a slave for you

10174 Don't let me be the last to know

10009 Stronger

10230 Uptown girl

10481 When you're looking like that

20261 Not that kind

10717 Paid my dues

10674 I'm real

10752 Dance and shout / hope

10576 Luv me, luv me

20245 I feel good

20383 Song of hope and glory

20307 Rule, Britannia!

20308 You'll never walk alone

20397 Ode, Ode, Ode

20354 Match of the Day theme

20399 King Soccer Match

20398 Samba de Janeiro

20388 Three Lions '96

20395 Mac que nada (Niké ad)

20393 Carneval de Paris

Bob the Builder

Robbie Williams

FUN TUNES

20283 Humpty Dumpty

20284 Pop goes the weasel

20287 The grand old duke of York

20288 London Bridge is falling down

20289 Tom Tom the piper's son

20290 My bonnie lies over the ocean

20291 Twinkle, twinkle little star

20292 Never smile at a crocodile

20293 Old MacDonald had a farm

20294 The animals went in two by two

20295 Lord of the Rings

May it be (Enya)

20310 Eastenders

TV theme

20312 Brookside

TV theme

20401 Pop Idol

TV theme

20404 Who wants to be a millionaire

TV theme

20316 Neighbours

TV theme

20317 Home and Away

TV theme

20322 Friends

TV theme

20318 A country practice

TV theme

20303 Postman Pat

TV theme

20301 Tweenies

TV theme

20300 Rugrats

TV theme

10063 Star Trek

TV theme

20256 Bob the Builder

TV theme

20236 Terminator

Movie theme

20277 Gladiator

Movie theme

20330 Independence Day

Movie theme

10042 South Park

Movie theme

20328 Braveheart

Movie theme

20354 Aladdin

Movie theme

20329 Casablanca

Movie theme

10067 Beverly Hills Cop

Movie theme

20316 Flintstones

Movie theme

20324 Beverly Hills 90210

TV theme

20299 Fireman Sam

TV theme

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5 x group graphics: Nokia 6110, 6130, 6150, 6210, 6250, 6310, 7110, 8210, 8250, 8310, 8850.

Screen savers: Nokia 3210, 3330, 8250. 1 x ringtone: Nokia 3210, 6090, 6110, 6130, 6150, 8110, 8810. 5 x ringtones: Nokia 3310, 3330, 6210, 6250, 6310, 7110, 8210, 8250, 8310, 8850, 9000, 9110.

(1) Ringtones for all other manufacturers: Ringtones for mobiles with built-in ringtone composer only. See your phone's manual for instructions.

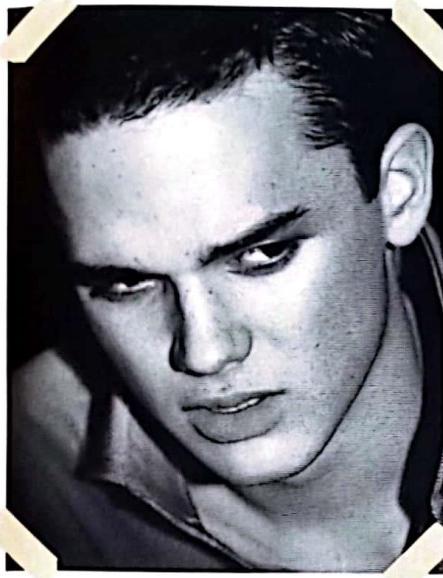
* WAP: View and download logos, picture messages and ringtones with all WAP enabled, compatible Nokia handsets. Animated screen savers for Nokia 3330 only.

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BY POPULAR REQUEST

This month's votes are in!
So clear your walls and
stock up on Blu-Tack



gareth gates

Age 17.

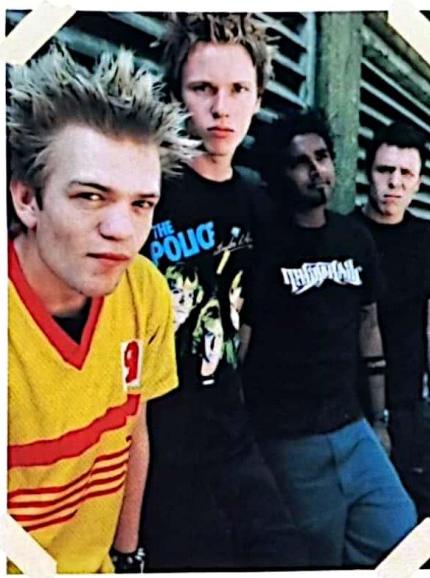
Why him? To win or not to win, it didn't matter. He made 2-2-1 hair, wide-eyed innocence and a stutter sexy.

Likes his mum – but watch out, she's the protective type. During *Pop Idol* they spoke every day on the phone and, so the story goes, Mum only let the girls she approved of near him.

No wonder he's never had a girlfriend. "I want to keep my options open!" was the announcement he teased us all with recently.

When he was 12 he sang for the Queen and (get this!) dreamt about being a poster on teenage girls' walls.

Requested by: Holly, Carla, Lisa, Fern, Ellis and Kat



Sum 41

Age Steve is 20, the others are 21.

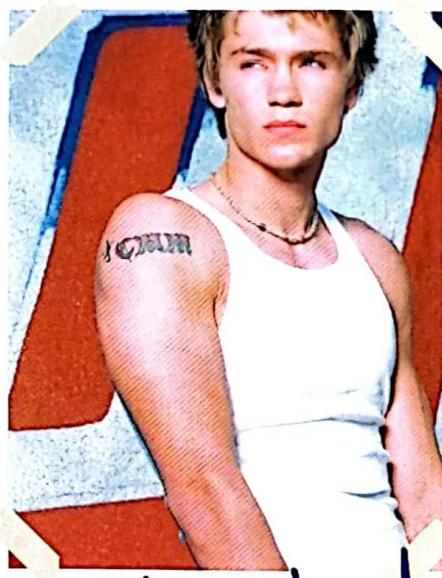
Why them? Canada's riffed-out, moshed-up export – Deryck (Bizzy D), Jay (Cone), Dave (Brown Sound) and Steve (Stevo 32) – have sold 600,000 copies of their first album *All Killer No Filler* in the UK (outselling Blink 182). And they haven't had a sense of humour bypass.

Now they're rock stars "I'll fire somebody or demand a certain type of carpet, you know. Outrageous demands is my favourite game to play. But they know I'm full of s**t, I'm the drummer!" says Steve.

Don't take this personally but "A lot of our groupies are really young, like 16. They're kinda giddy and immature. I like the older ones – they're real people instead of like, screaming little girls," says Deryck. Hmm, better get out that fake ID.

Next Recording their second full album in the summer and making a surprise festival appearance this side of the world.

Requested by: Jules, Shel, Petra, Olly and Jamie



chad michael murray

Age 21.

Why him? New boy on *Dawson's* who plays Jen's cheating boyfriend. Oh, why did he have to be a heartbreaker?

He used to be obsessed by American football and played throughout high school. A whack in the stomach at 15 landed him in hospital and it was a nurse who told him he should be a model.

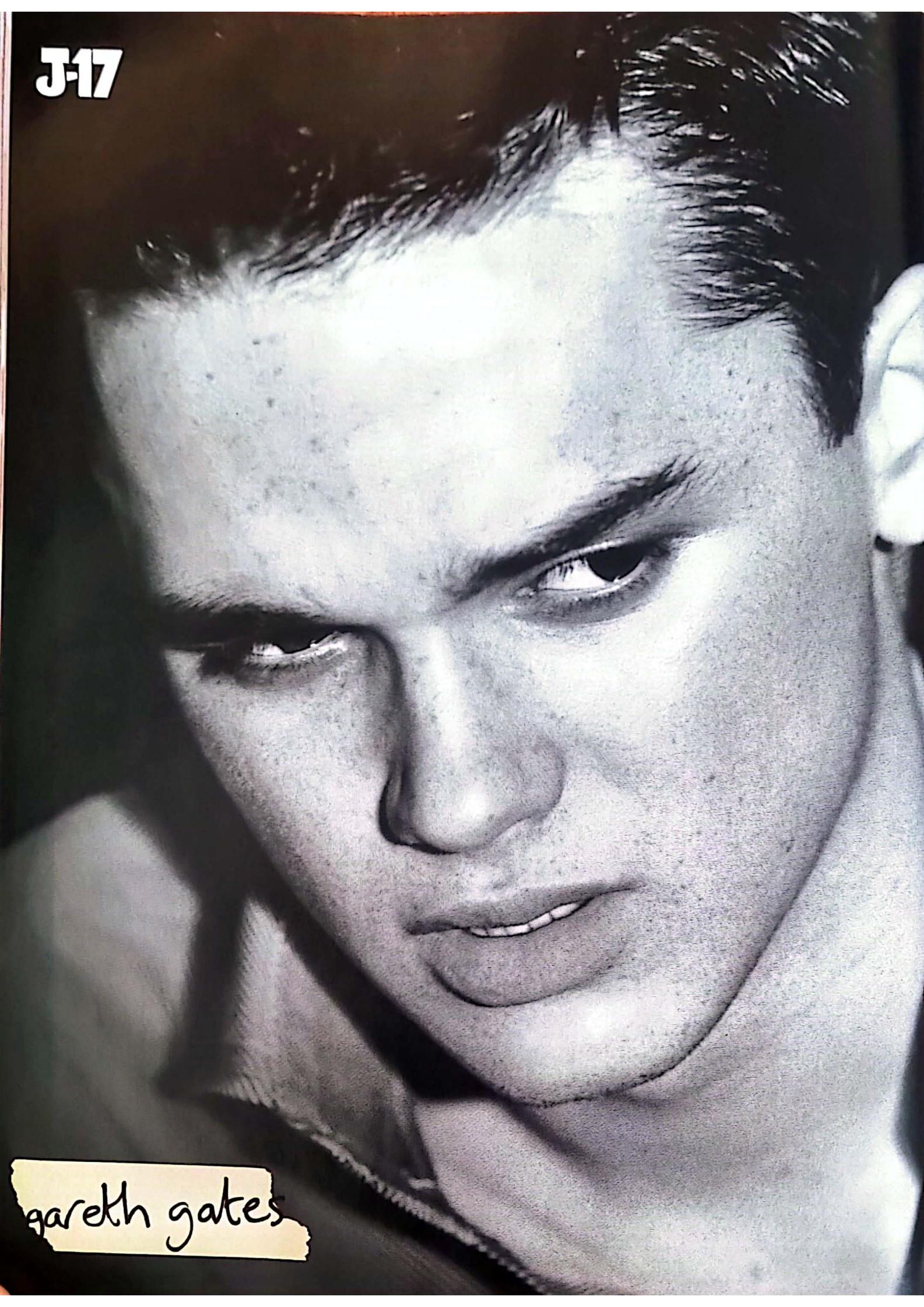
Is never without the necklace he always wears in photos (it was a gift from a mystery girl).

Says "My friends call me every week and tell me, 'You're naked again on *Dawson's Creek!*'." And he says that like it's a bad thing. It's not!

Requested by: Kit, Lou, Claire, Molly, Sarra

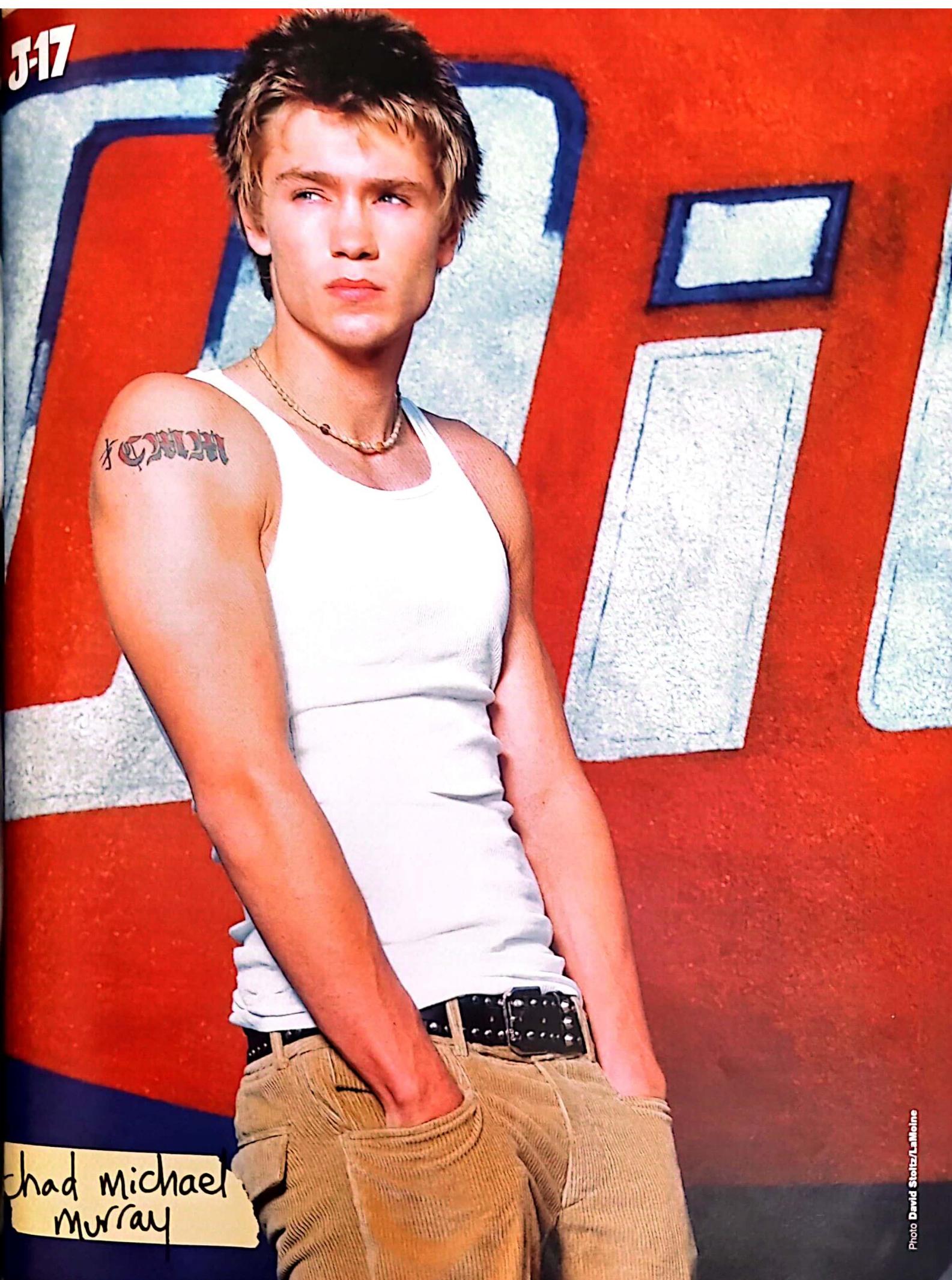
Text a boy
Text us now on 0777 000 7386
to tell us which pin-ups make
you come over all unnecessary.

J-17



gareth gates

J-17



chad michael
murray

Sum 41



www.stabilo.co.uk



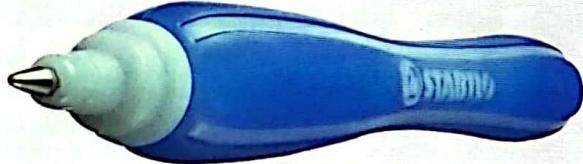
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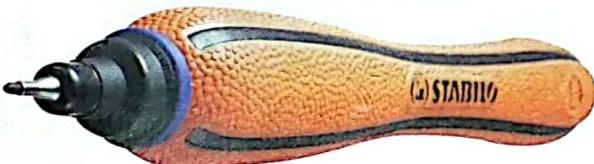
Romy Nelson, 22



STABILO 's move - rollerball



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diary of a crush

Drinking's bad for Grace's health.
And her emotional well-being...

The story so far

I'm bandless,
Jack-less and
hopeless. Oh
yeah and
grounded until
I'm 30...

Who's who

- >GRACE, 16
Confused and writing a diary
- >JACK, 17
Grace's crush
- >POPPY, 19
Grace's big sis
- >ATSUKO & DARBY
Fellow band members
- >EDIE, 20
Grace's friend and mentor
- >DYLAN, 22
Edie's boyfriend

13 April

It's been nearly a month and I'm still grounded. I can't believe that mum's been so unforgiving. I mean, OK, drinking, puking and kissing strange boys are not valid lifestyle choices but it's obviously just a phase I'm going through. Why can't she just let me go through it with minimum interference? It's all college and study and more study and the odd meal break.

Weirdly for the original 'French-'em-and-forget-'em' girl, Darby and Jack are still together. I know they're just doing it to spite me. I mean, what can she possibly see in him?

18 April

Still grounded but aceing all my pre-S-level mock tests. It comes to something when making a revision schedule becomes the highlight of my week.

26 April

Mum's relented and I'm so not grounded! Going out with Marianne tomorrow but had to tell her that I wasn't in the band anymore. I was very vague about the reasons for my sacking and I just know that she thinks I did something really heinous to get thrown out. Not sure if that's good or bad.

28 April

Note to self: they call them alcopops because they have alcohol in them. I managed to lose several hours of my life last night. Marianne and I went to this club in Stockport cos I couldn't bear to go out in Manchester where I'd have to watch Darby and Jack tonguing each other's tonsils. And I had too much to drink and then we went to this house



"I got off with a boy in a Hanson T-shirt... someone just kill me now. Please"

party and when I woke up this morning I was drooling on this boy's shoulder and I'd lost one of my shoes. Not quite sure what happened in between but I had a hell of a time explaining the missing footwear to Mum.

4 May

College is so blah and seeing Jack makes me really angry. Because... because he's seeing Darby and not me and she was the one who encouraged me to kiss loads of boys which made him so angry that he went off me and onto her.

5 May

I think someone emptied a chemical toilet into my mouth last night. There can't be any other explanation for the weird taste in my mouth and the way my throat feels like it's been stripped. I went out with Poppy and Jesse, which

is never fun cos they like this two-headed sarcasm demon. The other guys from Jess' band turned up and of them, Toph, was refine. So do I stay and chat to him? No. I go and pull some random boy who I bump into at the bar after one dr too many. Because, hey, that's a great tactic when you've just been introduced to someone that you actively fancy isn't Jack. So, I got off a boy wearing a Hanson T-shirt, while my sister her boyfriend and his mates were forced to sit there and watch.

Then Hanson boy sat in the chair because he'd had too much to drink too and pulled me with him, so Toph (I'm wincing as I say this) picked me off Hanson boy and said to Poppy, "I think you need to take her home." Poppy didn't want to leave so she a

Toph to put me in a cab. I think I may have tried to kiss him because I have a distinct memory of him holding me at arms length while trying to persuade the driver that I wouldn't be sick over his upholstery. Someone just kill me now. Please.

9 May

Got this text message from Poppy sis. Stp drnkng & suckng face wiv strangers. Not big or clever and u sh me up!" She's such a drama queen

10 May

That's it. No drinking ever again because it's bad and wrong and I saw Toph in town and he crossed over the road as soon as he clapped eyes on me. Like I even wanted to talk to h

to be continued





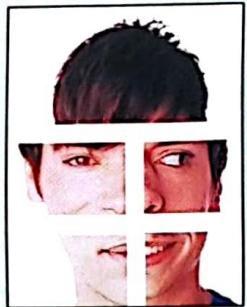


Getting started



As you browse the wide selection of Boy™ types currently on offer, there are three questions to ask yourself:

- What particular type of Boy™ would best fit my needs?
- What do I want from my Boy™?
- Am I prepared to handle the Boy™ in a way which will achieve maximum results from both myself and the product?



Types on offer

There are many different models of Boy™ available on the market at the moment. When looking for a product tailored to your individual requirements, bear in mind that certain types are more likely to be found in specialist locations.

For example: skate girls may encounter the baggy-trousered, tousled-haired make of Boy™ perfecting his moves on the steps of public buildings (town hall, local library) after school or in shopping centre car parks on Sunday mornings. But those looking for a more sensitive model might browse art galleries, theatre foyers or the poetry section in Waterstone's.

If you're not particularly fussy about the type, potential users can find a suitable model hanging around amusement arcades, parks, under-18s discos, cinema multiplexes on Friday nights, bus stops after school and, of course, in McDonald's.



Don't forget, some of the most desirable models of Boy™ can be found in the least expected places, so keep your eyes peeled for suitable units at all times!

BOYS™ a user's manual

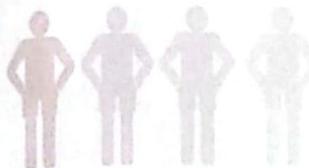
Thinking about getting hold of a new Boy™? Or already have a model and experiencing technical hitches? Don't stress, J17's how-to manual can help you get the best from your product...

THE BOY™:

■ What you're buying into

The Boy™ is an advanced mechanism that can prove difficult for potential girlfriends (or users) to handle. To put it simply, Boys™ are confusing. Because of the complexity of most models of Boy™, particularly in the adolescent period, even an advanced student of Boyology may experience unsatisfactory results with her product. This manual will help you diagnose or work through potential obstructions to the smooth running of the Boy™ unit, such as the mystery of Boys™ PlayStation obsession, or tendency to communicate with their owner via the medium of grunts. We advise you to read it thoroughly before getting your hands on the Boy™ apparatus.





■ Before you decide

Once you've spotted a potential Boy™ and are preparing to become a Boy™ user, run through this quick check list to confirm suitability:

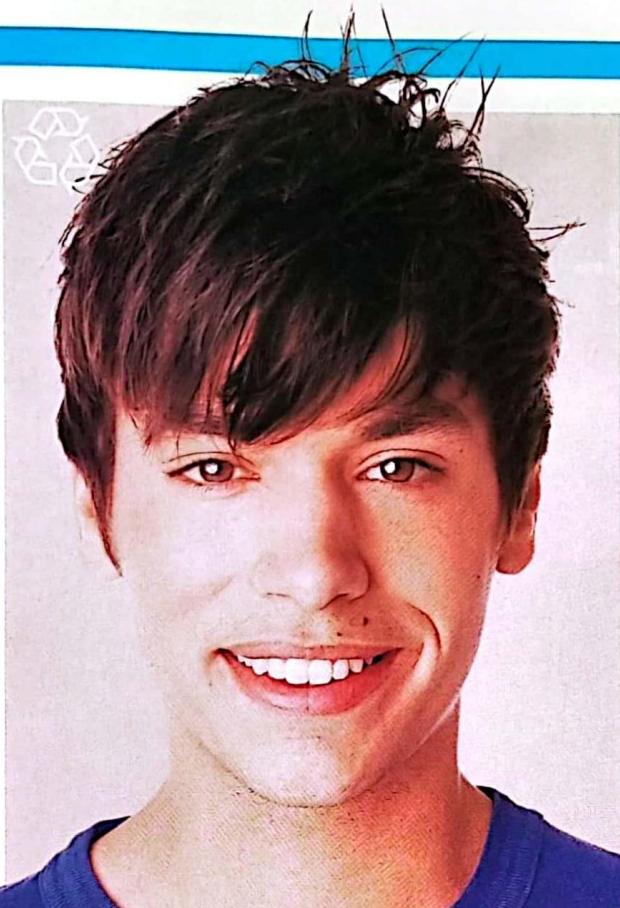
- Is this particular model definitely available? If another user has not yet finished with the Boy™, ownership disputes could ensue. If you attempt to take ownership of a Boy™ unit from under the nose of another Boy™ user we cannot be held responsible for any damage inflicted on you as a result. Perhaps another model may be better suited to your specific requirements.
- How many other girls have used this particular Boy™? Too many may indicate a toxic unit (see below) or malfunctioning product. Too few (or none at all) may require a more sensitive approach on the part of the user.

i Used Boys™



If you are considering a second-hand product, don't be afraid to ask previous users for advice and additional information which could help in the maintenance of the particular Boy™ unit:

- Does he run better on McDonald's or Burger King?
- Does he suffer from wandering hands syndrome?
- Do his eyes have a tendency to malfunction and linger over other Boy™ users even when you're there?
- Are there any obvious signs of damage or excessive wear and tear? Anything from cuts and bruises, to possession of a school report card, may signal a malfunctioning model.



Trade-in
If you are not satisfied with your unit you can get rid of him at any point and swap him for a more suitable model.

X Don't bother shelling out for poor quality second-hand Boy™ units. Or, if you have to, proceed cautiously.

THE COMPONENTS:

■ Basic Boy™ mechanics

Knowing how your Boy™ is put together will help you discover what makes him run smoothly.

■ The head

Whatever type of Boy™, the inside of his head resembles the set of an action movie – with the Boy™ starring as the hero. Actions which threaten the model's status as the hero – eg fit Girl ignoring his advances – will be avoided at all costs. He won't do anything if he's gonna be laughed at.

■ The hands

When Boy™ hands are not occupied, malfunctions may occur. Common hand attachments include console game controls, willies (their own – see below), or guitars.



X WARNING!

Boy™ hands may try to handle Girl body parts. A sharp refusal should rectify this malfunction. Refusal may need to be repeated.

■ The heart

At this point in time there is very little evidence to support the idea that the heart plays any significant part in Boy™ actions. Research shows that the stomach and willy (see below) are the governing Boy™ components.

■ The stomach

Requires constant attention in the form of chips, meat products and Coca-Cola. Salad or any food stuff containing vitamin C will be immediately rejected.

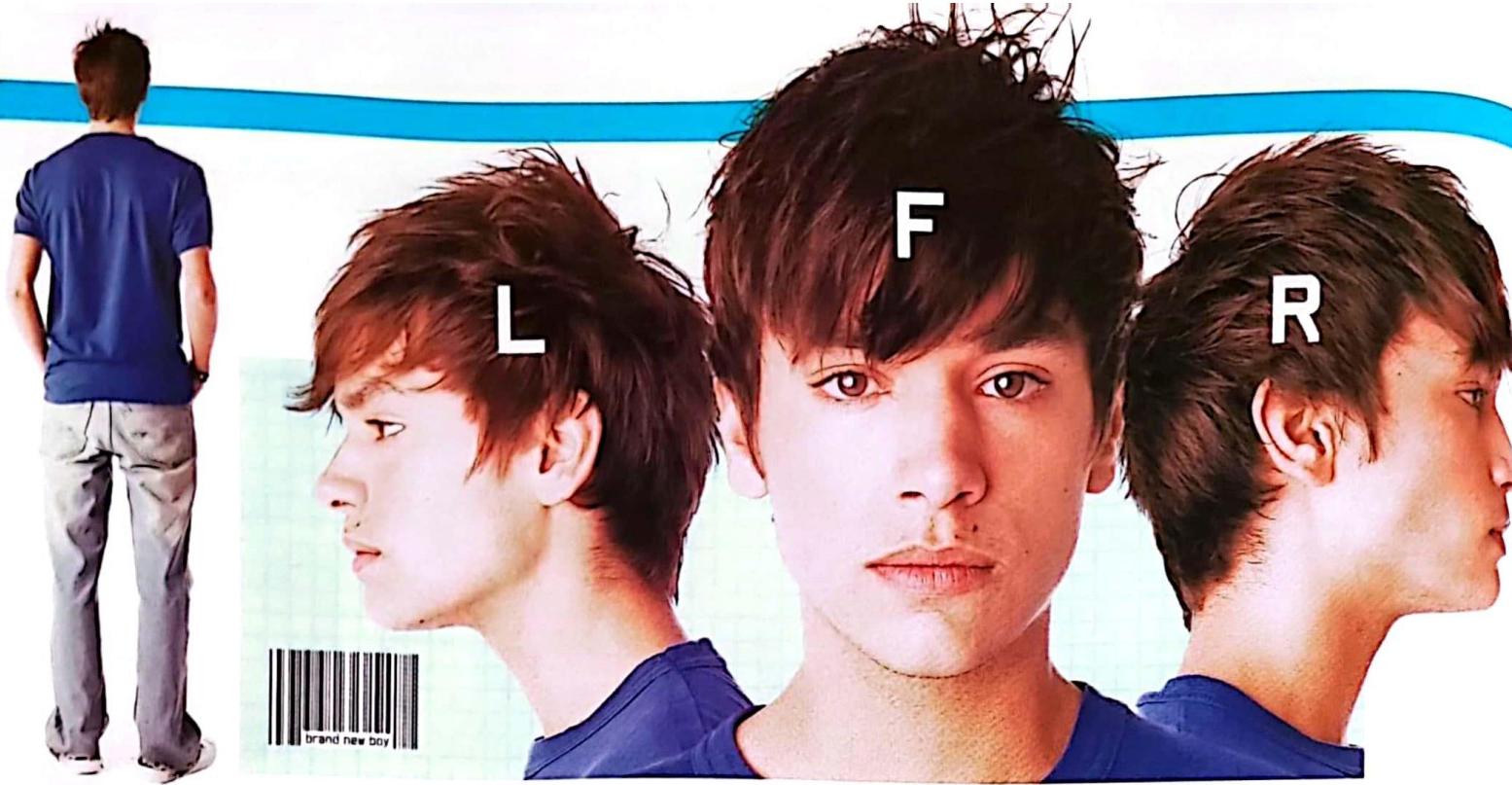
■ The willy

An object of no small fascination to the Boy™. Often used instead of the brain. In some instances, the model will insist this component requires immediate assistance from the user. A common misconception – the component will not self-destruct if ignored.

■ The legs and feet

These parts are flexible and supple, artistic even, when required to carry out football or skateboarding moves. However – unless your model is particularly evolved – the same components will be unable to function on a dance floor.





MAINTENANCE:

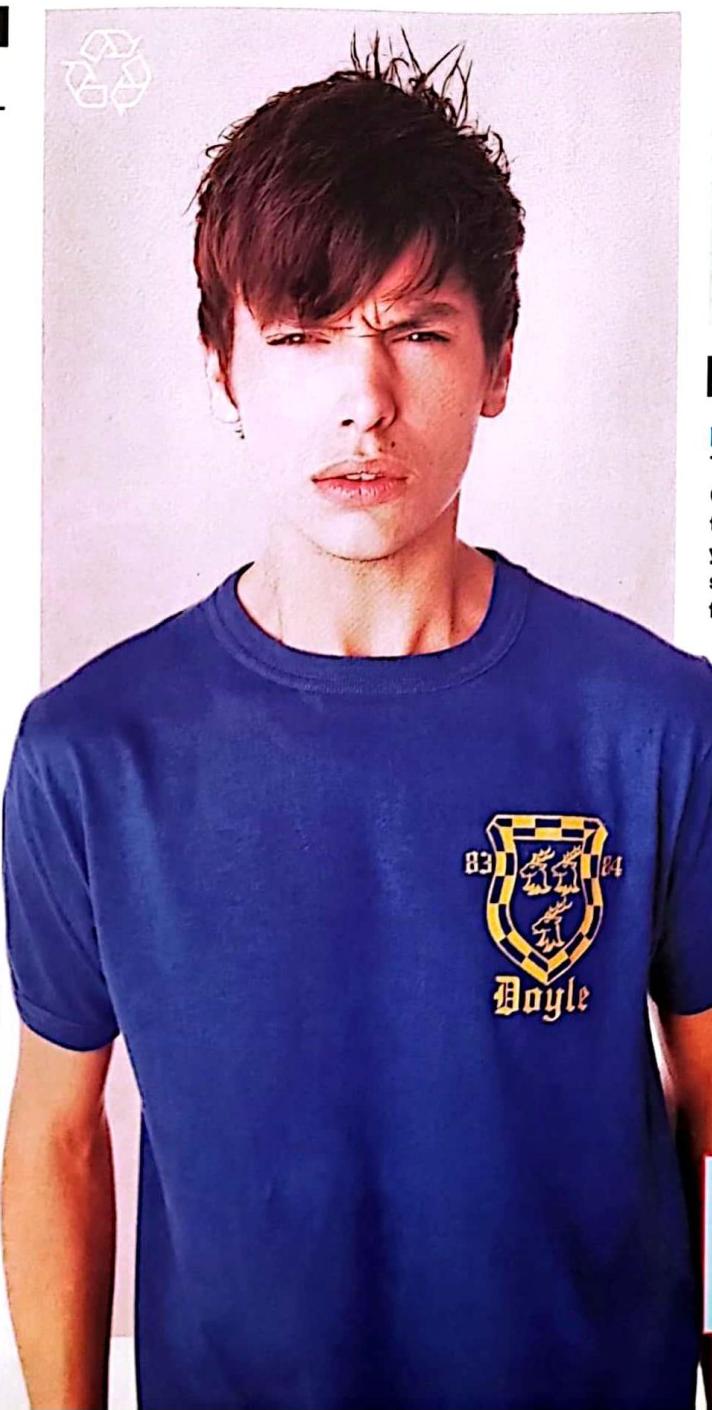
■ Troubleshooting guide

To keep your Boy™ in tip-top condition the user should adhere to the following dos and don'ts:

- **Do** let him go out with his mates.
- **Do** marvel at how he bends the football like Beckham.
- **Do** agree that there's nothing wrong with all his clothes being navy blue.
- **Do** ignore him as much as possible to keep him interested.
- **Do** learn to love the PlayStation.
- **Do** realise that many Boy™ types are only after one thing.

- **Don't** call/text him when he's with any of his mates.
- **Don't** ask him to go shopping, unless going to a CD/footie/PlayStation megastore.
- **Don't** giggle. It makes him paranoid and spontaneously malfunction.
- **Don't** 'hassle' him.*
- **Don't** stand on the lines to try and talk to him while he's playing footie with his mates at lunchtime.
- **Don't** confuse a snog with a full-blown relationship.

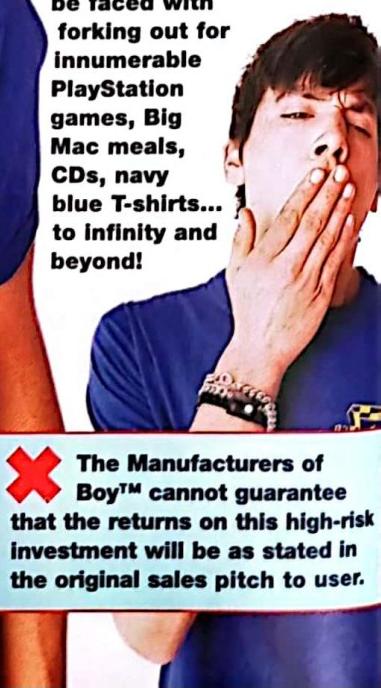
* Hassling: Boy™ interpretation of an almost unfathomable array of actions on the part of user. It is impossible to predict what the model may perceive as 'hassle', as it can range from actions such as phoning at the wrong time, to expressing dismay when Boy™ has failed to wish you happy birthday, never mind bought a card or present.



RECOMMENDED RETAIL PRICE

■ Maintenance costs

Costs of Boy™ products vary though the range, depending on your requirements. If you are simply looking for a snog, you will find most models are cheap and compliant. If you're after a loving relationship, costs will rise meteorically and users will be faced with forking out for innumerable PlayStation games, Big Mac meals, CDs, navy blue T-shirts... to infinity and beyond!





i Boy™ burnout

If constant attention results in Boy™ burnout and overheated arguments, leave Boy™ unit to cool. No texting or meetings should take place for 24 hours.

X **WARNING!**
May contain traces of nuts.
Contents may rise during transport.

FAKE BOY™ ALERT!

■ The warning signs

Many models are unstable. Avoid malfunction by using this simple check list. Does Boy™:

Overheat when you're not in the mood for a snog?

Quickly press cancel when other girls' names pop up on his mobile phone attachment (optional extra)?

Insist that you don't wear certain items of clothing?

Start to shut down when you mention meeting your parents?

Cause you to constantly apologise for *his* malfunctions?

Have mate attachments that produce an annoying sniggering noise whenever you see them?

Frequently cancel dates with you at the last minute?

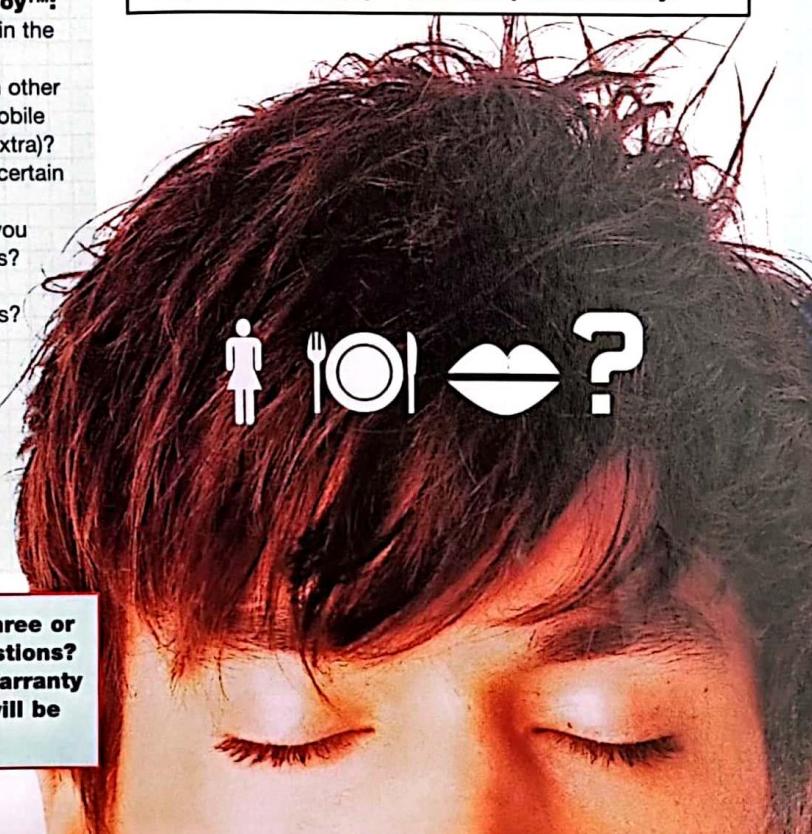
Call you by your best friend's name?

X Answered yes to three or more of these questions? Proceed with caution. Warranty that Boy™'s behaviour will be satisfactory is void.



PRODUCT RECALL

The manufacturers of Boy™ have become aware of a fault in certain models. If your Boy™ displays signs of toxicity, please return him to your nearest Boy™ dealership immediately.



■ On-line help

Websites which will give you additional information about how your Boy™ is likely to function include:
www.fhm.com
www.britneyspears.com
www.playstation.com

Are you intense, godamit!?

Do you have scenes or three-act plays? Only our quiz has the answers...

1 A friend asks you if her outfit suits her. Do you:

- a) Grunt an affirmative reply.
- b) Suggest that she should be a little more practical. Waterproofs are essential, aren't they?
- c) Grip her hand and look into her eyes as you say, "You look great, but y'know, you have to feel great to look great."
- d) Snort, "Yeah, if I had a blindfold on", and wonder why she looks all hurt.

2 You break your curfew and your parents ground you for a week. Do you:

- a) Scream, "I hate you!", lock yourself in your room and refuse to eat or speak till they treat you like a mature adult.
- b) Sulk, then resign yourself to a week of boredom.
- c) Tell them if they ground you they'd better ground your sister, who crept in two hours late last night, too.
- d) Camp out in the garden for a week, avoiding your exasperated parents.

3 What kind of film would you rather see?

- a) A gory horror flick where lots of stupid people get killed. Serves 'em right!
- b) *Carry On Camping*
- c) Anything with tortured, miserable relationships – preferably foreign, arty, and in black and white.
- d) It changes all the time, but anything with your fave actor in it pops your corn.

4 A vital piece of coursework is looming. Do you:

- a) Plan to start it as soon as possible but end up leaving it to the very last minute as per usual.



- b) Steal your friend's essay and copy it. Like anyone will notice!
- c) Retreat to a place where there's peace, quiet and space to think.
- d) Hit the library at least a month in advance, take out every reference book you can find and quote as many experts as you can in your essay.

5 When writing a fan letter to your fave rock god, do you:

- a) Scribe him a letter in your own blood, telling him you would sell your little brother to meet him, and include a computer-manipulated photo of you and him in a romantic clinch.
- b) Send him a letter explaining that his girlfriend is a minger and that he'd be much happier with you.
- c) Drop a note to his fan club, asking for an autograph and details of the next tour.
- d) Hike to his house and deliver your polite letter by hand. It's nice to get out in the fresh air after all.

6 What technique do you use to pull the lads?

- a) The usual eye-contact thing. Once

8-14 points

Insensitive sister

Whoah, toxic friend alert! Ever wonder why people look terrified when you enter the room? You may not be intense, but you are intensely horrible. There's nothing wrong with being sassy and straight-talking, but you might want to take people's feelings into account just sometimes.

15-20 points

Insight-y sister

You've got that happy-medium thing going on. You can get passionate about stuff you really care about, but you wouldn't die for your cause. Not literally. You're always there for your friends, but you're not always there with your friends. Well done, you well-balanced person, you!

21-27 points

Intense sister

Uh oh, isn't it time you took a step back from things? Oh no, you can't, you've chained yourself to the railings! It's cool that you care so much about things, but doesn't it all get a bit too much? Take our advice and chew on a chill pill from time to time. Your mates will thank you for it.

28-32 points

In tents sister

You are one majorly intense girl. About camping, that is. You've got more camp in you than Graham Norton and Julia Clary put together. If it involves tarpaulin, soggy sleeping bags and eating cold beans from a tin, you're there with bells on. See you at Glastonbury!

you feel confident enough you go and chat to him about the first thing that comes into your head.
b) Slink up to him, smile seductively and move in for the kill. Why waste valuable pulling time getting to know him?
c) Your eyes meet over a campfire. You move round and join in his rendition of *10 Green Bottles*.
d) Stare at him intensely for an hour, then walk up to him and whisper "Do you believe true love never dies?"

7 The boy you've been seeing for a couple of weeks has stopped returning your calls. What have you done to freak him out?

- a) No idea. OK, you text messaged him a bit. Well, 100 times in one evening, but you were just being affectionate.
- b) You dimly recall laughing in his face when he tried to give you a rose.
- c) Nothing. Hopefully he's just run out of money to buy a top-up voucher for his phone. Give it another 24 hours though and you'll be panicking.
- d) You did refuse to share your Porta with him when you went camping. We, you barely knew the guy!

8 You find your fave CD in your little bro's room – scratched. How do you react?

- a) Tell him to ask before borrowing next time – or else!
- b) Scream, cry, tear your hair out and accuse your folks of loving him more than you – he wouldn't get away with it otherwise would he?
- c) Take great pleasure in scratching all his CDs, one at a time. Hah!
- d) Lock him in your tent, refusing to let him out till he apologises and promises to buy you a new CD.

Add up your points to find out how intense you truly are...

1	a=2	b=4	c=3	d=1
2	a=3	b=2	c=1	d=4
3	a=1	b=4	c=3	d=2
4	a=2	b=1	c=4	d=3
5	a=3	b=1	c=2	d=4
6	a=2	b=1	c=4	d=3
7	a=3	b=1	c=2	d=4
8	a=2	b=3	c=1	d=4

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Will Young/Anything is possible	61559	Blue / Fly By	61550
So Solid Crew/ Ride Wit Us	61560	Enrique Inglesias / Hero	61497
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Beverly Knight / Shouda woulda	61523	Afroman / Because I got high	61223
Christina Milian / AM to PM	61271	Britney / Overprotected	61464
Brandy / What about us	61490	Britney / I'm a Slave	61225
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Pink / Get the party started	61488
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Will Young/Anything is possible	61559
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Calls to 09067 numbers are charged at £1.00 min, should cost no more than £3.00. However, calls from mobiles may be charged at a higher rate, depending on your operator. Calls from Ireland are charged at IR£1.50. Calls on the helpline/creditcard line are charged at the national call rate. Callers must be at least 16 years old & have the bill payers permission. Please ensure your NOKIA is a compatible model. Items are sent by SMS & should take no longer than 15 mins to arrive. Mobatel may use data to make offers to you, if you do not want to be included please contact us: Mobatel Ltd, PO Box 22783, London, N22 8ZH.



Camden Town is always really busy, but today, a Saturday and market day, the north London streets are heaving with locals, tourists, nu-metal kids, goths and hippies.

It's a tough job spotting Gemma, Maggie, Lydia and their boy mates Piers, 16, Manny, 18, Kris, 17, Preston, 18, Dan, 18, Anthony, 17 and Gregg, 18, outside the busy tube station. They are all straight edgers, a movement that sprang from the 80s US hardcore music scene. Straight edgers don't drink, take drugs, smoke or have promiscuous sex.

Where we hang

Whisking J17 round their usual haunts, they explain why they spend their weekends in Camden. "We come here

to shop," says Maggie, the gang's only nu-metaller. "The market and alternative shops like Metalhead are great for picking up cool clothes." Good job really, as there aren't many chain stores here. "I've got nothing against shopping in places like Topshop and H&M," admits Gemma, who's been straight edge for a year. "I just don't like people that buy an image."

Who we date

"A girl doesn't have to be straight edge for me to like her," says Manny. "But I'd prefer to go out with someone who didn't drink or do drugs."

Lydia agrees: "I fancy Kris but not because he's straight edge. It's a bonus. If I was going out with him, at least I wouldn't have to worry about him getting drunk and pulling other girls."

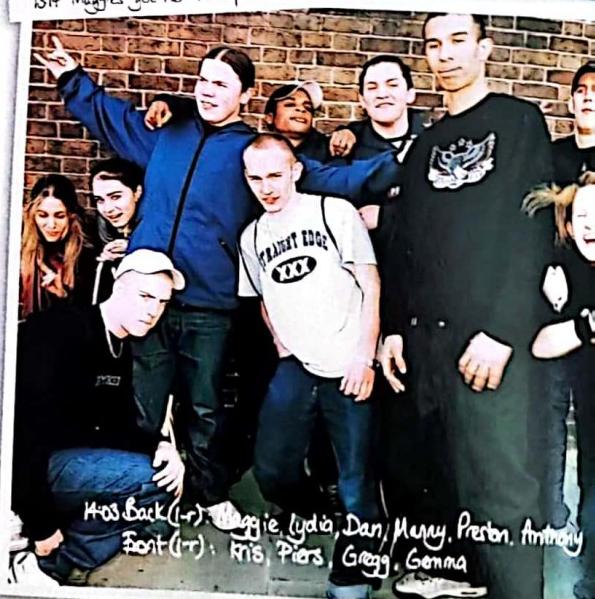
After an afternoon of trying on hoodies, rifling through record shops and wandering around Camden's market, it's off to the Underworld to watch hardcore rock bands



134 Maggie's got her rock pose licked



133 Clean, serene, kick-happy



"If I saw a guy I liked smoking or doing something stupid when he was drunk, I'd probably go off him a bit," says Maggie. "But as long as he respected my lifestyle choice, then I'd respect his, even if it was different."

What we believe in

"My parents don't believe I'm straight edge because I'm so young," admits Lydia. "I don't label myself cos it's a big commitment and if you break it people cuss you for being a sell-out. I call myself 'poison-free'."

Piers admits it's harder for teenagers to be taken seriously: "Some older straight edgers won't accept that we're committed. They

"People ask how I have fun! I have fun with my friends and don't need drink or drugs to have a good time"

think we're too young to have experienced things. It's getting even harder now the media is showing an interest in the scene and people are becoming straight edge as a fashion statement."

"People think I'm weird and boring just cos I don't drink or do drugs!" continues Lydia.

"I know what you mean," says Maggie. "People ask me what I do all weekend, like I just sit in my bedroom. They ask how I have fun! I have fun with my friends and don't need drink or drugs to have a good time."

What we're into

After an afternoon of trying on hoodies, rifling through record shops and wandering around Camden's famous market, it's off to the Underworld, a gig venue where Gemma, Maggie and Lydia go to watch hardcore rock bands and hook up with their straight edge mates.

"Most people into the scene like hardcore music, and this is one of only a few places in London where those bands play," reckons Gemma. She's talking about bands like Ensign, Incoherence and Cry For Silence, underground bands that won't be troubling the charts any time soon. Although three members of Top 20 faves Lost Prophets (Ian, Mike Lewis and Lee) are straight edgers.

"We don't like Slipknot, Korn and Limp Bizkit because their lyrics are really negative," scowls Piers. "Hardcore is about having a positive outlook. We call nu-metallers sick kids cos they're sick!"

A positive outlook? No drink, drugs or promiscuous sex? At last, something cool your mum will approve of.

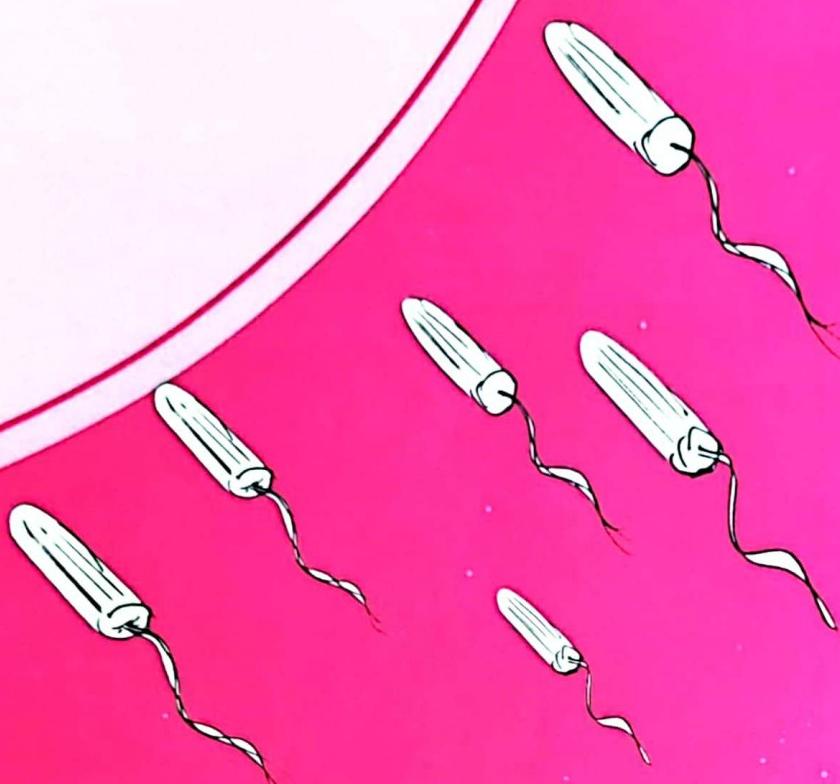


What is straight edge?

- A straight edger abstains from things that could be harmful to their mental and physical wellbeing.
- The term straight edge came from US hardcore band, Minor Threat and the 'three X' core values of the scene came from their song *Out Of Step* – 'I don't drink/I don't smoke/I don't ***'.
- According to www.s-x-e.com, straight edge is 'a lifestyle centred around personal wellbeing, while encouraging fun and togetherness'. It isn't about rules, it's about being in control of your own actions and making decisions for yourself.

Wanna sound off about your town?

J17 will come and hang with you for a day – just drop us a line giving us three good reasons why we should hang in your town with you and your mates. E-mail sarah.williams@emap.com or write to 'Hanging with your gang', J17, 189 Shaftesbury Avenue, London WC2H 8JG.



Can I get pregnant
during my period?



The Earth is flat. Pigs can...
There are fairies at the bottom of your garden. You can't...
get pregnant during your period.

Spotted a pattern here? Thought so! All these statements are load of bull.

In other words, you most definitely can get pregnant during your period.

In fact, there's no time in the month when it's safe to have sex unless you use contraception.

While we're at it, you CAN get pregnant the first time you have sex, you CAN get preg-

doing it standing up and washing yourself afterwards DOESN'T stop you getting pregnant.

So, remember - when you feel you're ready to have sex, the only reliable way to prevent pregnancy is to use contraception, every time.

If anyone tries to tell you otherwise they probably think Elvis is alive and well and working in a chip-shop in Norwich.

sex
Are you thinking
about it enough?

If you're under 18 and need advice about sex or contraception, phone Sexwise on 0800 282930 or visit us at www.ruthinking.co.uk. The call is free and confidential. Textphone (for people with hearing impairments) 0800 328 165.

J17.confidential.

mates & emotions

Don't let your problems get you down – ask our experts anything!



Hi my name is:

Melissa

Melissa Roske is a ChildLine-trained counsellor who's been writing articles on relationships and sexual health for over ten years

Got a problem? Let our agony experts help. Write to Melissa, Felicity, Annabel or Nick c/o J17, Endeavour House, 189 Shaftesbury Avenue, London WC2H 8JG.

split it out!

When do you want to leave home and why?

"I left home a few months ago. When I was there I had to be back about midnight. Now I can decide what time I should be in and out and let all my mates crash round my place without annoying my mum."

Jamie (17)

"I'm really desperate to leave home. In fact I can't wait because I'll have more freedom and only my rules to go by."

Karen Ann (14)

"I'd love to live on my own now! I'd be able to come and go as I please and visit places like Camden more."

Madeleine Wilson (14)

THEY HAVE NOISY SEX

About a year ago my parents split and I moved house with my mum. Now she's engaged to this nice guy, but almost every night I can hear them having sex. It frustrates me so much that I often burst out crying. Mum asks me what's wrong, but I'm too afraid to tell her.

J17 fan (14), Northern Ireland

I can see why you're reluctant to talk to your mum about her sex life. It's a very personal subject and painfully embarrassing to have to bring up. But ignoring the problem won't make it go away. As long as the three of you live under the same roof, you'll have to find a way to accommodate each other. If a face-to-face chat feels too awkward, write her a note. For all you know, she will be grateful for your honesty and will do her best to keep her private life private. It might also help you to realise that your mum and her guy aren't being insensitive on purpose. They're just so wrapped up in their new, happy relationship that they haven't given their noise level any

thought. Once they know that you can hear them, I'm sure that things will quieten down.

IS HE TOO OLD?

I've been working in a supermarket for the past year and my 33-year-old supervisor fancies me. I'm 16. He's asked me out but I don't know what to say. He's not married and hasn't got a girlfriend. I really do like him but I know my family and friends wouldn't approve.

Confused, Manchester

When a man of 33 asks out a girl who's half his age, I have to question his motives. Although you're probably flattered by this guy's attention, it's clear that you're a bit suspicious of his motives too. Otherwise you wouldn't have written to me. There's something about this man that you don't trust, and you're right to be wary. For one thing, some men like to date young girls to boost their ego or to feel powerful and important. Others opt for young girlfriends to help them feel young and vital. Whatever the reason he's attracted to you, the decision to go out with him is yours. But if your inner voice is telling you to watch out, I would listen to it.

DUMPED FOR MY BEST FRIEND

My long-term boyfriend recently dumped me for my best friend. Whenever he's not around she flirts madly with other boys. I still love him and want him back so desperately. I really want to sort this out – should I try talking to them?

Anon (14), Tyneside

I can see why you're having a hard time right now. Not only have you lost your boyfriend, you've been betrayed by your best friend. And now that she's got your guy, she's acting as if she doesn't even want him. That's got to hurt. The good news is, they deserve each other. Any guy who dumps his girlfriend for her best mate is bad news, and any girl who steals her best mate's lad – and then has the nerve to flirt behind his back – is pretty low too. As far as talking to them goes, I wouldn't bother. What's the point?

They've hurt you, and you've got to move on with your life, preferably without them. I know that's easier said than done. But if you think about how shabbily they've treated you, you might come to realise that you deserve better.

family feuding

how to deal with not being the favourite

It may seem like your parents get on better with your siblings or find them easier to deal with, but that doesn't mean they don't care about you too.

Maybe they just have a different way of showing their love for you. It could be that they demonstrate this in practical ways, like giving you lifts or helping you with your homework, and offer your siblings support of a more emotional kind.

Think about why your sis or bro seem to be getting a bigger slice of your parents' time. Maybe they're having problems at school, or have just split with a boy/girlfriend. Be understanding. They probably need more attention right now.

If you are feeling left out, tell your parents. Chances are they have no idea how upset you are.

Suggest to your mum or dad that you do something together which doesn't involve any of your siblings. That way they'll get the hint that you're feeling a bit neglected and will try their best to do something about it.

Finally, no matter what you think, your parents don't have favourites. They love you and your siblings equally.

"I would like to be like Britney but better."

Britney's little sis Jamie Lynn – looks like there may be a teensy bit of sibling rivalry in the Spears household, then





17 confidential. sex & bodies



HIT MY NAME IS:
Felicity



HIT MY NAME IS:
Annabel

Felicity Young
works in sexual
health and family
planning services.
Annabel Brog
is a relationship
expert and former
J17 features ed

IS ORAL SEX DANGEROUS?

I enjoy having oral sex but I've been doing it without a condom because I hate their taste. I'm worried that I could get a sexually transmitted infection (STI) and I need to know if this is possible.

Hip-hop and R&B lover (17), Newcastle

Felicity: Yes, giving a boy oral sex always carries the risk of picking up an infection if he's got one in his penis. The infection will stay in your throat, which means you could be in danger of passing it on to another partner if you give him oral sex without a condom.

Common infections such as chlamydia and gonorrhoea can easily be passed through oral sex. The only way to get rid of this kind of STI is to take the right antibiotics, prescribed by a doctor. When you see your doctor tell them you've had oral sex so swabs can be taken from your throat to check for any infection.

It has been shown that other, more dangerous STIs such as syphilis, hepatitis B and HIV can also be passed through oral sex. So yes, you must wear a condom. If you hate their taste so much, why not try using ones that are

scented as well as flavoured. Good-quality condoms such as Durex Select are available in fruity and mint versions, or alternatively try their Avanti condoms which are non-latex and therefore don't smell of rubber. Most sexual health clinics will be able to give you some of these for free.

MY VAGINA'S ABNORMAL

I'm 16 and a virgin. Recently I looked at my vagina in the mirror and all I could see was skin hanging down. I'm really worried that I won't be able to have sex when I'm older. What's wrong with me?

J17 fan, West Midlands

Annie: Nothing's wrong with you at all. What you can see sounds absolutely fine. It's not easy without a Biology book, but here's a quick map of your vagina: the outer folds of skin, often covered in hair, protect your 'bits'; inside them are smaller pink/purple folds of skin (called the labia) which protect the entrance to your vagina. Just above them is the little hole you wee from (the urethra), and just below this is a small patch of sensitive knobbly tissue – your clitoris. Grab a mirror and check it out again, by all means, but I'm sure you're perfectly normal.

I CUT MYSELF

I'm 14 and have been going out with my boyfriend, who's 18, for nine months. Recently we've been arguing a lot and I've started slitting my wrists and arms. Now I think I'm addicted to cutting myself.

Ashley, London

Annie: Self-harming (the medical name for what you're doing) is a way of distracting yourself from one sort of pain (emotional or mental) with another. The cut gives you a momentary feeling of release, doesn't it? But I can tell you for a fact that the release, and the distraction, will never be more than temporary. In the long run, self-harming will not change anything. And it won't make anything better. Please see your GP and ask to be referred to a counsellor, who can help you to stop hurting yourself, and encourage you deal with the reason you feel the need to do it.

reader rehab

You help a reader sort her worries

Should I make a move?

There's a boy at school who I really fancy – he's my mate's brother so I get to see him outside school too. He's always really friendly, but he's two years older than me and I'm afraid he'll see this as a problem. I really like him. Should I tell him?

Candice (13), Bedfordshire



"If he likes you your age won't matter. If he's friendly his reaction will probably be nice either way. Go for it." **Ida (13)**



"I'm in a similar situation – I fancy a mate of mine. I think I'll tell him, and you should too." **Ramatoz (16)**

"If you can, ask one of his friends if he likes you." **Daisy Patton (18)**

"She should write him a letter telling him how she feels, or keep dropping hints." **Amz Golhar (16)**

I MISSED MY PILL

I forgot to take my Pill last month, so I missed out the usual seven-day break and ran two packs together. Do you think there is any chance that I could have got pregnant?

Very worried (17), Cheshire

Felicity: From what you've said, it's unlikely that you're pregnant. Whenever you miss one of the last seven pills in the pack it's important you run two packs together, exactly as you've done to make sure you stay protected against pregnancy. It's also essential you use condoms for the seven days after you miss or are late with a Pill.

The best thing you can do now is to make an appointment at your local family planning clinic and ask the nurse to run through taking the Pill again with you and your boyfriend. If you feel you're worrying too much about missing taking Pill, why not ask the nurse about other methods of contraception while you're there.

I CAN'T TELL MY DOC

My vagina's really sore and red but I can't go to see my local doctor or nurse about it cos they're friends of the family. I'm so embarrassed, what can I do?

Destiny's Child fan (13), Ireland

Felicity: I understand how you must feel about showing your private bits to someone you normally see at family gatherings. But when they're at work they're your doctor or nurse first, not a mate of your mum and dad's. They will have seen lots of other patients, so don't let your embarrassment stop you getting the treatment you need. And remember a nurse or doctor has a legal responsibility not to discuss your health care with any other person.

There are many skin conditions that can affect the outer vaginal skin and the genital area. Most can be easily treated with simple creams or ointments, which you can get from your doctor.

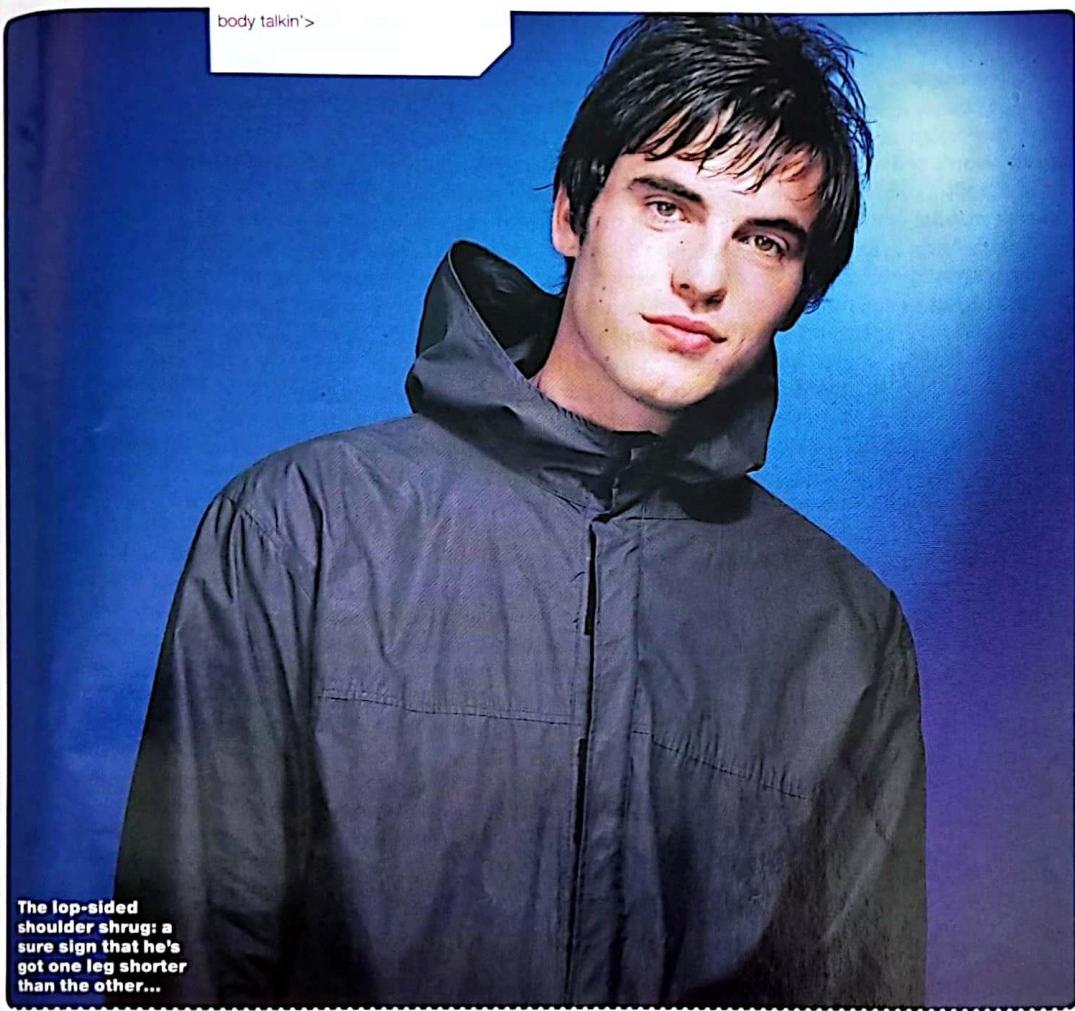
If, however, you've had any close sexual contact with someone, there is a small possibility that the rash could be a sexually transmitted infection. Either way, it's important that you seek expert advice and do not try to treat yourself.



"I just have no more bad habits left to give up."

The oh-so-flawless
Gwyneth Paltrow

body talkin'>



The lop-sided shoulder shrug: a sure sign that he's got one leg shorter than the other...

Sign language

Read his signals and you'll know what a lad's really trying to tell you...

He says: “ ”

- He touches his mouth
- He looks away or rubs his eye
- He touches his ear
- He scratches his neck
- He crosses his arms
- He sits holding one ankle as it rests on the other knee
- He tilts his head
- He drops his chin
- He tucks his thumbs into his belt or jeans
- His shoulders/feet are angled towards you

He means: !

- He's lying (if he does this when you're speaking, he doesn't trust you)
- He's avoiding something
- He's feeling impatient
- He's unsure or insecure
- He's shy or tense
- He's stubborn and opinionated
- He's interested
- He's judging you
- He fancies you
- He fancies you

J17 promotion **TAMPAX**



I'M SCARED I MIGHT LEAK

I started my periods a year ago and have always used pads. Recently, though, I've been thinking about switching to tampons, but I'm scared that they won't give me the same protection. The thought of leaking makes me cringe! Please help.

Worried (13), Northants

There's no need to worry – Tampax tampons come in a range of absorbencies to suit the different flow days of your period:

Mini/Regular for light flow, Super for heavy days and Super Plus for really heavy flow. Which means it's easy to choose the correct absorbency tampon for your flow. As your flow varies from day to day, with some days heavier than others, just pick the right tampon to give you the best protection against leakage.

Tampax tampons also give you outstanding internal protection – which means you have the freedom to get on with your life with total confidence.

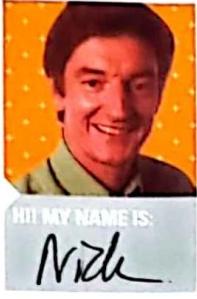
The golden rule about tampon use is that you should always use the lowest absorbency to suit your flow and change your tampon every four to eight hours.

For further information on tampons and periods check out www.beinggirl.co.uk. It's been created by Always, Alldays, and Tampax, so you can be sure that the advice and tips will be spot on.

For a free Tampax Mini sample write to: J17/Tampax Offer, Code JO24TX, Dept 412, PO Box 10, Diss, Norfolk IP8 1SP. If you're aged 17 or under please get your parent's or guardian's consent to request your free sample.



J17.confidential. boy stuff



HIT MY NAME IS:
Nick

Agony uncle
Nick Fisher has
been answering
your boy worries
in J17 and on
radio and TV for
over ten years.
He's also written
six books on
teen issues

WHO'S THE DAD?

My mate is pregnant and, although it's going to mess up all her plans, she's determined to have the baby anyway. The trouble is she won't tell anyone who the father is. She'll struggle on her own so she needs to get him involved. I've got a fair idea who he is and think he should face his responsibilities and help her. I'm tempted to bring it out in the open for her sake. Should I? Concerned friend, Leicester

Being her friend doesn't mean you have the right to make decisions for her. Let her do the talking. Your job is to be supportive. If you name and shame this guy because you think he ought to be held responsible, you could suddenly find you're the focus of all her anger. She should be angry with him, but she could very easily turn on you, and might never forgive you. Bite your tongue. It's her call. Support her, don't snitch on her. She has to make her own mind up. And it's very unlikely she'll keep his name secret for long. Be patient. And be there for her.

spill it, boys How do you like to be dumped?

"The best way to be dumped is face to face. She'd need a good excuse though – 'I'm leaving the country' would do!"

JB (20)

"I'd be nice if she set me up with someone else! Always dump someone in person, anything else is just rude."

Olly (16)

"The worst way to be dumped would be by text message. And I wouldn't want her to give me any hope we'd get back together if it wasn't true. That only makes her feel better."

Jermaine (18)



I'M SCARED OF TAXI DRIVER

I go out clubbing most Friday nights and a taxi firm from my village sends someone to pick me up about midnight. It's always the same driver who collects me and I'm a bit worried that he's going to make a move on me – he'll talk to me about my clothes and my hair. He might just be being nice, and I don't want to stop going out. Do you think I'm just paranoid, or could he be after something?

Sonique fan, Merseyside

This bloke probably is after something: a friendly chat with an attractive girl. He may even fancy you and want to ask you out. But whatever his intentions, the fact is his behaviour makes you feel uncomfortable, and you shouldn't have to put up with it. You certainly should not be getting into a car with anyone who makes you feel that anxious. You are in charge here, not him. Call the cab firm. Ask for a different driver. You don't have to give any reasons – just be firm. If you're worried about doing this, ask your mum or dad to call them for you. You're paying for a service and you have every right to get treated appropriately.

HE STOLE MY KNICKERS

The boy that I've just started going out with has stolen some of my knickers from my house and showed them off to his mates. He wanted me to have sex with him but I wouldn't, so he helped himself from my undies drawer and said he's keeping them till I give in. I want them back or else everyone will think I'm a slapper. I really like this guy too, so don't want to lose him but I'm just not ready for sex. Help!

Mariah Carey fan (16)

This guy is an idiot and a perv. Why would you want to have anything to do with him, let alone be intimate with him? If you ever did sleep with him, imagine what he'd tell his sick little posse of mates. Can you really like and trust a bloke who so blatantly disrespects and humiliates you in front of your friends? You should be exposing him for being a liar and a thief. Not hoping to hang on to

him. He's going to make your life a m*** and cheapen and ruin sex for you so end up hating yourself. Don't do it.



LET'S HEAR IT FROM THE STICK 'EM UP

My mate says that girls have erections similar to guys – apparently when they're turned on. Is this true? This never seems to happen to my girlfriend when we're kissing and stuff. What worries me even more is that they did stick a bit the other day when she was talking to this other lad. Does that mean she fancies him more than me?

Anon (17), Devon

Nipples don't act like penises. They don't always go erect when a girl is aroused. They can stick out simply when they're cold. She might love having her nipples played with, or she might not really care. Do you know who'd be the best person to ask about all this? Her. She might actually find talking about them and showing you how she likes them to be touched exciting. Who knows? But you'll find out a whole lot more about her nipples from her than you ever will from me. That's for sure.

J17.directory

Useful numbers

Calls charged at normal rate, except 0800 numbers which are free and won't show on your bill.

The Samaritans

0345 90 90 90

Childline

0800 1111

Brook Centre

Freephone

0800 0185 023

FPA contraception helpline

0845 310 1334

Anti-Bullying Campaign

020 7378 1446

Al-Anon

For friends/family of alcoholics or Alateen

For anyone over 12 suffering from alcohol problems

020 7403 0888

Careline

Advice on any subject

020 8514 1177

Youth 2 Youth

020 8896 3675

Get Connected

For anyone who has run away or been thrown out of home (1pm to 11pm)

0800 096 0096

National Drugs Helpline

0800 77 66 00

National AIDS Helpline

0800 567 123

Lesbian and Gay Switchboard

020 7837 7324

Rape Crisis

020 7837 1600

Sexwise

Free confidential advice on relationships and contracts

0800 28 29 30

or log onto www.sexwise.org

Eating Disorders Association

01603 765 050

J17 Tampax helplines

(Calls charged at normal rate)

Coping with your first period

020 7617 8045

Periods – the facts

020 7617 8046

Painful periods

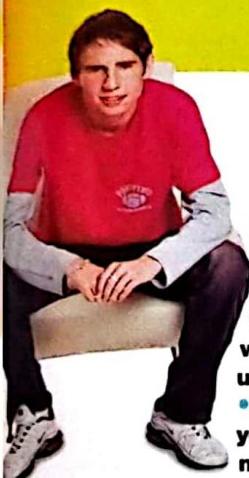
020 7617 8048

Toxic shock syndrome

020 7617 8049

Cash and Careers

How to bag your dream job
and look after your loot



Dominic McVey,
17, was the first
person in Britain
to import and sell
micro scooters.
It made him a
millionaire and
now he has
branched out into
the restaurant
and music
businesses.
Who!

Send your careers
questions to 'Cash
and Careers' at J17,
Endeavour House,
189 Shaftesbury
Avenue, London
WC2H 8JG or e-mail
chantelle.horton@emap.com

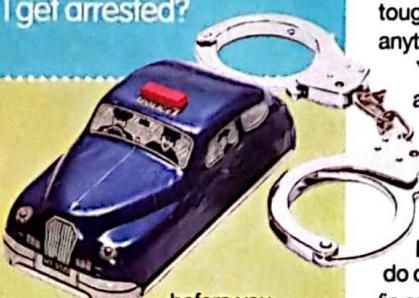
DOM

know the score!

What are my rights if I get arrested?

If you've been arrested, don't panic. First you need to find out the reason why. You're entitled to make a call so ring your parents or an adult you trust. You're also entitled to free legal advice from a solicitor before you are interviewed and there should be a duty solicitor you can speak to based at the police station.

If you're under 18 then a parent or guardian should be present at all times. It's unwise to make a statement



before you speak to them. Keep calm and be honest, this isn't a good time to cover up for your mates. And if you're asked to turn out your pockets or bag then you don't have a choice. Our advice: co-operate rather than kick up a fuss.

JOB HUNTING I WANT TO WORK IN HOTELS

I'd love to run my own hotel by the seaside. How do I get into it?

Marianne, Yorkshire

Running a hotel is hard work and involves long hours. You have to be polite to your guests at all times, sociable, self-disciplined and prepared to say goodbye to those lie-ins!

Internships or part-time summer work are a valuable way of getting hotel experience. An NVQ in Tourism and Hospitality or GNVQ in Hospitality, Leisure and Tourism would be a good way to gain some hands-on experience, as colleges will encourage work placements. Going on to do a degree or HND will also give you a good start. Once you get in with a hotel, most larger chains offer on-the-job management training. Good luck!

Cash count

£33,000 per year (average)
www.jobsinhotels.co.uk

HOW CAN I BECOME A COP?

I love programmes like *The Bill* and am interested in becoming a policewoman. Is it difficult?

Lena, London

It's not an easy job but it's really rewarding so don't be put off. You must be mentally tough, a quick-thinker and ready for anything, as the work is different every day.

You need to be 18 before you can apply and you also have to be fit and meet medical and eyesight standards. You can't take a degree in policing but you'll need a good level of English and Maths so you can pass the initial recruitment tests. If you do decide to go to uni and get a degree (in any subject) you'll be able to fast track through the ranks as part of their graduate programme. Policing isn't a normal job but fighting crime and investigating cases definitely won't make for a boring life.

Cash count

Starts at around £17,000 per year, goes up to £30,000 for a sergeant
www.policecouldyou.com

J17 job file

So you want to be a model

Swotting up

There are no recognised qualifications you can take to be a model so don't be sucked into paying for dodgy model courses that promise to 'make you a supermodel'. Let's face it, you just need to look good!

Cash count

If you're the next Gisele we're talking millions. But most 'average' models' earnings vary. Advertising jobs pay better than magazine work. Earnings start at around £200 per day, but the work isn't always regular.

Uppers

Blagging free products, schmoozing at parties, travelling and possibly dating a rock/film/soap star!

Downers

Work dries up as you get older, it can make you very body conscious and it's a strain looking great twenty-four-seven.

Reality check

Unless you're at least 5'8", long-legged and slim with the 'right' look then you're not gonna hit the big time. But you could get jobs like hair modelling or character modelling for adverts.

Go for it if...

You're ready for knock backs, very confident and a hard worker.

Not for you if...

You're shy about your body, don't like rejection and aren't very sociable. You need to meet and impress a lot of people.

Tell me more

www.models1.co.uk.

The Stage - weekly publication which is always looking for models, singers and TV extras.

The Clothes Show Live - scouts from all the top agencies usually attend.



**Style
Shop**

**Repeat after us: I shop
therefore I am, I shop therefore
I am, I shop therefore I am...**



Trend 01

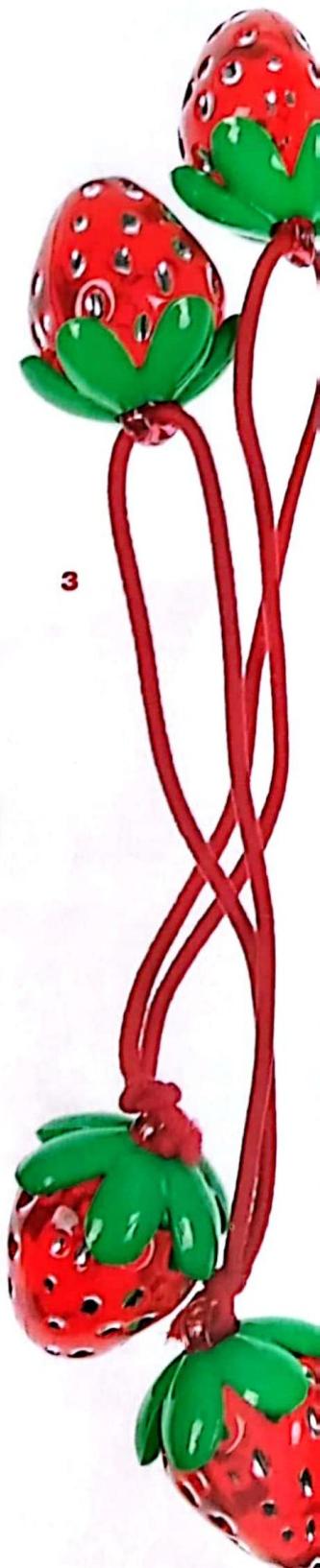
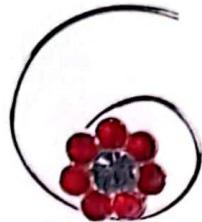
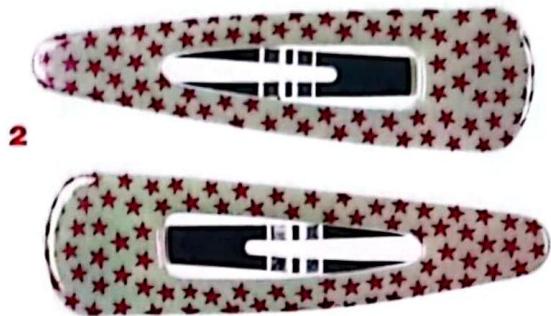
We're doin' Fine

As well as this Guitar-shaped sequin purse, £20, hot label **Fine** also makes wicked logo T-shirts, hoodies and denim. We're also going crazy for their line of accessories like wristbands, socks and key rings. Fine's other ranges like Scary Miss Mary and French Kitty are worth checking out too. For nearest stockists and mail order call 01332 200 200 or log onto www.redhotplanet.co.uk or www.welovefine.com. The second web address is the American-based site so you can't order online but you can get the goss on all the ranges.

FINE

24/7

The things you won't be able to live without this month...



Trend 02

Hair that's ready for anything

Ditch the wishy-washy pastel clips and lack-lustre locks – what your hair needs is a fiery makeover. Tie it up with strawberry hair bobbles or add a touch of va-va-voom with red instant conditioner or semi-permanent colour. We've got the red-hot lot... Guaranteed to make the dullest 'do scorchio!



- 1 Intensive Conditioner £4.49 from **Toni & Guy**
- 2 Star hairclips £3 from **Claire's Accessories**
- 3 Selection of strawberry bobbles £3 from **Claire's Accessories**
- 4 Hair Spins £3 from **Claire's Accessories**
- 5 Rose clip £2.50 for two from **Claire's Accessories**
- 6 Fiery Red Viva Colour Mousse £3.99 from **Wella**

6

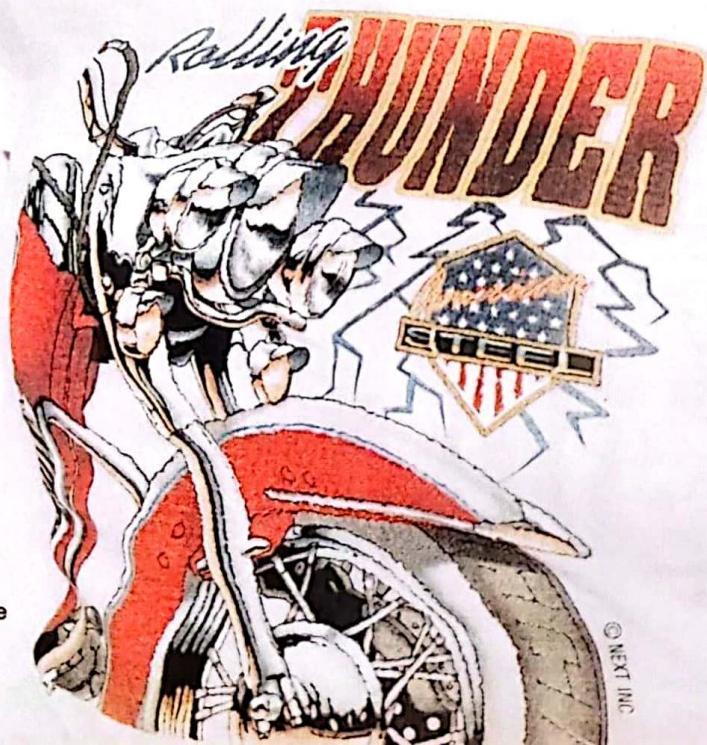


Trend 03

Baker boy caps

Not to be confused with the currently very trendy flat caps, baker boy caps are puffier, fuller and bigger than their stylish counterparts.

To show you just how cool they can look, we got the gee-tar strummin', American tunester Michelle Branch to model one for us! In fact, Michelle liked this leather baker boy cap, £14 from **Oasis**, so much that she haggled to buy it from us! Check out the high street for similar ones, or have a look in second-hand shops for retro styles.



Believe the hype



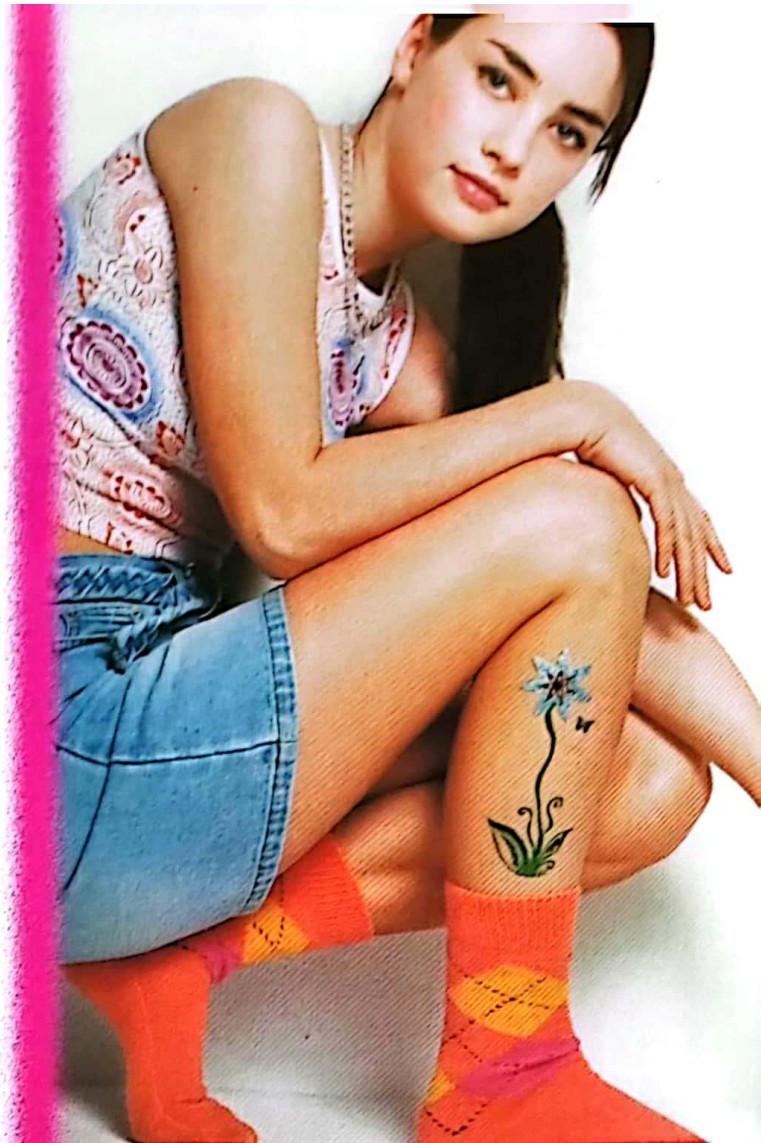
Beauty Ed Lara gets creative with cute body customising tricks that won't hurt a bit....

Look 1

Flowered up

Here's how... Take one leg (preferably yours!) and apply a glittery flower tattoo to the side of your calf. Ours was £0.99 for two from **Eylure** @

Boots. Then take a sharp green eyeliner pencil and draw a stalk and some leaves. The final touch is a temporary butterfly tattoo, £2.50 for a set from **Claire's Accessories**.



Look 2

Spell it out

Here's how... We applied a sticky tulip tattoo, £1.99 from **Head Girl** (available from leading pharmacies and independent chemists) just above Rebecca's belly button. Then below we used some alphabet stickers and spelt out J17. You can spell out anything you fancy, or use txt speak so you won't need so many stickers. Pick up alphabet stickers from your **local stationery shop** or the **Early Learning Centre** from £1.

Look 3

Freebie deco

Here's how... Summer's nearly here and we're bringing our toes out of hibernation. What better way of getting sweet feet than using your free (and funky) J17 customising set? We applied a rose tattoo, £2.50 for a set from **Claire's Accessories**, and added the J17 red and clear hearts.



Look 4

Heart-throb

Here's how... Apply your J17 heart tattoo, sticky side down, to the back of your hand. Then wet the backing of the tattoo with water. Peel off the paper and the tattoo will stick to your hand. Colour in the heart with some red glitter dust or eyeliner. Add a few rhinestones for a rock star look.

Look 5

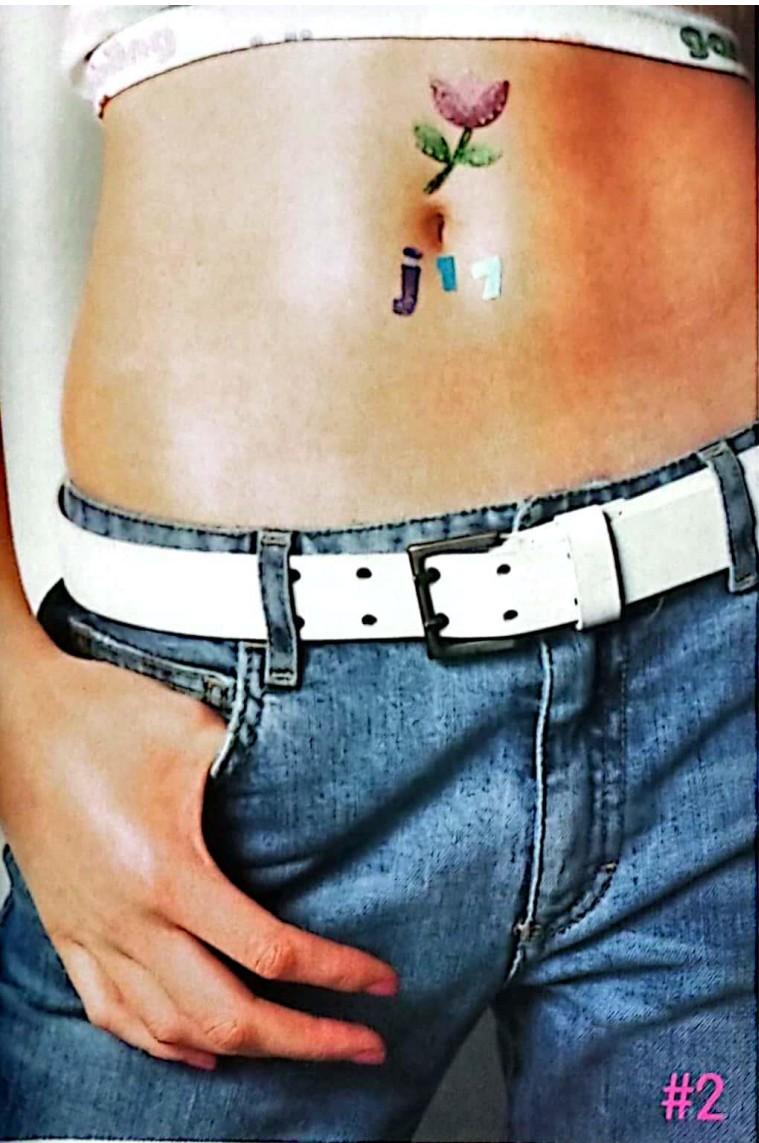
Pin number

Here's how... We applied the J17 shimmery safety pin tattoo to Michelle's shoulder but you could stick it on your back if you've got a mate to help. Then we applied star stickers around the tattoo. Our star stickers were from £1 at **Paperchase**. The final touch was a few rhinestones, £1.99 from **Head Girl**, inside the safety pin tattoo.

Look 6

Petal power

Here's how... Circular belly button tattoos ain't just for belly buttons, y'know. We took a glittery flower tattoo, £1.99 from **Head Girl**, cut it in half and stuck the two pieces together on Lizzie's cheek to form a chain. If this looks too big for your face, simply use half the tattoo.



#2

#3



#5



#6

Beauty spot

Go bubblicious with a hint of pink...



- Clockwise from top left:
1. Pretty in Pink Face And Body Paint £8.95 from Fudge
 2. Rose Bon Bon Nail Colour £3.15 from Mavala @ John Lewis, House of Fraser
 3. Fire Face Gloss £10 from Ruby & Millie @ Boots
 4. Cosmic Swirl Lip Gloss £10.50 from Aveda
 5. Time For Pleasure eau de toilette £24 from Versus Versace (comes with bracelet)
 6. Soho Metallic Cream Shadow £3.49 from Rimmel
 7. Cherry Carey Lip Pops Scented Swirl Lip Gloss £5.99 from Mad Beauty. For mail order ring 020 8238 9900

When everything else comes off
Lipcote stays on

If your lipstick is more like lipslip, you need Lipcote. The clear
lipstick sealer that keeps your lipstick where it looks best.
On your lips.

Not on your teeth or your clothes or your cup. Or his shirt
collar or even him.

Simply brush it over your lipstick and feel the tingle that tells you it's working.

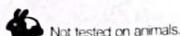
Then it will help keep your lips looking luscious all day long.
Wherever you are. Whatever you're doing.

Lipcote is made with natural ingredients and is not tested on animals. Pick up a pack the next time you're out shopping.

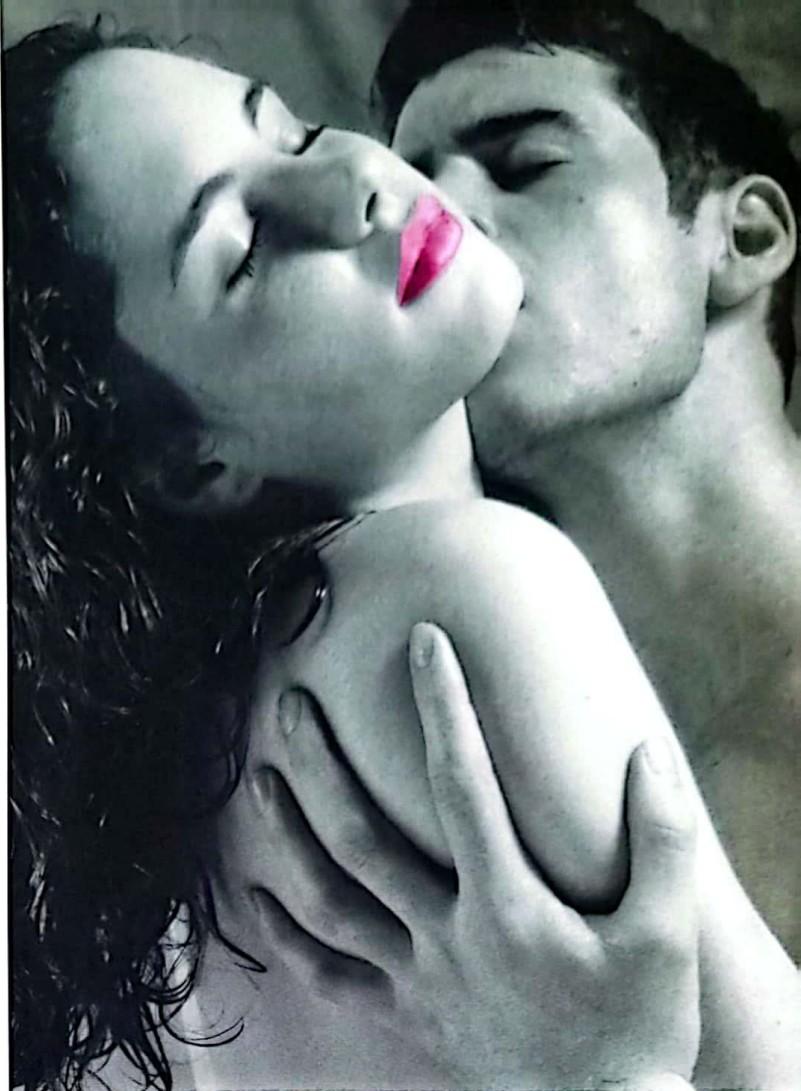
Lipcote is available at Boots, Superdrug,
selected Tesco stores, beauty counters and
chemists nationwide.



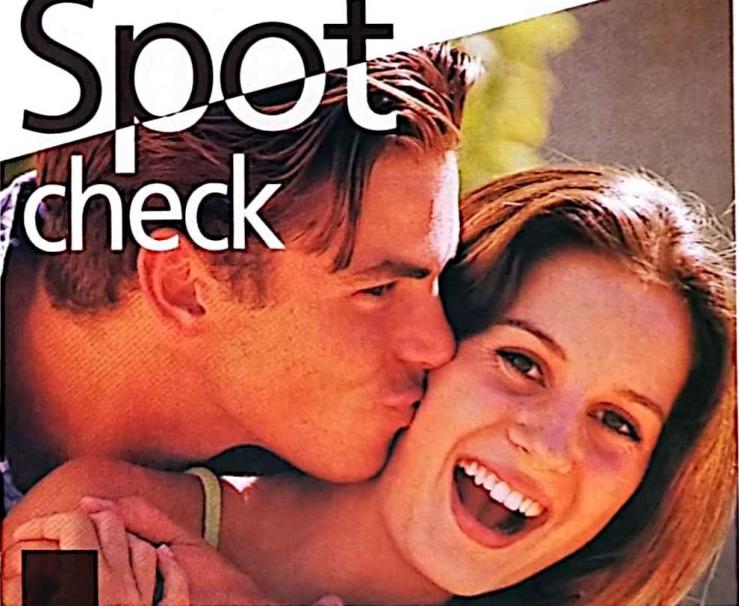
It only comes off when you want it to



ESPRIT • KICKERS • FAITH • HOOCH • GIANT



Spot check



When it comes to beating spots, acne or other skin problems, creams or sticks only touch the surface. The secret of a healthy, spotless complexion goes deeper than that.

Clear Complexion tablets contain natural active herbs that help to treat your skin from within. So your skin stays clear of spots - even under close inspection! Available from Boots, Superdrug, large Tesco, Sainsbury's and Asda stores, Holland and Barrett, health shops and pharmacies.



Always read the label

www.jessup.co.uk

The Collective

When you're carrying the world on your shoulders, do it in style!





- 1.** Denim butterfly logo £7.50 from **Claire's Accessories** **2.** Grey, beige and green £39.95 from **Mambo** **3.** Oblong mesh black and yellow drawstring £4.99 from **H&M** customised with badges from a selection @ **Claire's Accessories** and **Freedom** **4.** Blue and black with girl picture £30 by **Custard Shop** **5.** Green khaki/black £16.50 from a selection by **Carlton** **6.** Light blue corduroy drawstring £7 from **Claire's Accessories** **7.** Camouflage nylon £26.99 by **Eastpak** by **Uniqlo** **8.** Red with white stripes £3.99 from **H&M** customised with badges from a selection @ **Claire's Accessories** **9.** Yellow £26.99 by **Eastpak** **10.** Green cotton black fish logo £12.50 from **Gap** **11.** Orange £17.99 by **Eastpak** **12.** Pink with black piping £35 by **Custard Shop** patches from a selection @ **Claire's Accessories** **13.** Yellow & blue pineapple nylon £14.50 from **Gap** **14.** Purple and embroidered flowers £17.99 from **Accessorize** selection @ **Claire's Accessories** **15.** Blue with 'angel' and 'devil' motif £4 from **Tammy** **16.** Red O'Neill logo £25 by **O'Neill** **17.** White 'love & peace' slogan £4 from **Tammy** **18.** Beige **19.** White angel' slogan £4 from **Tammy** **20.** Small black and burgundy £9 by **Carlton** **21.** Cotton multicoloured stripes £9.99 from £49.95 from **Mambo** **22.** 'White angel' slogan £4 from **Tammy** **23.** Denim with patches and badges £5 from **Claire's Accessories** **24.** Yellow £26.99 by **Eastpak** **25.** White **Accessorize** **26.** Red £17.99 by **Eastpak** **27.** Pink and red floral pattern £28 by **Quiksilver** **28.** Light beige with pale pink piping £8 by **Ripcurl** 'Fencewhite' chemistry £50 from **Tommy Hilfiger** **29.** Pink 'Girls Rule!' slogan £4 from **Tammy** **30.** Beige Ripcurl Girl logo in pink and white £18 by **Ripcurl Girl** **31.** Denim drawstring with patches and red straps £7 from **Claire's Accessories** **32.** Blue and white stripes £7 by **George** @ **Asda** customised with patches from a selection @ **Claire's Accessories** **33.** Cotton Athletics £50 by **Tommy Hilfiger** **34.** Black and red £19.95 from **Mambo** **35.** Pink £14.50 from **Gap** **36.** Blue with palm tree logo £20 by **Ripcurl Girl**

Like this gear but don't know where to get hold of it? Turn to
Store Detectives on p102 for stockist information...

le chic antique

Step back in time and mix sweet, sexy patterns
and lace with high street vintage

photos David Tidow Styling Neil



On previous page:
Floral shirt £45 from
H&M ★ White vest top £3.99 from
H&M ★ Second-hand blue
jeans £18 from Pop
Boutique ★ Second-hand
white studded belt £6 from
Pop Boutique ★ White
baseball boots £45 from
Benetton ★ Brown beaded
necklace £3.50, coloured
bead bracelet £5, brown
Freedom & Topshop
★ Brown cuff £2.99, drop
necklace £2.99, ring £1.99
all from H&M ★ Net rosette
choker £5.25 by Diva @
Miss Selfridge

This page:
★ Cream lace top £14.99
from H&M ★ Peach & cream
striped T-shirt (worn underneath)
£7.99 from H&M ★ Denim
shorts £12 from M&k One
★ Accessories as before



★ Cream sheer top £18
from New Look ★ See
hand pink logo T-shirt
(underneath) £12 from
Boutique ★ White top
£25 from Topshop +
patterned wedges £25
Red Or Dead ★ As
before



★ Pale floral shirt £35
from French Connection
★ Pale pink camisole top
(underneath) £24 style no.
937 3586 from La Redoute
catalogue p.63 ★ Denim skirt
£70 from Fornarina
★ Second-hand pink logo bag
£16 from Pop Boutique
★ Second-hand patterned
handkerchief £5 from Pop
Boutique ★ Silver flamingo
brooch £2.99 from H&M
★ Accessories as before

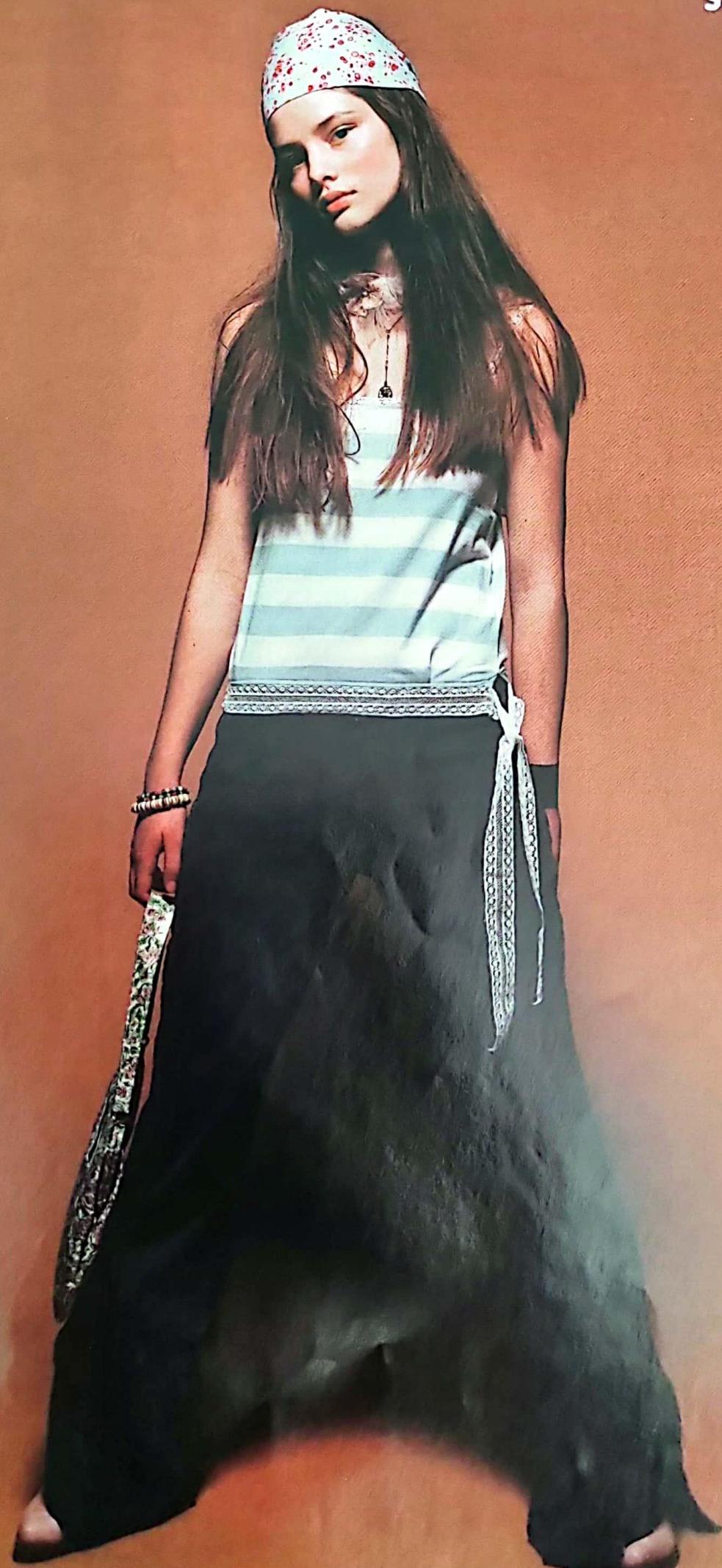




★ Second-hand brown corduroy jacket £20 from **Pop Boutique**
★ Long-sleeve pink lace top £29.99 from **H&M**
★ White camisole top (underneath) £19.50 from **Gap**
★ Second hand cut-off shorts £15 from **Oxfam**
★ Large brown fishnet tights £4.99 by **Jonathan Aston**
★ Second-hand patchwork drawstring bag £9.99 from **Rokit**
★ Accessories as before

★ Slippy vest with long ties £25 from French Connection
★ Pleated jeans £29.99 from H&M ★ Long floral scarf £19.99 from Jackpot
★ Green floral bag £35 from French Connection
★ Pink cowboy boots £75 from Office ★ Accessories as below

See Store Detectives on p107 for stockist info

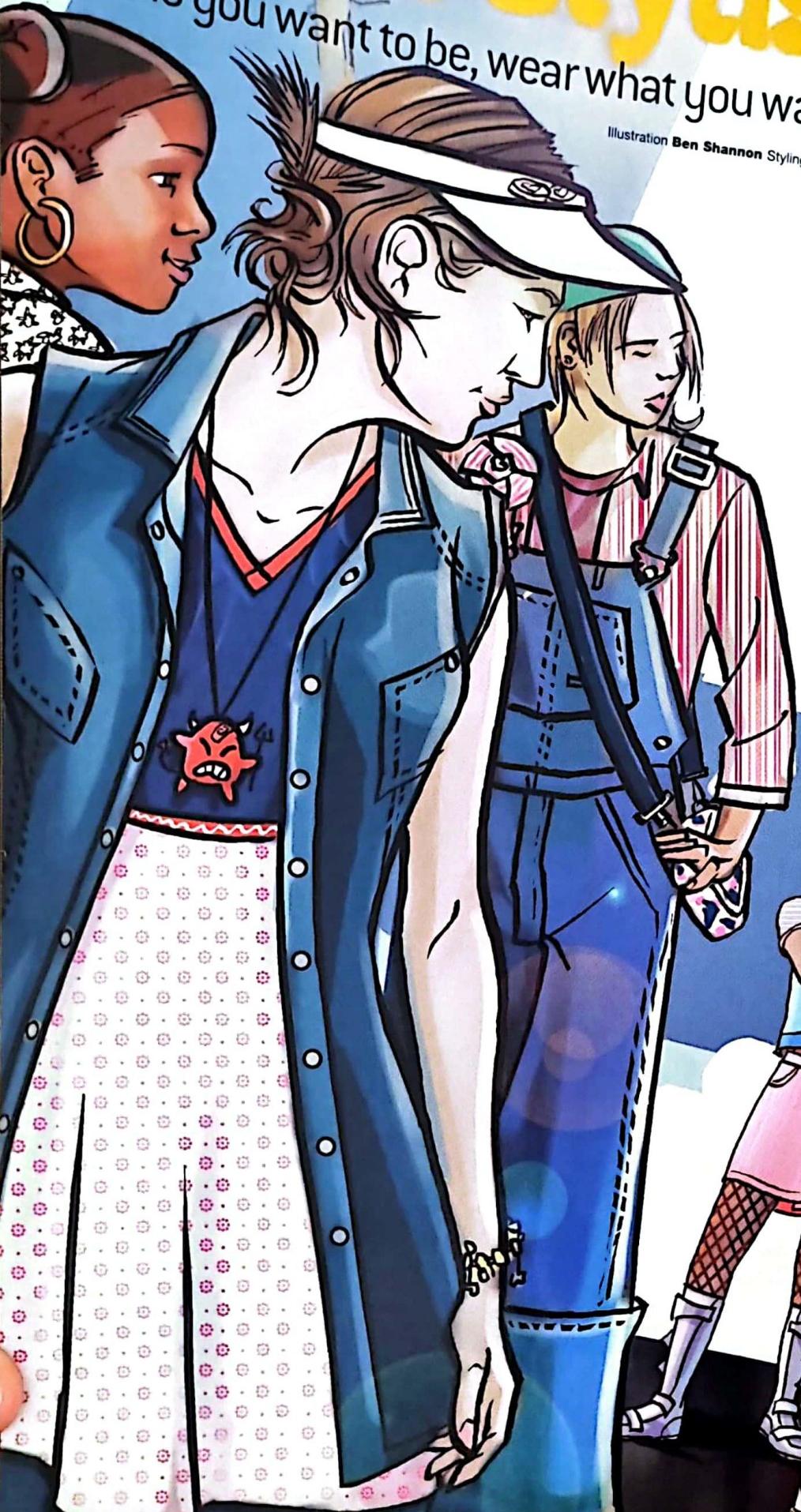


the SO stylish crew

Be who you want to be, wear what you want to wear!

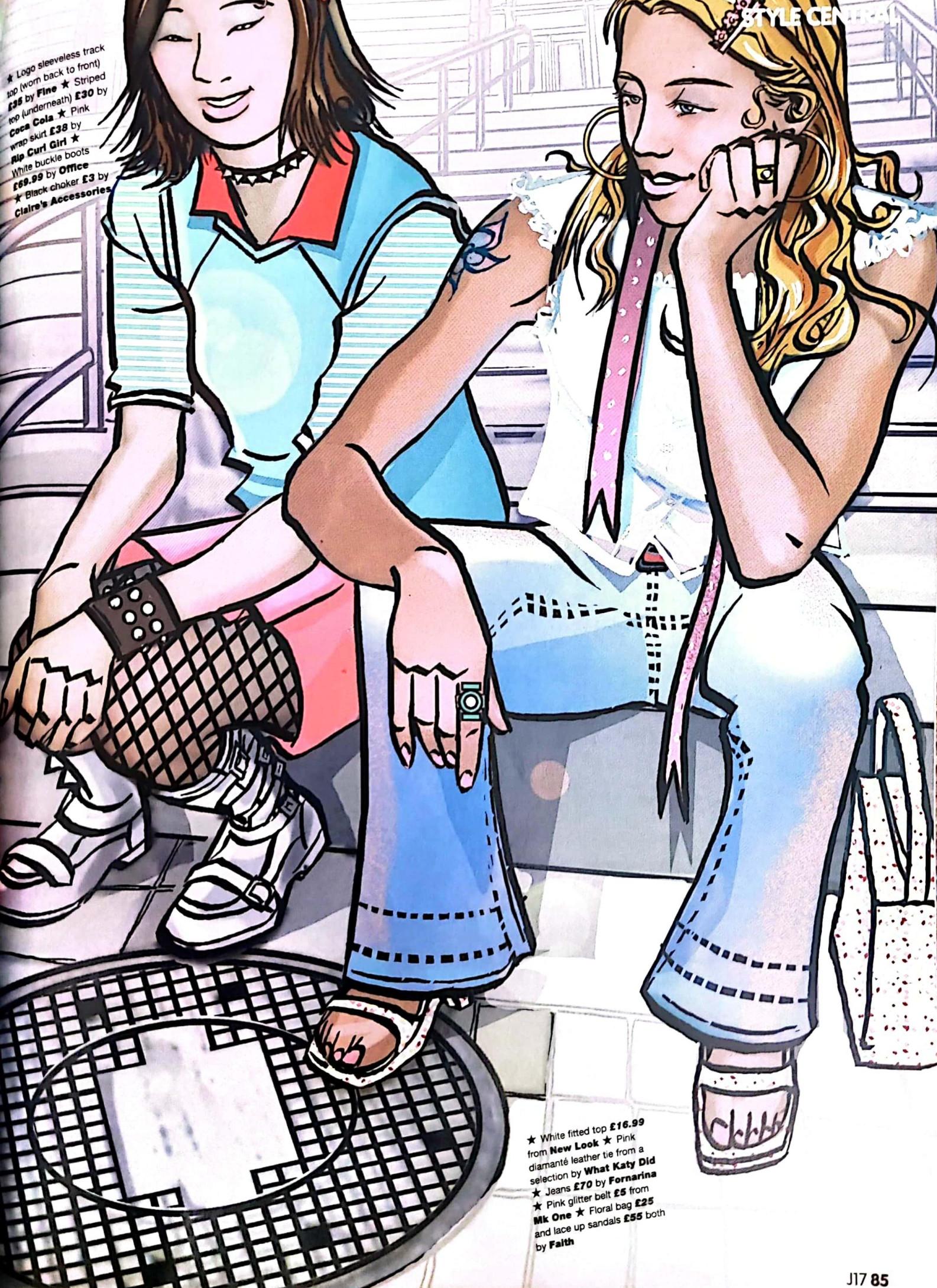
Illustration Ben Shannon Styling Angela

★ Logo cap available at Levi's Equipment and Accessories ★ Blue boys' top £25 from French Connection ★ Skirt £82 by Fornarina ★ Trainers £65 from Offspring ★ Sunglasses £85 by Diesel Stylelab by Safilo ★ Pink socks £6.50 by Burlington ★ Chain necklace £5 by Revival @ Top Man



Black jacket £120
Antonette @ Loden Showrooms ★ Red trilby £35 by Toby Pimlico
Denim striped skirt £150 from H&M ★ Red shirt

★ Logo sleeveless track top (worn back to front) £35 by **Fine** ★ Striped wrap skirt £38 by **Coca Cola** ★ Pink wrap skirt £38 by **Rip Curl Girl** ★ White buckle boots £69.99 by **Office** ★ Black choker £3 by **Claire's Accessories**



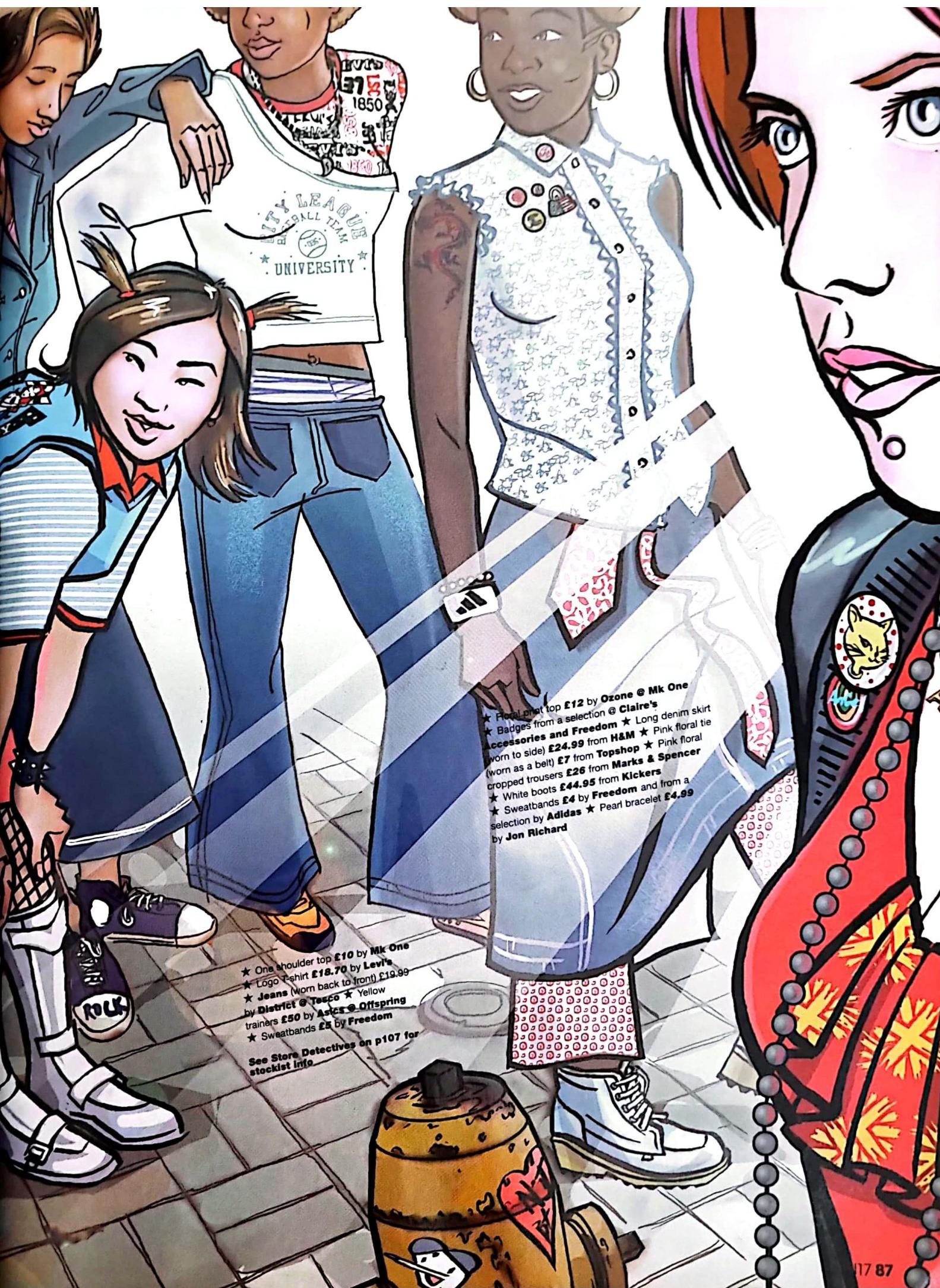
★ White fitted top £16.99 from **New Look** ★ Pink diamanté leather tie from a selection by **What Katy Did** ★ Jeans £70 by **Fornarina** ★ Pink glitter belt £5 from **Mk One** ★ Floral bag £25 and lace up sandals £55 both by **Faith**



★ Turquoise crochet hat £10
by **Custard Shop**
★ Pink striped shirt £12.99
by **District** @ **Tesco**
★ Dungarees £19.99 from
Rokit ★ Pink camouflage top
£12.99 from **Custard Shop**
★ Trainers £50 by **Puma** @
Offspring

★ White visor £5.99 by **Claire's Accessories** ★ Denim dress from a selection @ **Sisley** ★ Halterdress (worn underneath) £24.99 from **New Look** ★ Wide-legged jeans £40 from **Gold Digger** ★ Animal print pumps £35 from **Office**
★ Coloured metal bangles £4 (for 12) by **Diva** @ **Miss Selfridge**
★ Charm bracelet £3.50 from **Claire's Accessories** ★ Wacky devil beanie (worn on chain as a necklace) £2.50 from **Claire's Accessories**

★ Denim puffed-sleeved jacket £95 by **French Connection** ★ Sheer lace vest from a selection @ **Benetton** ★ Cropped jeans £14.99 by **H&M** ★ Navy striped belt (worn as key chain) available at **Levi's Equipment and Accessories**
★ Chain belt £4.99 from **New Look**
★ Baseball boots £28 from **Converse** ★ Fishnet socks £5 from **Claire's Accessories**



★ One shoulder top £10 by Mk One
★ Logo T-shirt £18.70 by Levi's

★ Jeans (worn back to front) £19.99
by District @ Tesco ★ Yellow
trainers £50 by Astics @ Offspring
★ Sweatbands £5 by Freedom

See Store Detectives on p107 for
stockist info

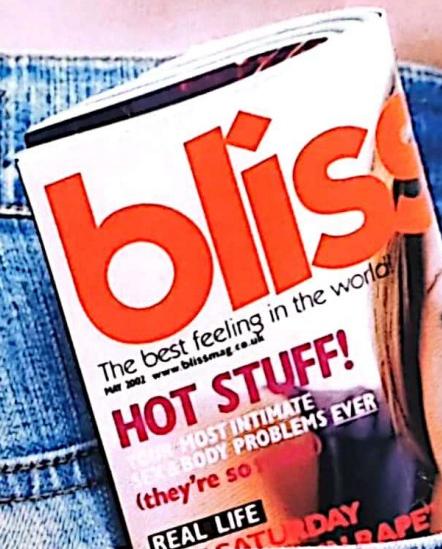
★ Floral one-shoulder top £12 by Ozone @ Mk One
★ Badges from a selection @ Claire's
Accessories and Freedom ★ Long denim skirt
(worn as a belt) £24.99 from H&M ★ Pink floral tie
cropped trousers £26 from Marks & Spencer
★ White boots £44.95 from Kickers
★ Sweatbands £4 by Freedom and from a
selection by Adidas ★ Pearl bracelet £4.99
by Jon Richard

BIGGER! SMALLER! BETTER! DON'T MISS NEW-LOOK **bliss**

The **sex & body** issue

PROBLEM PAGE SPECIAL

- Your most intimate questions answered
- Rachel S Club: why boys love her and girls want to be her
- Real life: would you dump your mate for being gay?
- Fun and flirty fashion! We've got the coolest looks for spring chicks

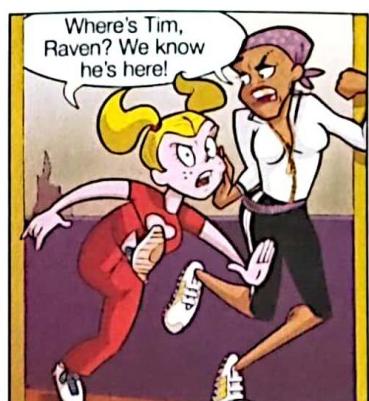
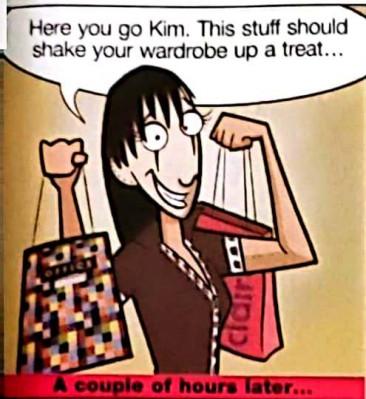
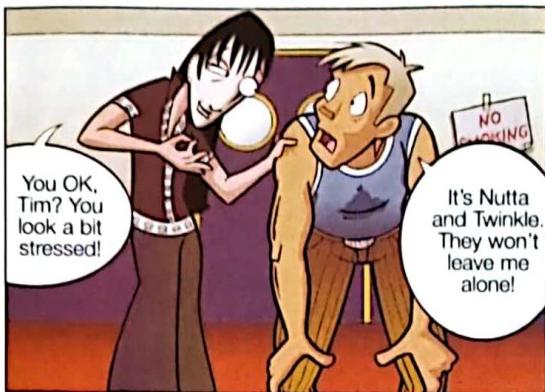
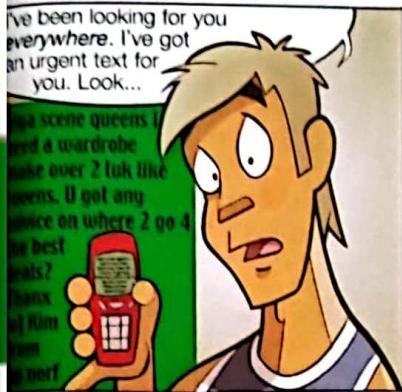


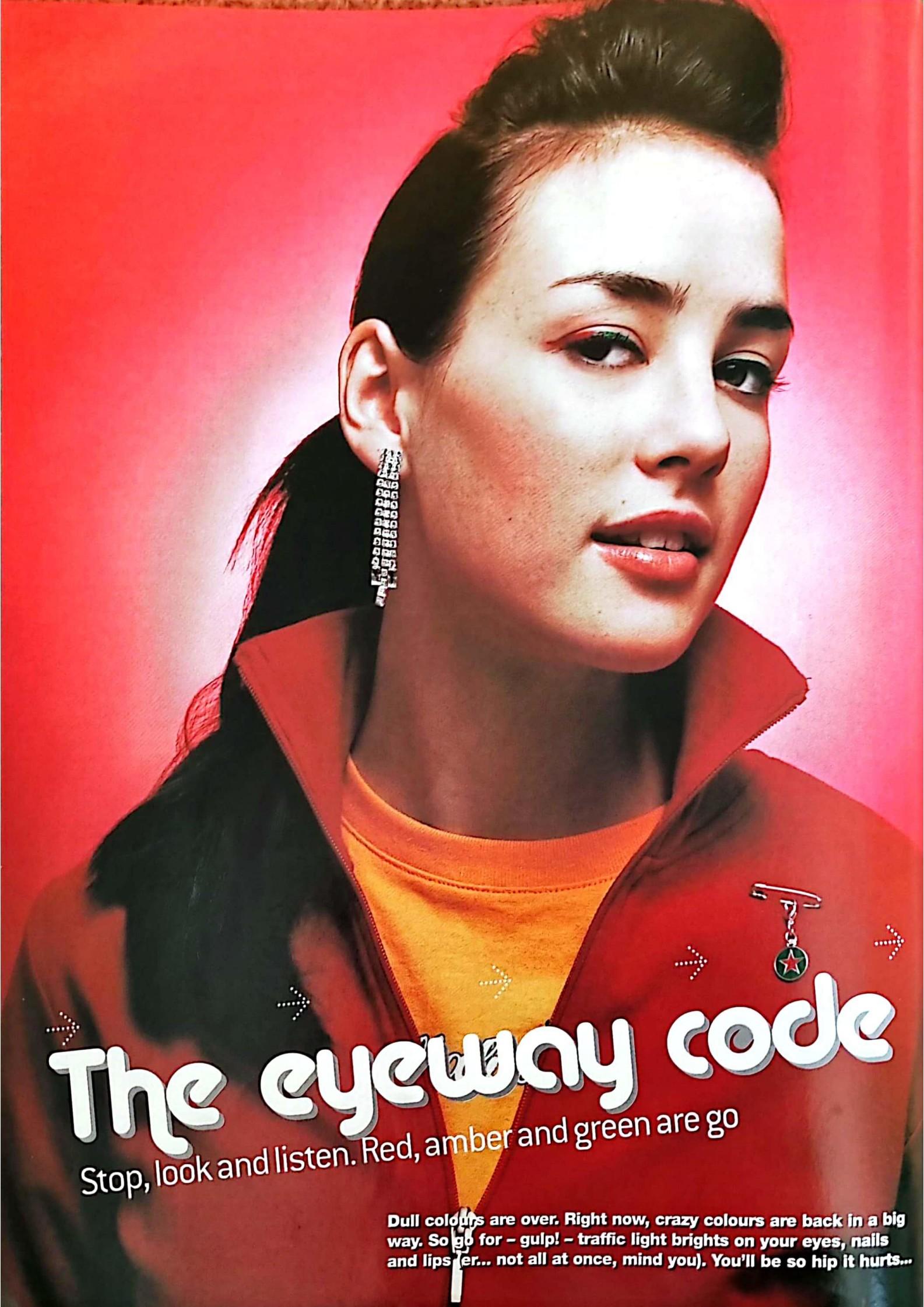
PLUS!
FREE
STYLISH BAG

ON SALE NOW
bliss has never felt so good

The Scene Queens

When they're not having problems of their own, Raven, Nutta and Twinkle are here to solve all your style problems. That is, as long as Tim isn't around...

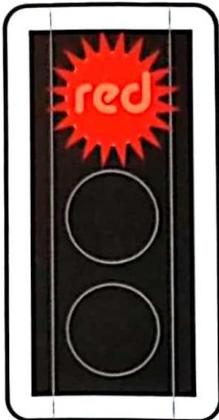




The eyeway code

Stop, look and listen. Red, amber and green are go

Dull colours are over. Right now, crazy colours are back in a big way. So go for - gulp! - traffic light brights on your eyes, nails and lips (er... not all at once, mind you). You'll be so hip it hurts...



How to wear it

On your eyes: For a dramatic look, take a red eyeliner, or a wet eyeliner brush dipped into red eyeshadow, and apply a thin line from halfway along your upper lids to the outside.

On your lips: As a change to red lippy, try red lip balm – it's more sheer and easier to wear.

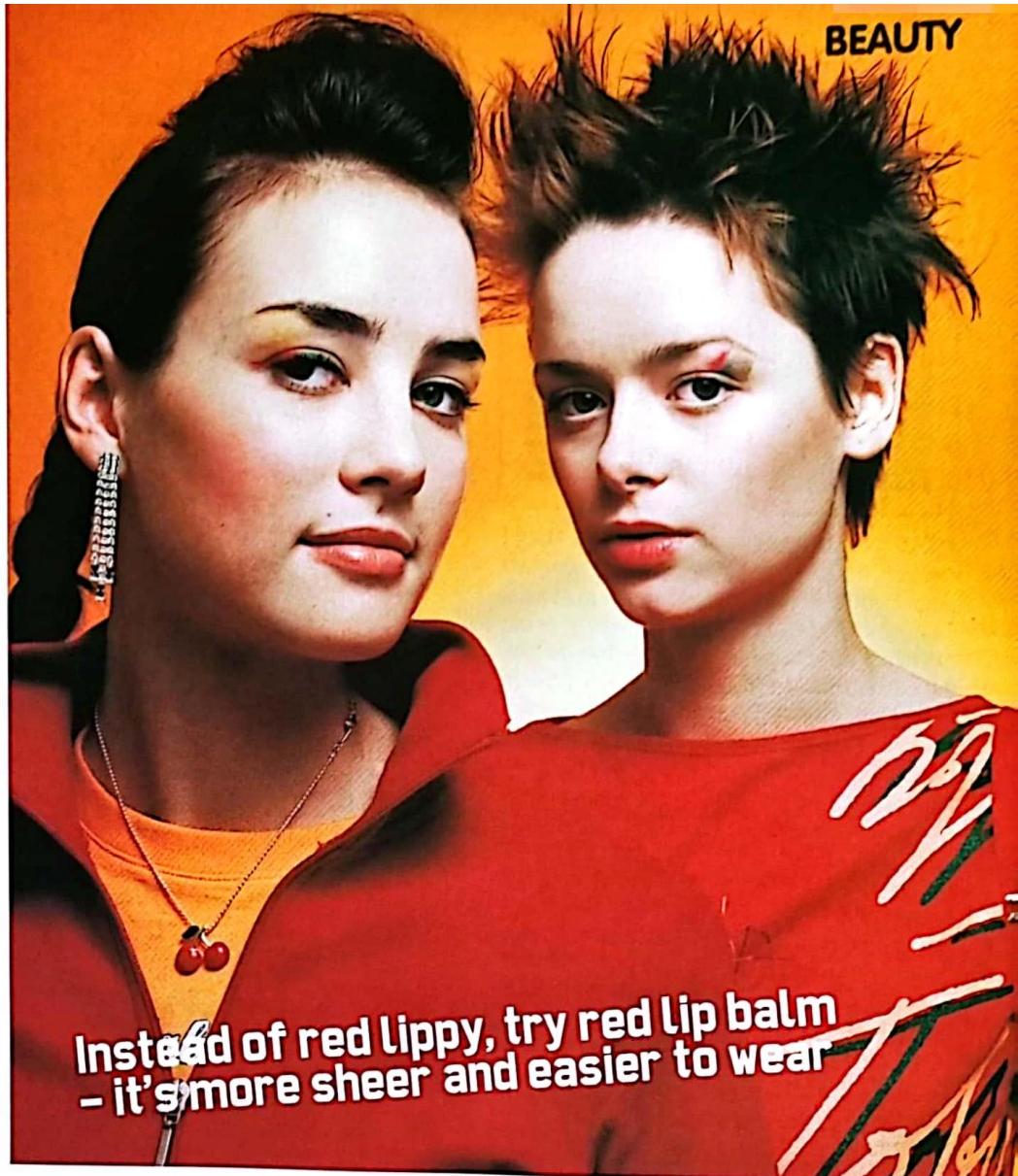
On your face: Go disco and sprinkle ruby heart-shaped body jewels on your cheeks. Stick the hearts below your eyes and just above your cheekbones using Vaseline or fake eyelash glue.

It's OK to:

- Rub on red blusher and rosy lip balm – they're more subtle than crimson eyeshadow and scarlet lippy.

It's not OK to:

- Get red lippy splodges on your teeth – check after applying lipstick.
- Combine dark red lipliner with a lighter shade of lipstick. Sooo Jordan.



Strawberry Cream Fruitopian
Lipgloss £2.99 from Caboodles @ Superdrug



No21 Eyeshadow 99p
from Divided @ H&M



Tomato One Coat Nail Polish
£2.79 from Kolor @ Superdrug



Crimson Heart Charming Glitz
£3.99 from NYC212 @
Superdrug



Persimmon Lumière Grande
Colour eyeshadow £7.50 from
Ben Nye @ Screenface



Tourmaline Jelly Glitz
£3.99 from NYC212 @
Superdrug



Love You Lipbalm £1.99
from H&M



How to wear it

On your eyes: Apply a light smudge of amber under your eyebrows – it'll make your eyes look bigger. Dab a little gold or shimmery light amber eyeshadow in the outside corner of your eyes to make them look like they're set further apart.

On your lips: A slick of amber is subtle or pout in orange lipgloss.

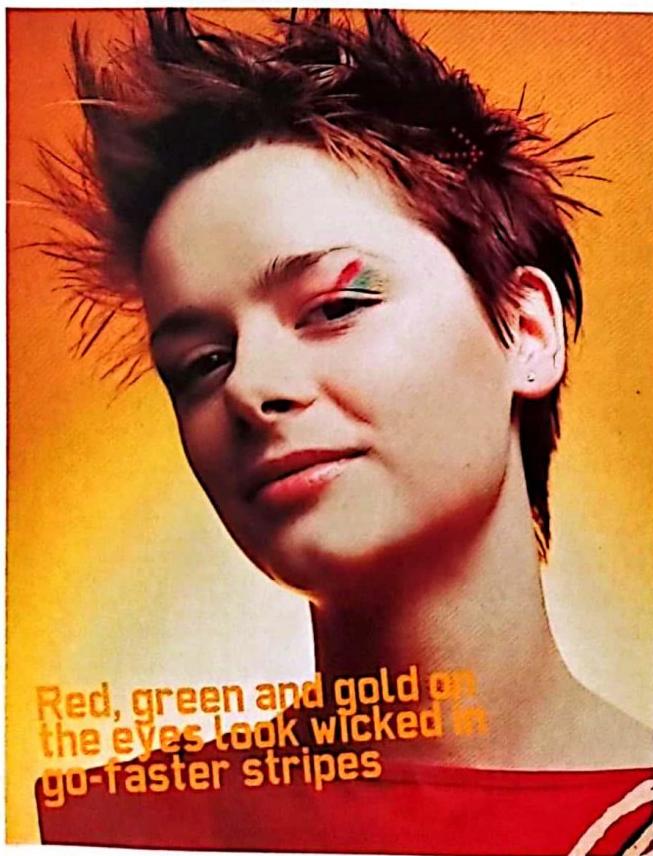
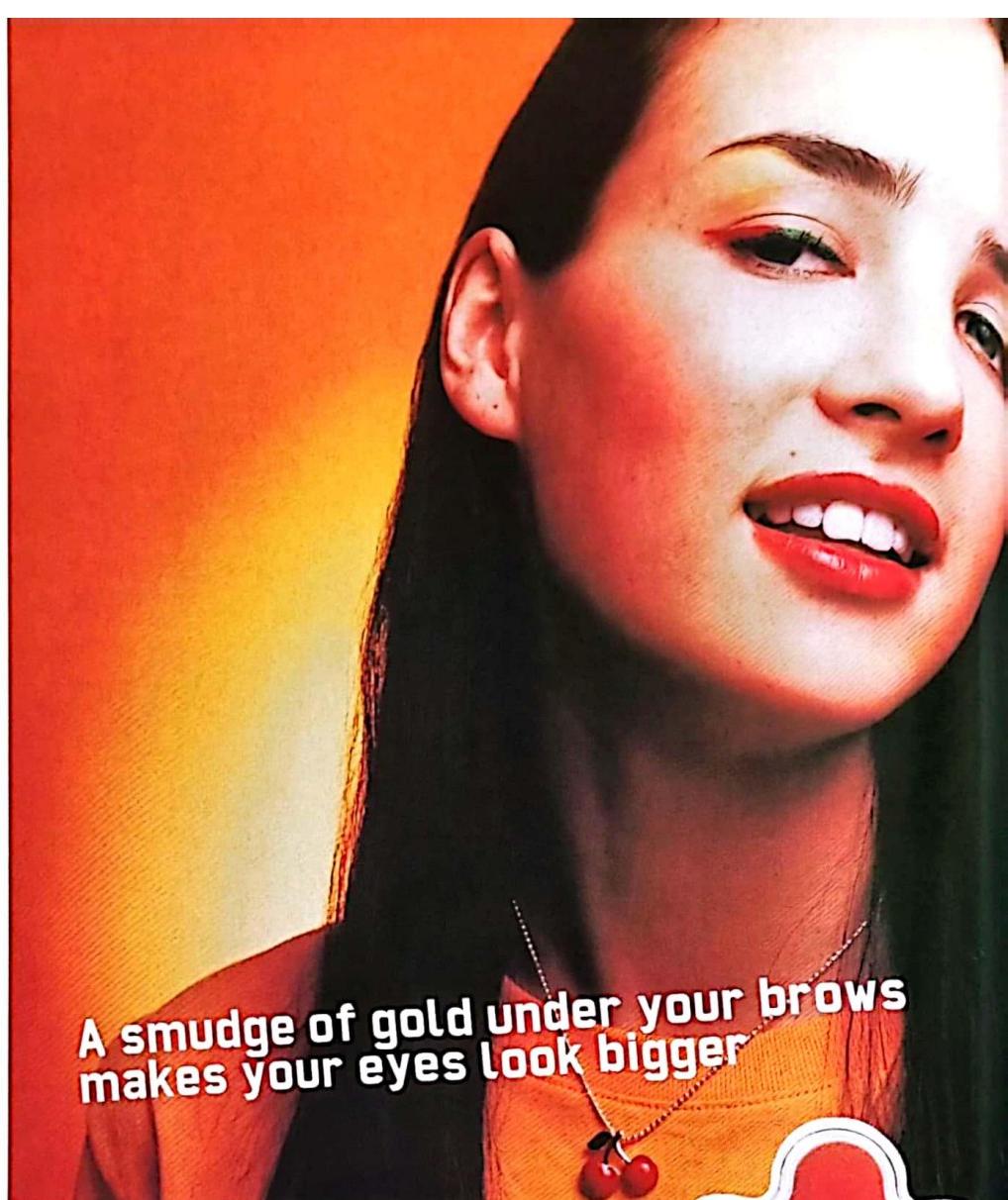
On your cheeks: Achieve that sun-kissed glow with tangerine blusher. But go easy or you'll end up looking like a Belisha beacon.

It's OK to:

- Sweep on amber eyeshadow if you combine it with other, stronger colours to keep the peaky look at bay.

It's not OK to:

- Wear orangey foundation.
- Daub lurid Fanta splashes on cheeks, eyes and lips.
- Use pale amber mascara – it'll make you look like you've got no eyelashes.



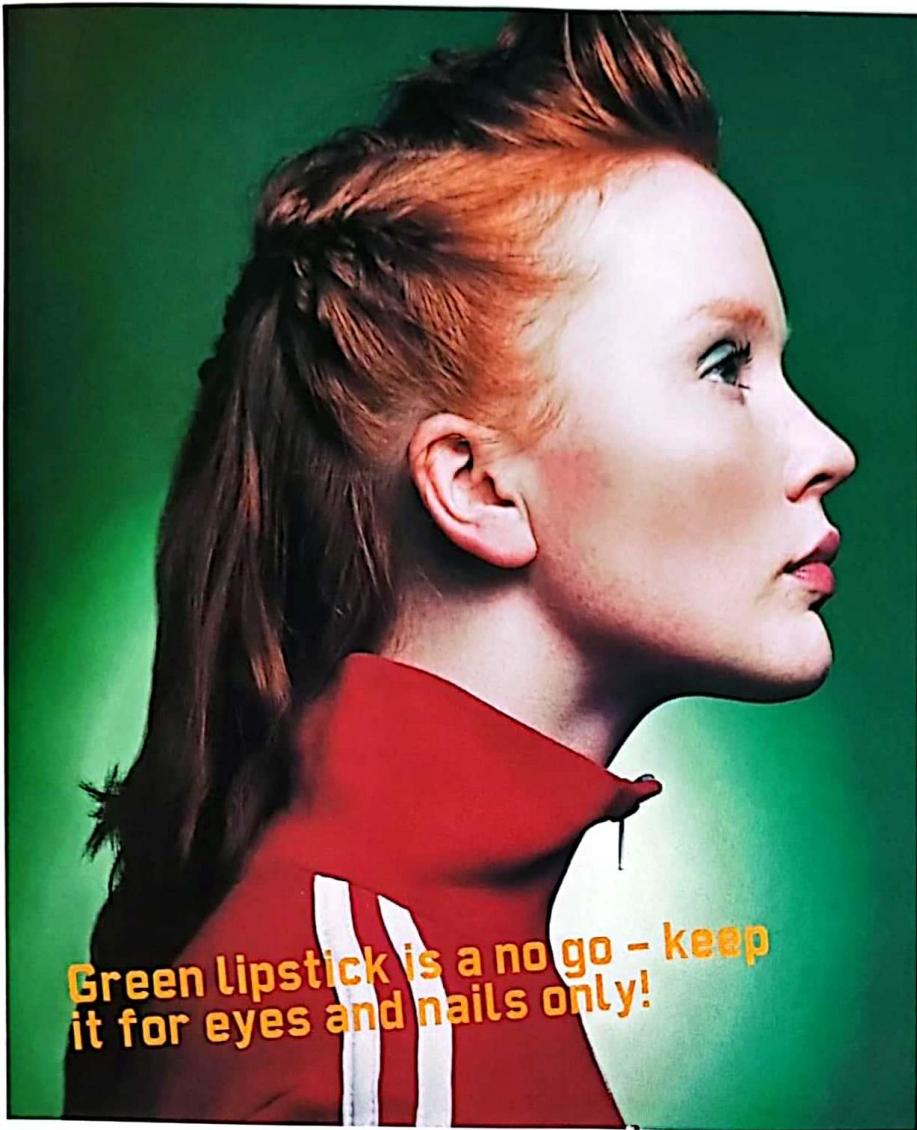
Orange Juicy Tubes Lip Gloss £10 from Lancôme



Apple Flower Power Lip Gloss in Apple £2.79 from Caboodles @ Superdrug



Zest Colour Lock Nail Enamel £5.10 from No7

**How to wear it**

On your eyes: Try using three different shades of green at once. A dark, fern green works best brushed into the eye socket, with a lighter green on the eyelid and a very pale minty highlight just under the eyebrows. Finish off with a sweep of green mascara.

On your nails: Green nail polishes look fresh. Experiment with different shades and tones, from bright emerald hues to shimmery light sea greens.

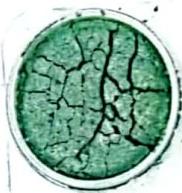
On your face: Greenish powder and foundation under your base can help even out a reddish complexion.

It's OK to:

- Go for mossy green eyeshadow in the day, shimmery, dramatic mints at night.

It's not OK to:

- Wear green lipstick – keep it for eyes and nails only!
- Apply solid blocks of one shade of green eyeshadow. You'll look like a clown.



Turquoise Here Comes Summer £5 from Barbara Daly's Make-Up for Tesco

Shoot me

The most stylish peeps at London's Kiss 100 Graffiti Design Competition tip us off on their customising secrets



Words Neil and Spud Photos Sam Jones Still life pics Roger Stillman

What rocks... We saw **diamanté logos**, **beaded plaits**, **cut-off tights worn over trainers** and **brooches**. Outfits were tarted up with **knee-high socks**, **patterned bags** and **chunky watches**. Boys got a look in with **wooden jewellery** and **cut-off combat trousers**.

Now buy these...

1. Medical bag £1.29 from Superdrug
2. Laced shoes £45 from Office
3. Flower brooches from £7 both from Big Metal
4. Floral bag approx £10 from Kitschen Sync
5. Koyar Inu bag £10 from Fiona & Luke customised with Nirvana patch £19.99 from local market stall
6. Checked socks £8 from Burlington
7. Star print jeans £45 from Chilli Pepper



Future
exhibition

Queen Of The Damned

After taking the States by storm, the fang-tastic Queen Of The Damned (15) is set to do the same over here next month. Sexy rock star vamp Lestat (Stuart Townsend) gets more than he bargained for when his goth rock awakens fellow neck nibbler Queen Akasha. Aaliyah is awesome as the super-glam Queen, though sadly she never lived to see the film completed. With a spine-chillingly heavy soundtrack written by Korn's Jonathan Davis and featuring the likes of Linkin Park's Chester Bennington and Marilyn Manson, plus wickedly spooky special effects, missing this movie would suck. Big time! Check out www.queenofthedamned.warnerbros.com/



Films!

Hoggin' the big screen this month



BEND IT LIKE BECKHAM (12)

Keira Knightley and co kick asses and footballs

All that Jess (Parminder K Nagra) wants to do is lace up her footie boots and score a hat trick. But her parents reckon she should learn to cook up a mean Aloo Gobi so she can snare a hubby like her sister. Add in a dreamy football coach with cheekbones you could cut cheese on (Jonathan Rhys-Meyers), feisty mate Jules (Keira Knightley) and some bonkers sari action and you've that rarest of things: a really good British film.

The bottom line: She shoots! She scores!

Scene stealer of the month

The Count Of Monte Cristo (PG) might not sound like your cuppa – based on the classic novel, it's heavy on old bearded blokes in tights, but stay with us. The Count has a son! Enter the cute, clean-shaven Albert, played by Henry Cavill, the tastiest swash-buckler you'll ever have seen.



ROADKILL (15)

Road rage hell for Paul Walker and Leelee Sobieski

The movie formerly known as *Joyride* makes its way to the big screen. Lush Lewis (Paul Walker) and his naughty bro Fuller (Steve Zahn) are picking Venna (Leelee Sobieski) up from college when Fuller decides to use their CB radio to play a joke on a lone truck driver. The trucker turns out to be a psycho stalker (unluckily!) but the excellent build up of tension makes up for any seen-it-before horror flick moments.

The bottom line: Terrifying.



ABOUT A BOY (12)

Cockle-warming flick about a grown-up and a kid

Twelve-year-old Marcus (Nicholas Hoult) is having a 'mare. He's the uncoolest kid in school and his single mum's a hippy who won't stop crying. Things start to look up when he makes friends with Will (Hugh Grant), a rich 30ish bachelor, who teaches him to be cool. In return, Marcus helps Will grow up. You'll laugh at the embarrassing rellie references and the film manages to stay on the right side of soppy.

The bottom line: Your mum'll drag you to see it but you'll come out smiling.

DVDs & Videos

>> THE PICK OF THIS MONTH'S TAKEAWAY MOVIES...

America's Sweethearts (12)

Julia Roberts, Catherine Zeta-Jones, Billy Crystal, John Cusack

Proving that a good cast doesn't mean a good flick, Julia and Cath play sisters in this painfully bad rom-com. Watch you don't choke on your popcorn...

Amelie (15)

Audrey Tautou, Mathieu Kassovitz

Get cultural with this quirky tale of a Parisian girl's attempt to set the world to rights – her own way.

Sex And The City Season 3 (18)

Sarah Jessica Parker, Kim Cattrall, Kristen Davies, Cynthia Nixon

If you can only afford to buy one must-have accessory this spring, make sure you bust your bank for this fab box-set. Glamour and rudeness guaranteed!

Angel Season 2 Collection (15)

David Boreanaz, Charisma Carpenter

A six disc set to put a smile on the face of David droolers everywhere. With extra features, including a behind-the-scenes look at the cast's make-up secrets, it's one to get your, er, fangs into!

Words Clare, Emma

Snack Attack

No popcorn bucket has been left unturned in our tireless research to get to the bottom of the sizzling question: how good is cinema food? ★ = gross! ★★ = grim ★★★ = so-so ★★★★ = mmm ★★★★★ = more please!

Cinema	Popcorn	Hot dog	Nachos	Pepsi/Coke	Overall
Warner Bros	Lightly buttered but a bit too salty towards the end of the bucket. Nice and crisp though. £3.60 ★★★	Good 'pop' when you bite the sausage, but the bread roll was crispy and dry round the edges. £3.45 ★★	Tasteless, greasy nacho chips with a flavourless yellow goo and watery tomato swirl. £2.95 ★	Pepsi Lacks fizz, but then bubbles up your nose and burping has never been a good look on a hot date. £2.35 ★★	★★
Odeon	A salty, buttery corn that tastes even better eaten as leftovers the next day. (Skanky? Us?). £3.60 ★★★★	Lots of ketchup and mustard can't disguise the rank, non-meaty taste. £3.05 ★	Looks good, but sadly it's a case of style over substance with these tasteless nachos. £3.45 ★★	Pepsi Fizzy and it doesn't just taste like syrupy water for once. Result! £2.65 ★★★★	★★★
UCI	Salty but a little stale tasting. A few pieces were burnt and it wasn't filled up to the top either. £3.50 ★★	The meat is pink and meaty looking and the bun squidgey-soft. This is how hot dogs should taste. £3 ★★★★	The cheese grew a dubious-looking film, but overall a really yummy surprise! £3 ★★★★	Coke A little bit flat but the self-service fun factor makes it bearable. £2.50 ★★★★	★★
UGC	Really dry, a distinct lack of butter and tasteless. Bleurgh. £3.75 ★	The sausage looks nice and pink and the bread roll is fresh-tasting and soft. Yum. £3.25 ★★★	You don't get much for your money and the nachos taste of deep-fried cardboard. £2.75 ★	Coke Not enough ice, which presents the horrific prospect of warm Coke. £2.40 ★★	★★



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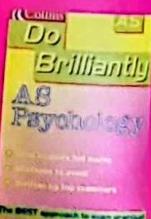
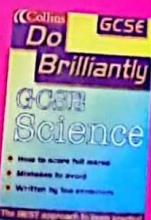
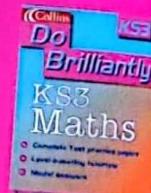
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We bound out of bed on Sundays just to catch Simon's sarky interviews. J17 found out how he copes with getting a grilling...

How great is your job?

>> It's loads of fun. I get to meet celebs, show off a lot and, seeing as I only work about three days a week, I get lots of sleeping time.

Who's been a nightmare to interview?

>> Damon Albarn was odd. I liked him but he put me off by waving a fairy wand around!

Has any star you've met been very different from how you expected?

>> Victoria Beckham was annoyingly nice in person, which made me rethink my opinion about her. Most celebs surprise me, except Usher. He danced into the studio, kissed everyone hello and was a true star.

Do you ever get star-struck?

>> I'm quite crap when it comes to interviewing people I respect. I was really nervous about meeting Travis at The BRITs. But they were excited to meet me, which was a huge shock and I got all embarrassed.

Are you and your Popworld co-presenter Miquita good mates?

>> We're like brother and sister, but we fight like we are too. If I make a mistake when we're filming, she'll shout at me. We don't hang out in our free time cos by the end of the week we've had enough of each other.

What are your plans for the future?

>> I'm still really enjoying Popworld. I'm generally happy if I'm saying stupid things that people laugh at, so my ultimate goal would be to have my own chat show.

Catch Popworld on T4 and Channel 4 every Sunday at 9.25am.

Stay in for...

>> USHER, LEO AND A VERY BIG HOUSE IN THE COUNTRY...

Check out Leo's ball control in the *Basketball Diaries*



>> **The Story Of Usher** Everything you need to know about the career, private life and strange-shaped head of R&B's biggest and sexiest star. MTV, Friday 19 April, 6.30pm...

>> **Dirty Money** Marcus Bentley presents a new quiz show where the only way to win is by stealing money from your opponents.

Makes *The Weakest Link* look wussy! Sky One, weekdays at 3.30pm, from 15 April...

>> **The Edwardian Country House**

Set in, er, an Edwardian country house, brave volunteers spend three months living in a fake early 20th century British setting. It might sound boring, but believe us, you'll be hooked on this *Big Brother* in petticoats. Channel 4, Thursdays at 9pm, from 25 April...

>> **Hollyoaks** Brian is trying to understand Lisa's self-harming and turns to God for help and Max and Anna share a 'moment' at baby

Charlie's christening. Could this be the start of a beautiful friendship? Channel 4, Mondays, Tuesdays, Thursdays and Fridays at 6.30pm...

>> **FilmFour's Teen Season** Celebrate J17's fave movie genre in May. Showing more teen flicks than at a cheerleader's slumber party, you'll be mad to miss classics like *Ferris Bueller's Day Off*, not to mention Leo looking gorge in *The Basketball Diaries* and Julia Stiles

hamming it up in *Hamlet*. FilmFour, 6 to 17 May...



FRANKIE FEVER

>>



Frankie Muniz fans rejoice! The cheeky American star of *Malcolm In The Middle* is back on our screens as the fab comedy returns for its second series at 8.35pm on Mondays, BBC2. Sixteen-year-old Frankie plays Malcolm, the boy with a genius IQ and an oddball family. You can also catch him on the big screen next month, playing a compulsive fibber in comedy *Big Fat Liar*.

Frankie fact box

>> His full name is Francisco Muniz IV.
>> He lives with his family in New Jersey, USA.
>> Not only does he play the drums, Frankie's also a basketball fan and a talented golfer.
>> Frankie's first major acting role was aged eight, playing Tiny Tim in *A Christmas Carol* at the North Carolina Theatre. Aw!
>> Rumour has it Frankie is set to star in a flick about a teenage secret agent, earning him at least \$2 million. Cute and loaded! We like.

Pajama party pick

Box Office America

Watching this is rather like gawping at a seemingly never-ending run of film trailers. But it's worth propping your eyes open for the glimpses of cute US film boys. The downside? Having to endure the terrible enthusiastic-yet-terminally-dull commentary. ITV1, Saturdays 2.45am.



Josh keeps us up all night

TV. Rockin' our box this month



Turn It Up!

"Is Clark Kent a virgin? We haven't gone there yet, but I hope we touch on that at some point!"

Smallville's Tom Welling keeps his fingers crossed for some superhero action of a different kind!



Everything I know in life I learnt from my TV...

#02 This month: As If Rock an attitude

As If: "I don't give a flying jump at a ringed doughnut what you think!"

Stay positive for your mates. Kinda

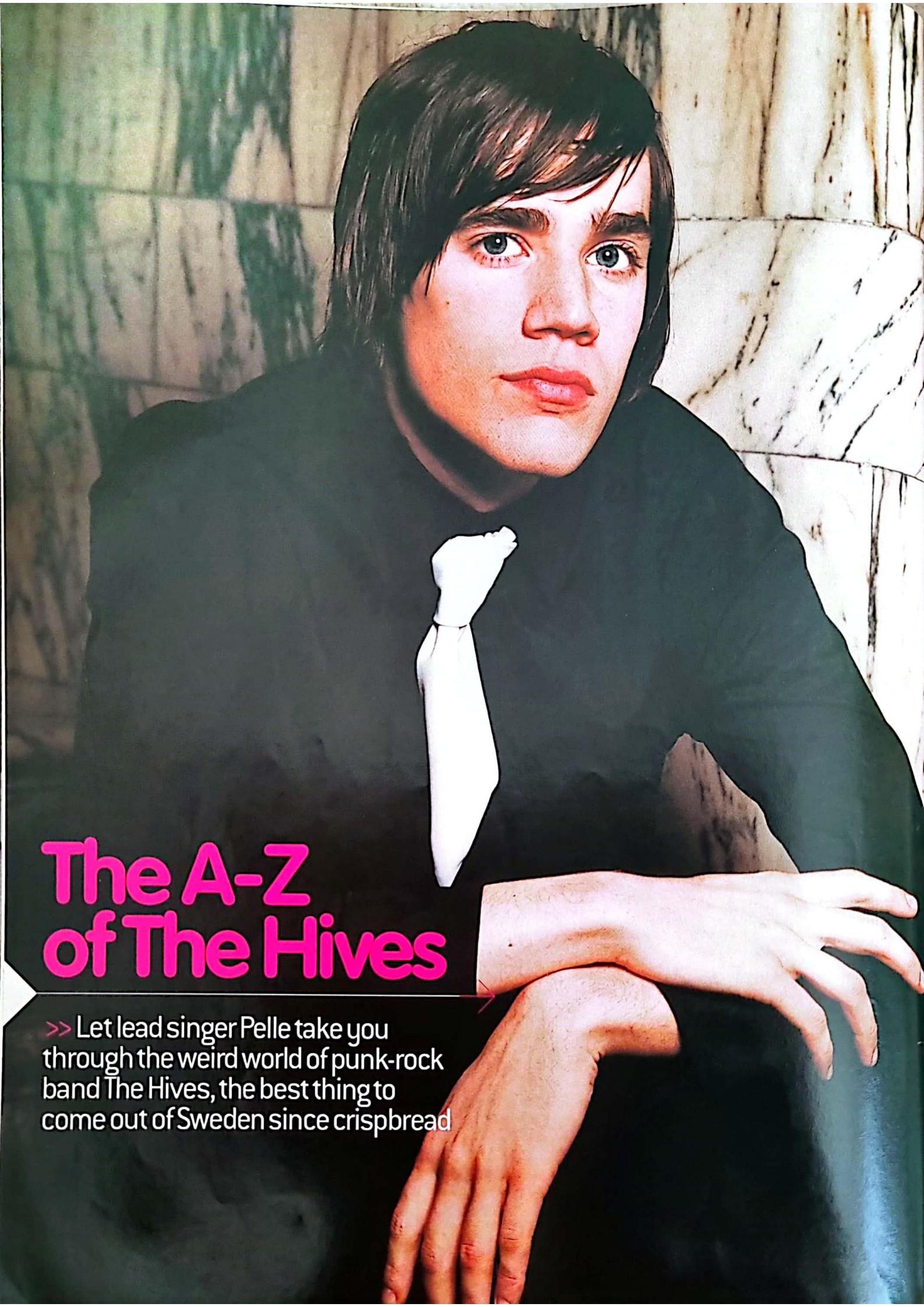
Kinda: "Don't worry, you'll find a man someday. I've heard in certain cultures virgins are highly prized."

Always have a quick comeback ready

As If: "Men's toilet? Have you grown a penis?"

"No. Have you?"

Catch As If on T4, Channel 4, every Sunday at 12.30pm.



The A-Z of The Hives

>> Let lead singer Pelle take you through the weird world of punk-rock band The Hives, the best thing to come out of Sweden since crispbread

A IS FOR ALMQVIST

A Meet 'Howlin' Pelle Almqvist, 23. Possessor of wolf-like eyes to die for, chive-thin legs and a howl of a voice. Lead singer with The Hives, the Swedish retro-ramic band whose shouty, spiky punk rock will be screaming from a stage near you this summer. The band have already shifted over 200,000 copies of their debut UK album release, *Your New Favourite Band*.

B IS FOR BAND BADGES

B "A good but discreet way of showing you like a band," says Pelle. "We sell Hives ones. We make them ourselves by hand on a machine, which can get a bit boring."

**C IS FOR BEING COOL**

C Pelle: "I'm not necessarily the coolest person in the world. Just a cool person in the world."

D IS FOR DRESS CODE

D The Hives always wear black and white on stage. "We all like the same clothes," confirms Pelle. "And because we don't have time to go shopping, we just wear the same things over and over till they fall apart. If we stopped doing it, it'd be like admitting we were wrong."

E IS FOR EARLY STARTERS

E The Hives formed at school at the age of 14. Precocious enough for ya?

F IS FOR FÄGERSTA

F The remote village in Sweden where The Hives come from. "When we go back everyone ignores us," says Pelle. "We're just the people they used to beat up."

G IS FOR GROWING UP TOGETHER

G Pelle: "The band [Chris Dangerous, 23, drums; Dr Matt Destruction, 23, bass; Nicholaus Arson, 24, guitar; and Vigilante Carlstroem, 23, guitar] all know each other and what each other's problems are so we can deal with them better. It's like being with your brothers."

H IS FOR HIGH POINT

H Pelle: "The high point so far has been the first time we did our own headlining tour across Europe, and there were loads more people than there had been when we'd played before. It was the first time we actually noticed that a lot of people liked us."

I IS FOR INTERNET ACCESS

Check out the band in all their black 'n' white glory at their official website www.hives.nu.



The Hives do mean 'n' moody

J IS FOR JAPAN

J Pelle: "We're touring there this autumn for the first time. I can't wait."

K IS FOR KYLIE

K Who gyrated in her scanties to the Hives' *Main Offender* in a super-saucy advert for posh undies company, Agent Provocateur.

L IS FOR LUXURIES

L Pelle: "We had champagne on our rider at one point. But then if you drink champagne every day it isn't as fun, so now we just have it on Fridays."

M IS FOR MYSTERIOUS FIGURES

M The Hives insist all their songs are written by their guru, Randy Fitzsimmons. No-one has ever seen him or tracked him down. Does he really exist? We're still guessing.

N IS FOR NOVELTY FRUIT

N Pelle: "I bought some Chinese pears. They feel like apples but taste like pears, only not so much – like diet pears."

O IS FOR FORTHRIGHT OPINIONS

O Pelle: "I just want a lot of people to hear our music. I don't really care if they like it or not."

P IS FOR PEELING OFF

P The Hives have a habit of stripping in front of whoever happens to be around (Pelle even took his shirt and trousers off while our Kate was interviewing him!). "We only get naked to change our clothes," insists Pelle.

**Q IS FOR QUALITY FOOTWEAR**

Q Shoes are important. "They should be non-orthopaedic," says Pelle. "If they're good for your feet, they don't look good. They have to be pretty flat, without stuffing or padding. Canvas shoes are good – they look cool when they're brand new as well as beaten up."

R IS FOR AUDIENCE RESPONSE

R Pelle: "I just like our audience to respond. Love us or hate us. Much better than thinking we're just OK."

S IS FOR STRIPY SHIRTS

S Pelle pulls out a scrappy, slightly smelly shirt and says, "My favourite shirt. It's just such a



classic. It makes me feel like a French man, or a prisoner or something."

T IS FOR 24-HOUR DARKNESS

T Which is what they get in Sweden during the winter. "Maybe that's why Sweden produces so many good bands," muses Pelle. "In the winter we all stay in and rehearse."

U IS FOR DOWN UNDER

U Pelle: "We like touring Australia because there's hills and sea and sun all close together. Like in Sweden."

V IS FOR VINYL

V This is an obsession for Pelle, who prefers records to CDs. "It feels like you get more for your money," he explains. "You can get them cheap if you look in the right places – second-hand record shops, thrift stores."

W IS FOR WRITING THE BEST LYRICS

W Pelle: "I like getting the balance between clever and dumb just right. The lyrics might seem simple, but they have meaning." Like 'Hail, hail, spit 'n' drool' Pelle?

X IS FOR ON-STAGE EXERTIONS

X Pelle climbs onto the rafters... he leaps into the crowd... he screams into his microphone! But he reckons: "I've never really hurt myself so much that I couldn't finish the show." That's lucky.

Y IS FOR YOUR NEW FAVOURITE BAND

Y Title of The Hives' recent album. They took the words right out of our mouths.

Z IS FOR CATCHING ZS

Z Something you'll never do during a Hives show.

The Hives' single *Main Offender* is out 6 May. Their UK tour starts 2 May.



miss sporty

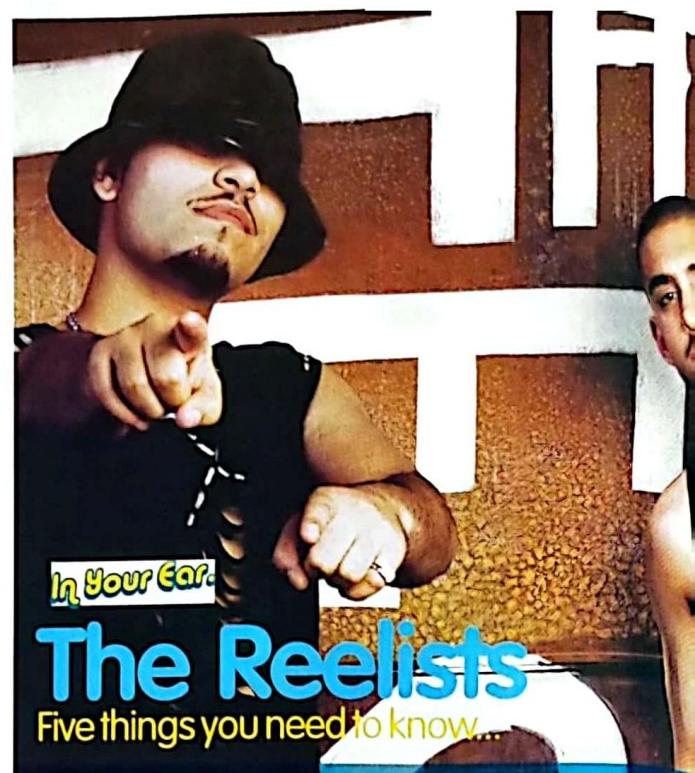


"if you
can't change
your mood..."



miss sporty. make up your rules.

Available at larger Superdrug
stores & independent chemists.



In Your Ear

The Reelists

Five things you need to know...

1 Vocalist Sef and producer/musician K1 are two 21-year-old mates from south London who have been working together for three years.

2 Thanks to their guest spot on So Solid Crew's single *Haterz*, The Reelists

have been hyped as this year's R&B big thing. Their celeb fans include Oxide & Neutrino, Gabrielle and MJ Cole.

3 Sef used to be in an R&B group with So Solid Crew's Megaman and Kaish in the late 90s.

4 Sef and K1 are putting the finishing touches to their first album, *On The Reel*, which they've written, performed and arranged themselves. "When it came to recording live instruments, I taught myself to play," says K1.

music.

Shaking our stereo this morn



Pops In Your Pocket

Liam Gallagher

This month's comeback single from Oasis, *The Hindu Times*, is sure to catapult them back onto our stereos. What's more, Liam is still our fave bad boy Britpop pin-up. Mad fer it, indeed!

Words Nic



VARIOUS ARTISTS

Now Dance 2002 (Part Two)

What's the story?

Features hits from a1, Kylie and J.Lo.

Is it any cop?

Burstin' with recent dancefloor burners.

High point

Princess Superstar's *Bad Babysitter*.

Low point

Creamy's puke-inducing *Never Ending Story*. Yuck!

The bottom line

What Saturday nights were invented for.



VARIOUS ARTISTS

The Pledge Of Allegiance Tour

What's the story?

Live tracks from Stateside's ultimate rock festie.

Is it any cop?

System Of A Down and Mudvayne aren't for the faint-hearted.

High point

Slipknot's *People = S****.

Low point

We wanted to be there!

The bottom line Mosh heaven.

Singles

>>THIS MONTH'S HOTTEST RELEASES

3SL Take It Easy

One listen and you'll be hooked on this catchy, poptastic debut single from Steve, Andy and Ant Scott-Lee, the brothers of ex-Steps member (and now 3SL manager) Lisa.

Sugababes**Freak Like Me**

After a line-up change and a break from the pop spotlight, the Sugababes are back with a wicked, 'tude-packed, hook-filled tune that has 'cool' stamped all over it. In big red letters.

***Nsync Girlfriend**

The *Nsync lads are joined by Nelly and hip-hop producers The Neptunes on this deliciously groovy funked-up ballad.

Aaliyah Rock The Boat

Another beautifully smooth, sexy track from the much-missed Aaliyah and a guaranteed massive hit.

Remy Zero Save Me

Dream of lush young Superman Tom Welling as you drink in *Smallville*'s fab theme tune.

Ryan Adams**Answering Bell**

He's bessie mates with Elton John, the on/off boyfriend of Winona Ryder and worshipped Stateside. Think cute, guitar-strummin' cowboy with a voice that'll give you goose-bumps.

Beware, beware!**Some words of warning, dear readers**

Two singles to avoid this month are slushy ballad and UK Eurovision entry *Come Back*,

from *Pop Idol*'s Jessica Garlick, and *Kiss, Kiss*, the debut single from Holly 'Neighbours' Valance. Kylie Minogue has a lot to answer for!

**Holly 'Neighbours'****Jessica Garlick: stinks**

5 Stardom won't spoil the boys' friendship. "The chemistry is just right between us," says Sef. "We just vibe off each other and know when to step back!"

The Reelists' single *Freak Mode* is out 29 April

VARIOUS ARTISTS**Old Skool Hip Hop****What's the story?**

An album of hip-hop classics.

Is it any cop?

With legendary tracks from NWA and Run DMC, you're in for a phat beat treat.

High point

Dr Dre's *Keep Their Heads Ringin'*.

Low point

Your mum'll hate the cussin'!

The bottom line

An essential lesson in hip hop.

miss sporty



**...change
your makeup"**



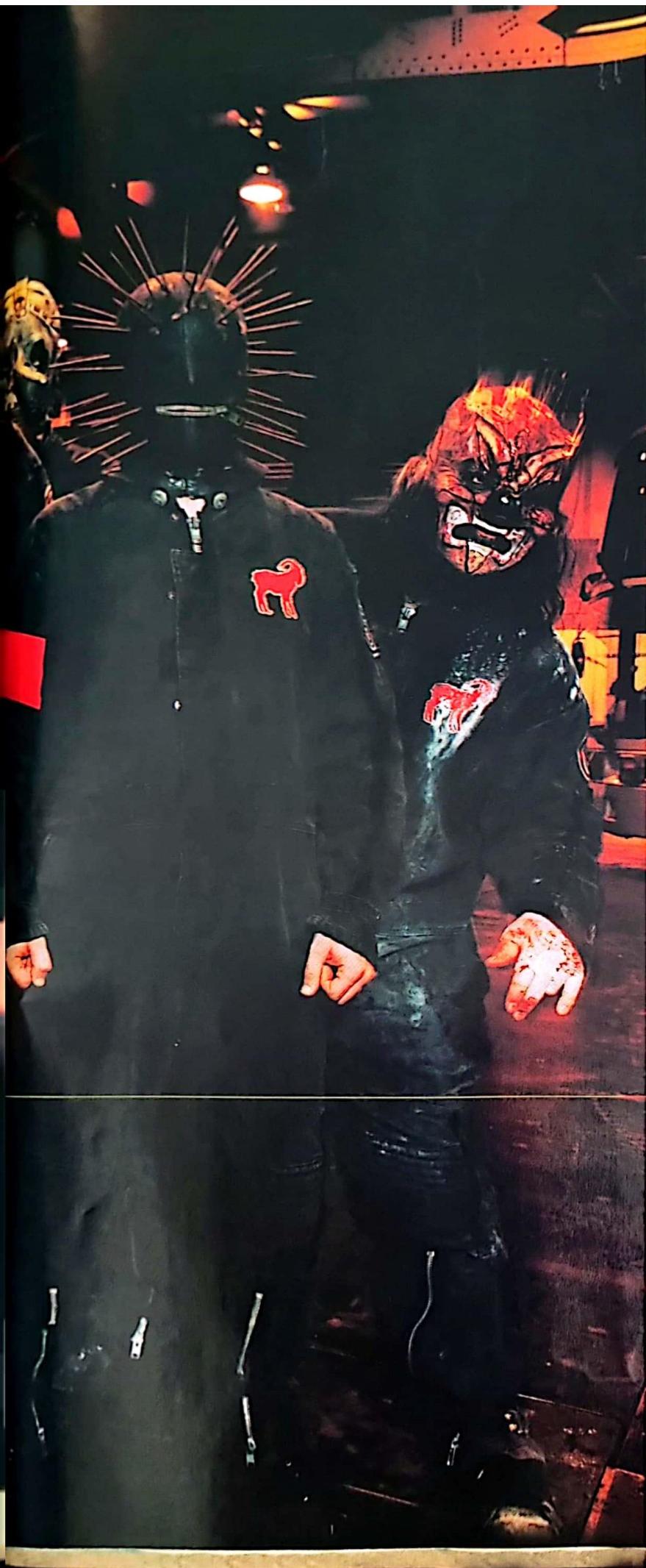
miss sporty. make up your rules.

Available at larger Superdrug stores & independent chemists.

What you lookin' at? L-r: Sid Wilson, Jim Root, Paul Gray, Corey Taylor, Joey Jordison, Mick Thomson, Chris Fehn, Craig Jones, Shawn Crahan

Be afraid. Be very afraid.

>> Our Nich is one seriously obsessed Slipknot fan, so we sent her on tour with them. Find out what happened when the lights went down and the masks came off...



I'm a WUSS. I admit it. I'm desperately trying not to meet the stares of the nine masked members of the scariest band in the world, Slipknot. They've taken over Glasgow's Virgin Megastore to meet their fans, the lovingly nicknamed maggots (Joey christened them this cos they 'feed' off the band's energy and music). But this is the band who used to sniff a dead crow before they went on stage so they were sick inside their masks and challenged journalists to punch-ups on meeting them. So who can blame me for being nervous.

MAGGOT FEST

>> Since 1999 when the US band released their first major label album, *Slipknot*, they've been Des Moines' most infamous export. The nine 'Knots have a knack for courting controversy and their brutally dark sound and extreme on-stage antics have won them as many enemies as fans.

From the first time I heard that album, I wanted to meet them and find out if their intimidating antics were just a stage act or if their freakiness is for real. And, OK, I also wanted to know if Corey was cute.

The 'Knot have sold over three million copies of their albums worldwide, and their second release, *Iowa*, debuted at No 1 in the UK album charts last September, so it comes as no surprise that over 3,000 fans have travelled to Glasgow to meet the band. Inside, fans approach the 'Knot for autographs, hand over presents (Shawn's favourite is a four-week-old rabbit foetus...) and request hugs or to be spat on (yes, really). Shawn, the crazy clown, shouts abuse at anyone who'll listen, and Mick looks horribly menacing in his hockey mask. But all the maggots leave the table beaming as if all their Halloowens have come at once.

I step up to the table and immediately feel nine pairs of black-kohled eyes on me. The clown stands up and screams "MAGGOT!" at me. I feel the colour drain from my face but it doesn't stop him growling, "Are you coming to the show tonight? You better be."

I move on, quickly. Each of the 'Knot signs my *Iowa* CD cover and tries to stare me out. Jester-masked Jim makes small talk about his face hurting and Valentine's Day as he strokes the realistic-looking blade jutting out of his chin, in a seductive fashion.

Nearly four hours later, Slipknot end the signing. There wasn't enough time to meet everyone and policemen are trying to control the army of disappointed fans. "We feel bad cos people get turned away but we can't sit there all day if there's a show to prepare for," admits frontman Corey. "Putting the masks on is really painful. We can barely breathe but those kids were waiting a long time, so it's worthwhile."

UNMASKED AT LAST

>> The band and I make our way to the SECC, the 7,000-seater venue for tonight's sold-out show. It's not due to start for hours, but already hundreds of maggots lurk there. Backstage Slipknot have changed out of their gruesome



uniforms and it's hard to tell who's who. But Mick is easy to spot thanks to his long black hair. Ghostly-pale Joey, a favourite with the 'Knot's girl fans, is also instantly recognisable because he's much shorter and skinnier than the others.

Joey tucks into a well-needed plate of chicken and potatoes and I ask him about Slipknot groupies. "They're usually very quiet, seductive, goth-looking chicks," he says, with an American drawl. But, as all the band are married or dating, Joey insists that they "don't do the groupie thing".

J17 meets Jim

>> Dressed head to toe in black with make-up still smudged around his eyes, the otherwise ordinary guitarist Jim volunteers himself for a grilling J17-style. Craig, who never talks to journalists, comes in to watch – or is it to glare at me? I try not to let the purple sores on his shaved head from his spiked mask put me off... What's the biggest myth about Slipknot?

There are so many but it's probably that we eat poop. We're actually



"I am a goof-ball!" **Corey**



normal guys. We just have these inner demons that we try to exorcise on stage.

How would you describe your fans?

Slipknot fans are incredible. During the signing today I was like, 'I hate this', but then I saw a really young kid with his parents. I knew I had to keep my s**t together and carry on for him.

What does the Slipknot uniform represent?

We need to look unified cos watching nine people on stage, with different tastes and styles, is hard. They do the job!

Slipknot make an appearance in new movie *Rollerball*. Do movie careers beckon?

That was a one-off thing. Corey is the movie fanatic and I'm sure if anyone in the band was gonna get into movies it'd be him. I can see him acting.

Do Slipknot split into smaller groups when you hang out?

Some of us are

closer than others so we hang out more. The band's so big that if you're mad at one person, there's always someone else to talk to. But in Slipknot people argue behind each others backs, instead of going up to each other and dealing with problems.

What are the best and worst things about being in the band?

Travelling the world and playing to people is a dream come true but strapping that dirty, stinky mask on every day is the worst.

J17 meets Corey

>> Off-duty, Corey is friendly, talkative and, oh yes, girls, pretty cute out of that mask. Shorter and stockier than I was expecting with amazing blue eyes, he politely invites me onto Slipknot's tour bus for our interview. It's tidy, with not a dead crow in sight and I can't help giggling when he shows me the teddy tucked up in his bunk!

How has Slipknot's success changed your lifestyle?

I now own a house, a cool car and 2,000 DVDs. I'm a movie freak! I love a good romantic comedy or thriller. I love 'em all

That's not very rock 'n' roll...

This business has made me more responsible. I'm 28 but got all my self-destructive raging out early. I tried to commit suicide four times when I was younger, and at 18 I was messed

Know The 'Knot

With their masks, matching boiler suits and assigned numbers, it's not easy remembering who's who. Get to know Slipknot with J17's at-a-glance guide...

Name	Mask	#	Job
Corey Taylor	Dreads	8	Vocals
Mick Thomson	Silver hockey mask	7	Guitar
Shawn Crahan	Clown	6	Percussion
Craig Jones	Spiked helmet	5	Samples
Jim Root	Evil jester	4	Guitarist
Chris Fehn	Pinocchio nose	3	Percussion
Paul Gray	Pig	2	Bass
Joey Jordison	Japanese Kabuki	1	Drums
Sid Wilson	Gas mask	0	DJ



up on drugs and booze and had a kid I just wasn't ready for.

How do you feel about being a role model?

I'm proud that kids look to us for guidance. We don't abuse it or neglect it. We want them to feel good about themselves because too many people don't do that. Wanna know where Slipknot's anger comes from? That's at the core.

What's the biggest myth about Slipknot?

That we're a hate band. We're not violent, racist or homophobic. This band is deadly because we're about respecting and believing in yourself.

What does your mask mean to you?

It's a reflection of how I feel about singers. I want all the emotion to come out in my singing, so my mask had to be ugly and emotionless. I can't wait to see the changes it goes through over the years to come.

Do you get recognised when you're unmasked?

Sometimes, but I don't have psychotic fans going through my garbage. I remember meeting one kid and he asked me why I was acting like a goof-ball. I was like, 'Cos I am a goof-ball!'

What's the Slipknot groupie situation?

We get girls hanging around us which I don't understand cos most of us are ugly! The adoration is appreciated but we're not going through girls like they're mayonnaise at a hotdog stand!

'This band is deadly because we're about respecting and believing in yourself'

Corey



Masked magic

Frontman Corey tells you how to make a Slipknot-worthy mask...

"Make something that'll make you feel miserable, something that'll collect a lot of snot, sweat and blood and something that you'll fall absolutely in love and in hate with. Other than that, go nuts!"

What's the worst injury you've had on stage?

I've cut one cornea wide open three times because my dreadlocks whip into my face when I headbang. We have insane amounts of energy, so we get damaged. On the last tour, we had 45 broken ribs and 240 stitches between us.

What will Slipknot never do?

Perform as Slipknot unmasked.

>> The next time I see the band they're all in intimidating, on-stage mode. Together they're much rowdier, but manage to behave for J17's photographer (except for the clown, the band's loose cannon, who's stomping around). Corey puts his arm round me for a picture and I flinch. "Why are you so nervous?" he whispers. "You were just alone with me on the bus." With his masked face pressed close to mine, Corey's trying to freak me out and it's working.

As Slipknot make their way to the stage, Joey turns back. "With nine of the most different personalities you could imagine, it's strange how this works," he shrugs. "But when we come together, we're the best band ever!" That night, 7,000 maggots and one J17 journalist could vouch for that.

Slipknot's new single My Plague is out in May. For more info check out www.slipknot1.com

Meet the fans!

Over 3,000 devoted maggots (yes, that's fans) turned up at Glasgow's Virgin Megastore to meet their heroes. J17 asks: what makes Slipknot so special?

Angela

Age: 16
Favourite Slipknot song:

Me Inside

Been a maggot for:

Two years

Because: "I love Joey and am going to marry him. He's an amazing drummer and he's so cute and small!"

My mask would be: "A really pretty fairy to contrast with the others."

John

Age: 16

Favourite Slipknot song:

(Sic)

Been a maggot for:

Three years

Because: "Slipknot mean everything to me. They love their fans. I've been queuing since 6am but it was worth every minute just to meet them."

My mask would be: "I've made one. It's a stripy woolly hat with multi-coloured dreads."



Charleen

Age: 17
Favourite Slipknot song:

Left Behind

Been a maggot for:

One year

Because: "Slipknot rock! Everything about them makes them the best band in the world!"

My mask would be: "An evil vampire."



Colin

Age: 16

Favourite Slipknot song:

Surfacing

Been a maggot for:

Three years

Because: "Slipknot are so different to anything else. Whenever things get me down, I put on their albums and unleash all my aggression."

My mask would be: "Joey's one because it's so cool. It's simple but freaky."

Win!

Slipknot swag

Fancy getting your hands on a Slipknot goodie bag, including a signed poster? We've got five to give away. Send your name and address on a postcard to 'Slipknot competition', at the usual J17 address (see p7) by 9 May 2002.

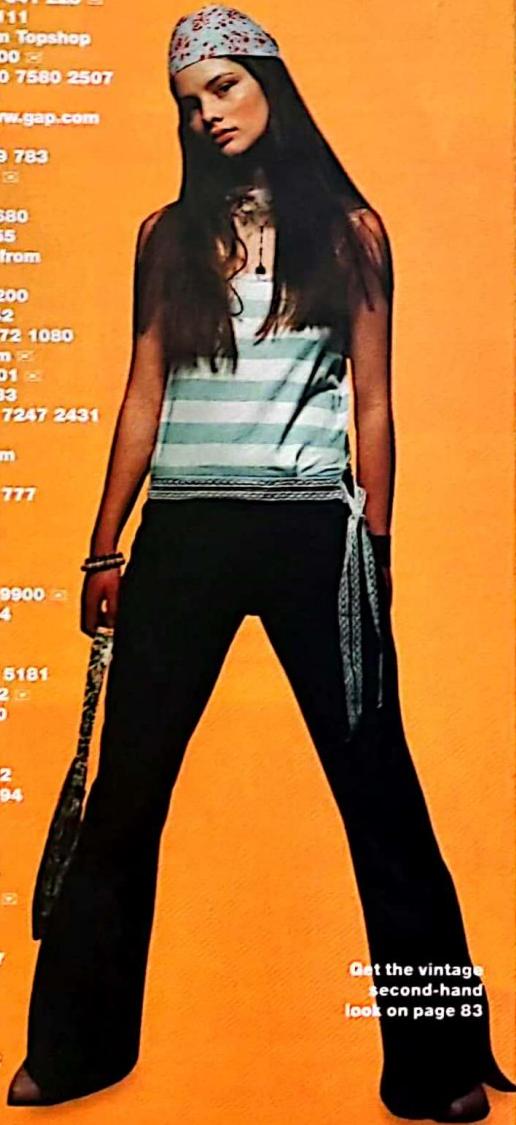


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april

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13

There are 5 signed copies of Blue's new vid *A Year In The Life Of* ready to win.

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21

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23

Get on down to one of 5 copies of *Bass In Yer Face*.

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We've got 5 copies of *Friends Series 8* Volumes 1-3 up for grabs courtesy of Warner Home Video.

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28

Spook yourself with one of 5 *Angel Season 2* DVD box sets courtesy of 20th Century Fox Home Entertainment.

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29

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30

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1

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Text: TXT M&S

2

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3

We've got a Cheeky bag set and sunglasses to give away from Claire's Accessories.

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4

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5

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7

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day-by-day stars

12 april – 9 may

aries



friday	saturday	sunday	monday	tuesday	wednesday	thursday
12th The New Moon falls in your sign, which always has a positive influence on Ram girls.	13th As Mercury moves into Taurus, a message from home will give you something to think about.	14th Mars, your ruling planet, visits Gemini. You can't tell whether you're coming or going.	15th Give it a little time, it's too early to say whether things will work out or not.	16th Time with friends gives you a glow all over. No major incidents but you feel lucky.	17th Today's events keep you on the straight and narrow, so you won't go too far astray.	18th A new guy is on the horizon, he's mega-cute, but boy does he know it! Watch your step.
19th You have a sense of unease today but it's nothing you can put your finger on...	20th The sun in Taurus makes this an unusual Saturday in more ways than one.	21st Listen to your heart. Your head is leading you down a blind alley and deep down you know it.	22nd Mercury is still very active in your chart, keeping everything on the right track.	23rd Feeling down? It would be a good idea to share your problems with a close friend.	24th There doesn't need to be a fight; you can get out of this mess with just a little smart thinking.	25th Your good mood is infectious and keeps a smile on your friends' faces all day long.
26th Finally others catch up with your optimism and a good time is had by all.	27th A wet day puts your action-packed plans into jeopardy. Think again!	28th Today is the ideal time to get back on track, so sort yourself out.	29th Why do you insist on doing things the hard way? Corners are there to be cut.	30th An exciting development at school means you are so excited you can't sleep.	1st The signs don't look good, in particular Mercury is making life difficult right now.	2nd If you can control your temper you'll show a level of maturity that will win over your parents.
3rd Not the best of days, you're frustrated by annoying little irritations.	4th It's always darkest before the dawn, so as bad as things seem, it's going to get better.	5th It might sound weird, but if you go to the library today you'll have a really interesting time.	6th Overlook people's little faults. Remember, you aren't so perfect yourself!	7th You're sticking to your goals and feeling the benefit of a healthier lifestyle.	8th Listen when others tell you to cool it. Try to keep things in perspective.	9th You manage to keep a cool head despite the trials that the day throws at you.

snog day lucky day dosh day hassle day

taurus

21 april - 21 may



friday	saturday	sunday	monday	tuesday	wednesday	thursday
12th A New Moon in fiery Aries give you a real energy boost. Kick ass!	13th Mercury, messenger of the gods, moves into your sign. Expect an important development.	14th You aren't sure which is the best course because Mars, in Gemini, has got you in two minds.	15th Sorry, but no matter how much you love him, he's always going to love himself more.	16th Handle with care. This situation could develop faster than you can handle.	17th Ask around, find out what's happening. Don't act until you have the full picture.	18th Remember to divide your time between work, family, friends and romance.
19th It's not love and it's not going to change your life, but this flirt should be fun.	20th You take the centre stage and outshine all your friends as the Sun enters your sign.	21st Lady Luck is still smiling on you, so take a chance – otherwise you'll never know.	22nd Claim what's yours, stand up for yourself and don't be ashamed to ask for your fair share.	23rd Open up to a trustworthy person, share your worries and you'll be nearer to solving them.	24th This may look like a bad situation, but good will come of it – promise.	25th If you are looking for a new guy, then you could strike lucky today. Keep your eyes peeled.
26th You need to atleast give her a chance to explain. You might end up on her side.	27th You feel impatient and don't deal well with people who can't make up their own minds.	28th If you want to see real results, it's time to push yourself a bit harder.	29th Take the difficult route. Unless you test yourself you'll never know your limits.	30th Keep plugging away. Every day you're getting closer to achieving your goal.	1st Your money situation is definitely improving as you find yourself quids in today!	2nd It's time to reward yourself for all your hard work by pampering yourself.
3rd There is no point in waiting for others to show you the way. Why not take the initiative?	4th A major shopping expedition is called for. Just don't blow all your hard-earned dosh.	5th A day of very hard, but ultimately rewarding work.	6th Everything really goes with a bang as your social life picks up big time.	7th A positive attitude and a willingness to join in will make it all worthwhile.	8th After the week you've had, an ordinary day is something of a disappointment.	9th You need to keep your wits about you today to stay one step ahead.

snog day lucky day dosh day hassle day

gemini

22 may - 21 june



friday	saturday	sunday	monday	tuesday	wednesday	thursday
12th You grab life with both hands as the New Moon fills you with confidence.	13th The movement of Mercury into Taurus will bring an important message.	14th You may be a little grouchy, but you will get things done as Mars moves into your sign.	15th With the promise of romance later, you need to flash your sexiest outfit today.	16th Worrying is a natural reaction, but it isn't going to solve the problem, is it?	17th Even though you pass the info on in good faith, you'll unintentionally cause trouble.	18th Money comes from an unexpected source. It's nice for now but don't rely on it.
19th You get out of today what you put in – so don't just stand there, go for it!	20th Summer feels a long way away, but today your mood is really sunny.	21st You'll meet a really cute guy in very unusual circumstances today, so keep your eyes open.	22nd Things are generally moving in your direction, so get on with it and prove your worth.	23rd A perfect day to hang out with your mates and indulge in some gossip!	24th As the day wears on, you'll become more excited at how it's all turning out.	25th Wouldn't it be easier if you told people what you wanted, rather than hoping they'll guess?
26th Give as good as you get today. Don't let others bully you, but don't bully them either.	27th A Scorpion Full Moon has everyone using cruel words to sting each other, so watch out!	28th Wishing won't make it happen, you need to take action yourself.	29th A difficult and frustrating time is all down to your mate's irrational fear of change.	30th This girl is usually a positive influence for you – like today, for instance.	1st Keep on smiling, even though the rotten weather is really getting you down.	2nd For a while now you've been wondering if he's interested in you. Today will prove that he is.
3rd As long as you don't get too carried away with your own importance, you'll be a big winner.	4th An item of clothing bought for someone else will prove to be a real bargain.	5th An invitation will come out of the blue and warm up events today.	6th Not only is Mercury very active in your chart, the other stars are helping too.	7th Even little niggles can't get you down – you just hold your head high and rise above it.	8th You are on top form after a revived friendship gives you a huge boost.	9th You don't feel like going out when asked, but will make the effort – and it pays off.

snog day lucky day dosh day hassle day

cancer

friday

saturday

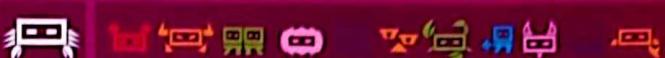
sunday

monday

tuesday

wednesday

thursday



12th The New Moon in Aries will certainly spice things up in your love life.

13th Family matters take over, as Taurus influences your day.

14th Mars is nearby in Gemini, so you need to keep your wits about you to avoid arguments.

15th Things are looking bad today and you are forced to live on your nerves.

16th As much as your love life is exciting and entertaining, don't take it too seriously.

17th Nasty gossip is circulating about you. You must act now to nip it in the bud.

18th Things seem to be going your way, provided certain people stop being so slow to respond.

19th Not many signs have your resilience. You are able to handle bad times better than others.

20th Love is in the air for you as the sun moves into earthy Taurus.

21st Kick back and take a rest, this is a Sunday, after all. No need to be too active...

22nd Recent events have shown you that it's best to balance work, rest and play.

23rd Big promises are being made. If you get half of what's on offer, you'll be laughing.

24th You'd normally be content with today's happenings, but now your aspirations are greater.

25th Much more needs to be clarified before you can be certain you are on the right track.

26th You need to act with both eyes fully open if you're going to avoid the pitfalls.

27th With a Full Moon in Scorpio, this isn't an ideal time for testing other people's patience.

28th Your luck is still riding high, but your recent efforts have taken a lot out of you.

29th Urgent action is required in order to save a situation, so act quickly...

30th Be careful with new arrangements. The way things are at the moment, plans never run smoothly.

1st You need to share your workload with others, or you'll burn out. Ask for help.

2nd At last you are beginning to see ways in which you can make your life run smoothly.

3rd Romance is on the cards but try not to rush into things at first.

4th They all want to know how it went yesterday. Smile, but don't tell them anything.

5th You want to do your own thing but others insist on involving you in their madcap schemes.

6th As the day gets darker, your love life starts to glow. Lucky you!

7th Magicians might be able to pull rabbits out of hats but you'll only succeed through hard work.

8th Saturn's influence is strong and very positive on a day when you can't go wrong.

9th It won't always be as easy as this, so enjoy the laid-back vibe while it lasts.

snog day lucky day dash day hassle day

leo

24 july - 23 august



friday

saturday

sunday

monday

tuesday

wednesday

thursday

12th A New Moon in Aries should certainly add a little flavour to your love life.

13th Your folks need your help, but so do your mates. You'll be juggling your responsibilities.

14th Today brings you a new friend. Go out of your way to help someone and you will benefit too.

15th There's enough good luck to set everything on a new and more stable foundation.

16th A good day to use the old grey matter – you're feeling particularly brainy at the moment.

17th Change the record! Stop harping on about the past and start thinking about the future.

18th Have you got the guts to tell someone else the truth, or will you hide behind white lies?

19th Play around with a range of ideas and options before making a final decision.

20th The Sun moves into Taurus, the financial area of your chart, and you start thinking cash.

21st Kid sisters or brothers will drive you nuts – try and rise above it.

22nd Why do other people always wait for you to organise everything?

23rd Not a great deal happening today, so use it as an opportunity to recharge your batteries.

24th The really important things are happening behind closed doors today. Be patient.

25th Your imagination is working overtime and sadly it's playing tricks on you.

26th They can tell you not to worry all they want, but you know that there are tough times ahead.

27th The Full Moon affects your mood, making you melancholy and desperate for some fun.

28th Love is never far away from your thoughts and today, great minds think alike.

29th There is still quite a buzz around and you prefer to go out than work.

30th Time to wake up and smell the coffee: there is so much more for you out there.

1st A frustrating day when nothing really clicks or feels right.

2nd At least today isn't as bad as yesterday. Still, it's nothing to write home about either.

3rd The odds are good that your social life will take a significant shift for the better.

4th Love is on the cards, and it's about time that you got a break.

5th Say what you think, even though you are sure it may not be what others want to hear.

6th Open your mind to new possibilities. Just cos it's been done before doesn't mean it's right.

7th Almost by accident, you are well placed to win big.

8th Further good news. The only danger is that you get too cocky.

9th You will be sorely tempted, but try not to give in. You could be making a mistake.

snog day lucky day dash day hassle day

virgo

24 august - 23 september



friday

saturday

sunday

monday

tuesday

wednesday

thursday

12th The New Moon makes you resolve to turn over a new leaf money-wise.

13th With Mercury in Taurus, it's best to keep your plans close to home.

14th You are torn between wanting to enjoy yourself and having to do your duty.

15th Don't let minor hassles get you down – think long-term and you'll be fine.

16th Over the course of the next month you will make a serious change to the way you do things.

17th The stars keep the dash rolling in. Time for a shopping spree!

18th Things are well starred for you, so use your luck while it lasts.

19th On a day like today you can look forward to being the centre of attention.

20th Very much a follow-on from yesterday, you're still the one in the spotlight.

21st The sun still shines on you all day. You can ask for what you want – and get it.

22nd When everyone disagrees with you, your stubbornness makes you refuse to back down.

23rd Although you think no-one wants what you want, several friends are cheering you on.

24th If you have to make decisions, today would be the ideal time, with Jupiter so active.

25th You need a little help to fulfil your true potential, so who are you going to ask?

26th You have the choice of two boys – don't be tempted by the dangerous one.

27th A cruel 'friend' is putting too much effort into belittling your achievements.

28th Yesterday's cruel Scorpion Full Moon is still a strong influence on a day when things are tough.

29th No good deed goes unrewarded, and you get a big thank you for your efforts yesterday.

30th Take a little time for yourself, you could use a break.

1st Challenges are there to be taken up, so go for it.

2nd How many times are you going to let someone else make your decisions for you?

3rd The planet of love is active in your chart. Great news if you're looking for a new crush.

4th You owe it to yourself to grab what you are offered today. This is too good a chance to pass up.

5th This isn't really your cup of tea, but the benefits are superb.

6th You've always been a sucker for romance. The Moon makes you even more soppy.

7th Money matters are in a positive cycle. At last things seem to be sorting themselves out.

8th Make the most of even small opportunities, you never know how they will develop.

9th You'll get a book today that will really change your life.

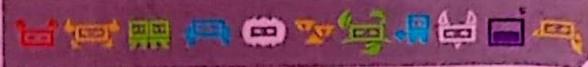
snog day lucky day dash day hassle day

day-by-day stars:

12 april – 9 may

libra

24 september - 23 october



friday

12th Today brings huge challenges, but with a New Moon in Aries you've got a lot going for you.

19th Eventually you're going to have to tell them, so why wait? Do it now.

26th Shouldn't there be a law against this? You're having too much fun.

3rd Today's events don't make things any clearer – but then you wouldn't expect them to, would you.

saturday

13th With Mercury moving into Taurus it would be a mistake to stray too far from home.

20th This is one of those times when a penny saved really is a penny earned.

27th You are understandably on your guard. This just doesn't feel right.

4th The future is now, so – whatever's been on your mind – just go for it.

sunday

14th Give it your best shot – the combination of Mars and Gemini usually rewards a tried.

21st A nice gesture has you a little bit suspicious. This person is never this nice to you.

28th The effects of the Full Moon seem to be lingering, as things go from bad to worse.

5th Ask yourself whether he's worth it. You're going to a lot of trouble for very little return.

monday

15th Taurus is good for you; it's a logical and sensible sign, just like you are.

22nd Venus brings an old flame back into your life. Don't make the same mistake twice.

29th Sometimes it's good to be a role model for someone who's younger than you.

6th The Moon adds to your difficulties. You just don't have the energy to get by.

tuesday

16th Look on the bright side, you've come through it and you're still standing.

23rd Oh dear, Mercury throws a spanner in the works and things get all hassy again.

30th More haste, less speed please. Work slowly towards your objectives.

7th Things don't make sense because you don't understand other people's motives.

17th Easier days are coming, you just need to tough it out.

24th Life gets a bit difficult as Mercury continues to mess up your plans.

1st A last-minute meeting with mates will spark an excellent day.

8th The more you find out, the more sensible it all seems.

18th Today sees the start of a brand new phase in your life.

25th Temptations aren't always there to be resisted. Sometimes it's nicer to give in.

2nd There is much more to this than meets the eye. Wait and see before acting.

9th There is little point in hoping for a better world unless you are ready to do your bit.

snog day lucky day doh day hassle day

scorpio

24 october - 22 november



friday

12th A New Moon often means a new start, but today rewards you for past deeds.

19th Make the most of your luck today, it will be some time before you get another dose.

26th Don't let yourself get drawn into someone else's argument. It's their problem.

3rd The fates seem to be working against you. Little wonder you have to fight harder.

saturday

13th Mercury usually brings news and when he's in Taurus, you know it will concern home life.

20th The good times keep on rolling so you don't feel so up and down.

27th The Full Moon is in your sign, causing more aggro than usual.

4th The stars add an air of mystery to what becomes an intriguing and unexpected day.

sunday

14th There are a couple of guys who've got their eye on you. One you know, but the other's a surprise.

21st The sun in Taurus means that life feels a bit boring today.

28th Don't you wish that people would listen before jumping to conclusions?

5th Your options are limited, so you might as well let others show you the way forward.

monday

15th Friends have some crazy ideas, but go along for the ride. Who knows where you'll end up!

22nd Love comes into your life. He's not the usual type you go for, but don't let that put you off.

29th Nothing rational can explain why everyone is suddenly so aggressive. Keep a low profile.

6th A bit of a Blue Monday. Pamper yourself and you'll feel better in no time.

tuesday

16th The good times don't last and today is a tough one.

23rd As much as you want a break, there is no rest for the wicked. You need to keep going.

30th Wishful thinking won't solve your present difficulties, only hard work will.

7th Work calls and you need to get studying. It means you can party later with a clean conscience.

17th What charming manners some people have. Still, don't lower yourself to their level.

24th No time to waste, this is a great chance for you. Act fast and reap the benefits.

1st Try to look outside this problem – things aren't nearly as bad as they seem.

8th Set yourself a target for the next week and stick to it.

18th Over time the pain will lessen and you'll see this as a learning experience.

25th Keep your promises – you must do the things you said you would.

2nd You're asking for a miracle. You won't get it, so accept a compromise.

9th So far it's only flirting, but you know that things will heat up soon.

snog day lucky day doh day hassle day

sagittarius

23 november - 22 december



friday

12th The Aries New Moon will bring a dark-haired fire sign guy into your life.

19th The best part of breaking up is making up, but for a time today it's touch and go.

26th The Scorpio Full Moon has you feeling bad tempered and irritable.

3rd A yearning to get back to nature makes you head out of town for a day in the country.

saturday

13th A series of misunderstandings and missed appointments turn your life into a bit of a farce.

20th With the sun moving into Taurus, you're feeling stronger and more positive.

27th Luckily you get out of the right side of the bed today, and feel a lot happier.

4th A younger person surprises you with their opinions. You know they're right!

sunday

14th Your problem isn't seizing the initiative, it's knowing what to do with it once you've taken it!

21st A visitor will surprise you with their ideas. Make sure you see things from their point of view.

28th Get your mates round and have a girly night in. Maximum fun is guaranteed.

5th You really should know better than to take her seriously.

monday

15th Work out your differences with this girl and you'll be able to work together as a team.

22nd It's easy to see why people don't like Mondays. This is like wading through treacle.

29th It's about time you got down to some serious work. You're in danger of letting things slide.

6th As puzzled as you are, don't take too much notice of temporary difficulties.

tuesday

16th Share your good fortune and you will not be forgotten when others prosper.

23rd A good opportunity to hit the shops. There are clothes out there with your name on them!

30th Don't let others push you into doing anything you don't want to.

7th The information you get today doesn't seem to make sense. Sit tight and all will become clear.

17th Keep your goals in sight and you'll be able to tell if what you're doing is moving you forward.

24th There really is no substitute for hard work. Today you just have to knuckle down.

1st Stop making excuses for this boy's behaviour. You're right to want nothing to do with him.

8th There doesn't seem to be enough time to finish all the things you need to get sorted today.

18th Love is in the air once again, with a fair-haired guy making all the running.

25th If in doubt, stick to what you know. This isn't a good day to experiment.

2nd Let him make the arrangements. You'll be surprised by how romantic he can be.

9th The stars make you miserable by sapping your strength just when you need it most.

snog day lucky day doh day hassle day

capricorn

23 december - 20 january



friday

saturday

sunday

monday

tuesday

wednesday

thursday

12th A New Moon brings a new romance. You aren't 100 per cent sure, but he'll surprise you.

19th Things seem to be on a more stable footing at last. You can now start to move forward again.

26th It's great when a plan comes together. Things work out just as you'd hoped they would.

3rd Someone who has helped you will ask you to return the favour. Don't let them down.

13th It'll save you a lot of heartache later if you bite the bullet and 'fess up now.

20th This is a real bargain – at this price you can't afford to say no.

27th You know what you want, but the Scorpio Full Moon makes it very difficult to get it.

4th Make sure he doesn't have to do all the chasing. This is the 21st century, for goodness sake!

14th Mars brings you more money. Try to save it till there's something you really want to spend it on.

21st As always you're going to feel guilty about having so much fun. Why? Just enjoy it!

28th Who knows what's going to happen? Expect the unexpected.

5th You need to decide what it is you really want. You can't leave people hanging around.

15th If there's any light on the horizon, it's that things can only get better after the last nightmare.

22nd You need to speak up for what you believe in. It's your duty to be heard.

29th You can go either right or left at the moment. Just make sure it's the safer option.

6th Sometimes little things mean a lot. And a nice gesture turns your day around.

16th Look within yourself – you have inner strengths that will see you through this.

23rd This is basically good news unless you have tough decisions to make.

30th Pulling this off will be a real feather in your cap, but are you prepared to put the effort in?

7th Beginnings are promised, as your life enters a new, but tough, phase.

17th Try to focus on what you can do, not what you can't. No-one is perfect, so keep positive.

24th Events tend to make life exciting, especially if you have far to go.

1st Mercury goes against your interests and communication is high on impossible.

8th Wasting time on pie-in-the-sky schemes only diverts you from what you need to accomplish.

18th Even a spiteful boy can't stop you now you've decided to turn your life around.

25th The stars combine to sort out some of the minor problems you've been experiencing.

2nd This girl is spreading lies around and you're not the only one she's upsetting.

9th You are in a difficult cycle at the moment, but things will definitely pick up.

snog day lucky day dosh day hassle day

aquarius

21 january - 19 february



friday

saturday

sunday

monday

tuesday

wednesday

thursday

12th Seize the initiative as the Aries Moon gives you the energy to bounce back in a bad situation.

19th Good advice should be listened to, even if you don't appreciate who it comes from.

26th You almost refuse to believe the news, it's so unexpected.

3rd This isn't the time to sit on the fence. You must take a stand for what you believe in.

13th The stars help the girl who helps herself. You can get whatever you want if you try hard enough.

20th You are feeling 100 per cent more positive as the Sun moves into Taurus.

27th You find yourself seriously lacking in funds as the Full Moon strikes.

4th It's fourth time lucky on this occasion, but at least you get what you want.

14th Do your best and see what the day brings. There are no guarantees.

21st If you still haven't sorted that little difficulty, this would be a good day to get things straight.

28th You have so many things you'd like to do it's difficult for you to meet all your commitments.

5th Forgetful friends hurt your feelings, but it's a genuine mistake.

15th Someone influential is on your side and able to help you out financially.

22nd It's funny how quickly things can turn around.

29th Organise yourself and set priorities. Or you'll never get anything done – and look stupid.

6th You've certainly got your sensible head on, and not before time.

16th An excellent opportunity to put your best foot forward. Go for it. Don't waste time.

23rd Keep smiling and you'll be amazed how quickly your mood improves.

30th You deserve some special treatment. You've been working hard and need a rest.

7th Time for some serious love action as Venus starts working on your behalf.

17th A day of setbacks, but don't worry, things will improve.

24th It's an ideal time to put the finishing touches to a project.

1st There are good times around the corner, so don't despair.

8th Don't over-react to minor irritations at home. If you take the bait, there'll be war!

18th Don't tear yourself up about this, but do accept your share of responsibility.

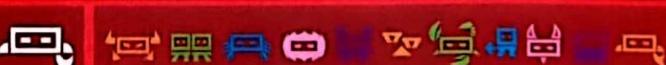
25th Your energy levels are way down, as Mars saps your strength.

2nd Money comes from a surprising source as an older relative chips in with the goods.

snog day lucky day dosh day hassle day

pisces

20 february - 20 march



friday

saturday

sunday

monday

tuesday

wednesday

thursday

12th At first this will seem like a nuisance, but in fact today's New Moon brings a great opportunity.

19th It's decision time today and you need to make sure that your voice is heard.

26th Don't expect things to go smoothly. You will get what you want, but not without some effort.

3rd They say that all that glistens is not gold, so watch out for so-called 'bargains'.

13th You can't be sure what you hear is the truth, so don't take it too seriously.

20th Take this opportunity to do a good deed for someone else.

27th Well that might be how she sees it, but you know better.

4th There's too much of the fire sign in you. Try to be a little less aggressive.

14th As Mars moves into Gemini, he brings you your share of difficulties.

21st You can lie there and take it, or you can get off your behind and sort this mess out.

28th The Full Moon in watery Scorpio only seems to add to the confusion.

5th Even if you can't see a sure path, you know that the only way to go is forward.

15th It's hard to know what to do for the best when you're receiving misleading information.

22nd You need some good advice. Seek out someone with practical experience.

29th Give yourself more credit. Sometimes you can be way too hard on yourself.

6th You'll come a cropper if you rely on someone else keeping their side of the bargain.

16th You need to learn to compromise. There doesn't have to be a loser for there to be a winner.

23rd The advice pays off and you're in seventh heaven.

30th You are simply too tired to make any impact today, so don't force things.

7th With so many choices, you can't tell which course of action is best for you.

17th Don't let a small thing turn your life upside down. Keep it all in perspective.

24th After a recent dispute, it's time to patch up a friendship that fell by the wayside.

1st A little bit of give and take will see you through today's minor hassles.

8th An older person can give you useful advice, but you'll have to ask for it.

18th You have some explaining to do and the news isn't good.

25th Out with the old and in with the new. Be creative and reinvent yourself.

2nd With the sun in your corner, this is a great day to travel.

9th There's a lot to do today, so it's important that you prioritise your workload.

snog day lucky day dosh day hassle day

17

reasons to get out of bed

Why pressing snooze
just ain't an option...



1 The smell of fresh croissants and continental coffee is wafting up the stairs and into your room. (OK, so it's burnt toast and Marmite but it'll do.)

2 Because, however much you try to ignore it, you're desperate for the loo and if you don't go soon your bladder's gonna explode!

3 Topshop's sale is starting today and you've got 20 quid burning a hole in your wallet.

4 Your mum has yanked the curtains open, plonked a cuppa tea beside you and is now hoovering outside your room.



"It's Sunday which means Hollyoaks and 'Enders are waiting for you"

5 Your crush has sent you a text asking if you're up for a stroll in the park in the morning sun. Like, duh!

6 The clock radio is playing that damn Gareth song again. Make it stop!

7 You've dribbled all over the pillow, your hair is matted into a single dreadlock and your breath smells of last night's cheeseburger. Euwww!

8 Cos getting up early makes you feel like you're going on holiday. Even though you're just off to school. Hey, dreams are what make life worth living.

9 Your lil' bruv is pulling your duvet off. Oi! No!

you just can't ignore it any more. (Note to self: mobiles must be turned to silent mode at night.)

12 MTV is playing the new Eminem video and it's physically impossible to sing along to it without leaping around the room and waving your arms about like a loon.

13 The cat's nestled under your arm, breath as pleasant as ever (if you dig last night's fish-flavoured Whiskas) and you're lying in the most uncomfortable position known to man. She ain't gonna move so you're gonna have to.

14 Because the sun is shining, the flowers are blooming and, goddamit, you're beautiful!

15 You've got a heap of make-up stashed in your bathroom and there's a brand new you to create before the school bus arrives.

16 It's Sunday which means that Popworld, Hollyoaks and the 'Enders omnibus are just waiting for you in the front room. Arm yourself with a bacon sarnie, your duvet and the remote control and become a couch potato for the rest of the day.

17 The new issue of J17 is out and if you don't get in there quick and it sells out, your month just ain't gonna be the same.

Tell us the best reason you know for getting out of bed. Text us on 0777 000 7386, putting the code 'RANT' in front, and we'll print the best ones in a future issue.